

**Rajiv Gandhi University of Health Sciences, Karnataka**  
**III Semester B. Sc Nursing Degree Examination - 09-Jan-2026**

**Time: Three Hours**

**Max. Marks: 75**

**ADULT HEALTH NURSING I (RS-6)**

**Q.P. CODE: 1784**

**(QP Contains Two Pages)**

Your answers should be specific to the questions asked  
Draw neat, labeled diagrams wherever necessary

**LONG ESSAY**

**2 x 15 = 30 Marks**

1. Mr. Y, aged 72 years admitted with pain abdomen is diagnosed as Ulcerative Colitis,
  - a) Define Ulcerative Colitis
  - b) Discuss the pathophysiology of Ulcerative Colitis
  - c) Explain the surgical and nursing management of patient with Ulcerative Colitis.
2. Mr Z, aged 65 years admitted with dyspnea and chest discomfort is diagnosed as Heart Failure,
  - a) Define Heart Failure
  - b) Enlist the risk factors and types of Heart Failure
  - c) Explain the medical and nursing management of patient with Heart Failure.

**SHORT ESSAYS**

**5 x 5 = 25 Marks**

3. Discuss the duties and responsibilities of Operation theatre Nurse.
4. Explain the care of patient with Tracheostomy.
5. Write a brief note on Lung Abscess
6. Explain the management of patient with Diabetic Keto Acidosis (DKA).
7. Explain different modalities of Fracture management.

**SHORT ANSWERS**

**4 x 2 = 8 Marks**

8. Define Hypokalemia
9. List the two indicators of Oxygen Toxicity
10. Define purpura
11. Specify the causative Organism & Incubation period for Chicken pox.

**Multiple Choice Questions**

**12 x 1 = 12 Marks**

12. A Chronic infection characterized by granuloma formation is
  - A. Tuberculosis
  - B. Ulcerative Colitis
  - C. Infective Endocarditis
  - D. Crohn's Disease
13. A The stage of Anaesthesia which causes an experience of feeling of warmth ,dizziness and being detached is
  - A. Excitement
  - B. Medullary Depression
  - C. Surgical Anaesthesia
  - D. Beginning Anaesthesia

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14. Which among the following is an example of a colloid
  - A. 0.9 Normal Saline
  - B. Ringer Lactate
  - C. 5% Dextrose
  - D. Dextran
15. Obstruction of Pulmonary Artery by a Thrombus is called as
  - A. Pulmonary Embolism
  - B. Corpulmonale
  - C. Coronary artery disease
  - D. Arteriosclerosis
16. Which pulse to be checked before initiating CPR
  - A. Carotid
  - B. Radial
  - C. Femoral
  - D. Temporal
17. T- cell mediated inflammatory skin disorder is
  - A. Cellulitis
  - B. Psoriasis
  - C. Eczema
  - D. Erythroderma
18. In diabetic patients ,Somogyi effect is observed at
  - A. 6 -8 Am
  - B. 2-4 Am
  - C. 2-4 Pm
  - D. 9-10 Pm
19. Partial or complete loss of hair from Scalp is
  - A. Alopecia
  - B. Hirsutism
  - C. Keratosis
  - D. Dyschromia's
20. Which among the following is an appropriate Nursing intervention to prevent hip flexion contraction after amputation
  - A. Lying on the prone position for 30 min
  - B. Lying on supine position
  - C. Lying on the unaffected side
  - D. Sit on the chair for 1 hour
21. Intestinal perforations is a complication of
  - A. Typhoid fever
  - B. Tetanus
  - C. Syphilis
  - D. Malaria
22. The infection of the innermost layer of the heart is termed as
  - A. Pericarditis
  - B. Endocarditis
  - C. Myocarditis
  - D. Pancarditis
23. Which among the following is a cause for normocytic normochromic anaemia
  - A. Acute Blood Loss
  - B. Vit B12 Deficiency
  - C. Iron Deficiency
  - D. Lead Poisoning

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