

**KARNATAKA NURSING & PARAMEDICAL SCIENCES EDUCATION (REGULATION)
AUTHORITY**
KARNATAKA STATE DIPLOMA IN NURSING EXAMINATION BOARD
GNM THEORY EXAMINATION – JANUARY 2026
1st YEAR PAPER – IV -COMMUNITY HEALTH NURSING-I

DURATION: 3 HOURS

MAX. MARKS: 75

TIME : 2.00 PM to 5.00 PM

Give the meaning of the following**1 x 4 = 4**

1. Immunity
2. Communication
3. Health
4. Balanced Diet

Fill in the blanks**1 x 4 = 4**

5. Iodine deficiency causes _____
6. Noise is measured in units know as _____
7. The best method of disposal of hospital waste is _____
8. Under five clinic is also called as _____

Write short notes for any FOUR of the following**4 x 4 = 16**

9. Disinfection and its methods
10. Communication Process
11. Referral system
12. Principles of record keeping
13. Bag technique

Answer the following**2+5=7**

14. Define Arthropods
15. Explain the Prevention and Control of Arthropods
16. Define Cooking
17. Describe the Household Preservation and Storage of Food

State whether the following statement are TRUE or FALSE**1 x 4 = 4**

18. Role play is an examples for mass approach in health education
19. Vitamin D is a fat soluble vitamin
20. Malaria is an example for vector -borne disease
21. Facial expression is a Non verbal communication

Write short notes for any FOUR of the following**4 x 4 = 16**

22. Disease Cycle
23. Protein Energy Malnutrition
24. Sources and characteristics of safe and wholesome water
25. Qualities of good counsellor
26. Immunization schedule

Answer the following**2+6=8**

27. Define ventilation
28. Explain the types and standards of ventilation
29. Define Health Education and concept of Health Education
30. Explain the principles and levels of health education

3+6=9