

KARNATAKA NURSING & PARAMEDICAL SCIENCES EDUCATION (REGULATION) AUTHORITY
KARNATAKA STATE DIPLOMA IN NURSING EXAMINATION BOARD
GNM THEORY EXAMINATION – JANUARY 2026
1st YEAR PAPER – III - FUNDAMENTALS OF NURSING
(First Aid and Personal Hygiene)

DURATION: 3 HOURS**MAX. MARKS: 75****TIME : 2.00 PM to 5.00 PM****Give the meaning of the following****1 x 4 = 4**

1. Disease
2. Laxative
3. Asphyxia
4. Stomatitis

Fill in the blanks**1 x 4 = 4**

5. Visual examination of the body is called as _____
6. The mechanical device used to prevent foot drop is _____
7. The normal rate of respiration in adult is _____
8. Otoscope is used to visualize _____

Write short notes for any FOUR of the following**4 x 4 = 16**

9. Factors affecting rate of pulse
10. Chain of infection transmission
11. Care of a patient with pain
12. Roles and responsibilities of a nurse
13. Barriers of communication

Answer the following**2+2+4=8**

14. Define records
15. List down the types of records
16. Explain in detail the principles of writing records and reports
17. Define oxygen administration
18. Explain in detail the procedure and role of a nurse in administration of oxygen by simple mask

State whether the following statement are TRUE or FALSE**1 x 4 = 4**

19. Air mattress is used to prevent bedsores
20. Pus in the urine is called as dysuria
21. Sterilization removes pathogens and spores
22. Hypothalamus is the heat regulating centre

Write short notes for any THREE of the following**5 x 3 = 15**

23. Discharge procedure
24. Oral hygiene
25. Signs & symptoms of a dying patient
26. Surgical asepsis

Answer the following**4+4=8**

27. Define first aid and objectives of first aid
28. Explain in detail first aid for snake bite
29. What is administration of medication?
30. Explain in detail role of a nurse in administration of oral medication

2+6=8