

**KARNATAKA NURSING & PARAMEDICAL SCIENCES EDUCATION (REGULATION)
AUTHORITY
KARNATAKA STATE DIPLOMA IN NURSING EXAMINATION BOARD
GNM THEORY EXAMINATION – JANUARY 2026
2nd YEAR – PAPER III - MENTAL HEALTH NURSING**

DURATION: 3 HOURS**MAX. MARKS:****75****Time: 9.00 A.M to 12.00 P.M****Give the meaning of the following****1 x 4 = 4**

1. Anhedonia
2. Half way homes
3. Amnesia
4. Thought broadcasting

Fill in the blanks**1 x 4 = 4**

5. Free expression of feeling and emotion is called _____
6. The patient is directly exposed to phobic stimulus but escape is made impossible is known as _____
7. Failure to recognise events that have been encounter before is known as _____
8. Lack of emotional feelings is known as _____

Write short notes for any FOUR of the following**5 x 4 = 20**

9. Classification of mental disorder
10. Therapeutic communication
11. List out causes and clinical features of Anorexia Nervosa
12. National mental health programme
13. Melieu therapy

Answer the following**2+3+4=9**

14. Define Schizophrenia
15. List out causes and clinical features of Schizophrenia
16. Write the nursing management of Schizophrenia

2+6=8

17. Define mental health nursing
18. Explain the principles of mental health nursing

State whether the following statement are TRUE or FALSE**1 x 4 = 4**

19. Korsakoffs syndrome results due to the deficiency of thiamine
20. Temporary treatment order for mentally ill patient is valid for 9 months
21. Dopamine level will be decreased in Schizophrenia
22. Anankastic personality is known as obsessional personality

Write short notes for any Three of the following**4 x 3 = 12**

23. Electro convulsive therapy
24. Antipsychotic drugs
25. Prevention of Mental Retardation
26. Rights of mentally ill patients

Answer the following**2+5=7**

27. Define Mania
28. List out the causes, clinical feature and management of client with Mania

2+5=7

29. Define crisis intervention
30. Explain techniques of crisis intervention