

“A COMPARATIVE STUDY TO ASSESS THE BEHAVIOURAL PROBLEMS OF SCREEN TIME VIEWING AMONG EMPLOYED AND UNEMPLOYED MOTHERS OF CHILDREN IN SELECTED AREA AT BANGALORE”.



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IV Year B. Sc Nursing (2021-2025)

Research project submitted to

Smt. Nagarathamma College of Nursing

Under the guidance of

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Dissertation submitted to the

**RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES,
BENGALURU, KARNATAKA.**

**In partial fulfillment of the requirement for the degree of
BACHELOR OF SCIENCE IN NURSING**

**Under the guidance of
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Bangalore - 560107

2021- 2025

DECLARATION BY CANDIDATES

We hereby declare that this project entitled “**A COMPARATIVE STUDY TO ASSESS THE BEHAVIOURAL PROBLEMS OF SCREEN TIME VIEWING AMONG EMPLOYED AND UNEMPLOYED MOTHERS OF CHILDREN IN SELECTED AREA AT BANGALORE**” is a bonafide group research done by **Mr. Atanu Maity, Ms. Anjana Krishnan, Ms. Aswani P V, Mr. Aswanth jyothy** as a partial fulfillment of the requirement for the degree of Science in Nursing under the guidance of **Mr. C. RAMBABU, Assistant Professor, Department of Child Health Nursing, Smt. Nagarathamma College of Nursing, Bengaluru.**

Date:

Signature of the members:

Place:Bangalore

Mr. Atanu Maity
Mr. Aswanth Jyothy
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CERTIFICATE BY THE GUIDE

This is to certify that the dissertation entitled “**A COMPARATIVE STUDY TO ASSESS THE BEHAVIOURAL PROBLEMS OF SCREEN TIME VIEWING AMONG EMPLOYED AND UNEMPLOYED MOTHERS OF CHILDREN IN SELECTED AREA AT BANGALORE**” is a bonafide research work done by **Mr. Atanu Maity, Ms. Anjana Krishnan, Ms. Aswani P V, Mr. Aswanth jyothy** in partial fulfillment of the requirements for the degree of Bachelor of Science in Nursing under the guidance of **Mr. C. RAMBABU, Assistant Professor** of Smt. Nagarathamma College of Nursing, Bengaluru.

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**ENDORSEMENT BY THE PRINCIPAL / HEAD OF THE
COLLEGE**

This is to certify that the dissertation entitled “A COMPARATIVE STUDY TO ASSESS THE BEHAVIOURAL PROBLEMS OF SCREEN TIME VIEWING AMONG EMPLOYED AND UNEMPLOYED MOTHERS OF CHILDREN IN SELECTED AREA AT BANGALORE” is a bonafide research work done by Mr. Atanu Maity, Ms .Anjana Krishnan, Ms. Aswani P V, Mr. Aswanth jyothy as a partial fulfillment of the requirement for the degree of Bachelor of Science in Nursing under the Guidance of MR. C. RAMBABU, ASSISTANT PROFESSOR of Smt. Nagarathnamma College of Nursing, Bengaluru .

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ABSTRACT

“A COMPARATIVE STUDY TO ASSESS THE BEHAVIOURAL PROBLEMS OF SCREEN TIME VIEWING AMONG EMPLOYED AND UNEMPLOYED MOTHERS OF CHILDREN IN SELECTED AREA AT BANGALORE”.

BACKGROUND OF THE STUDY:

The rapid proliferation of the digital era, Excessive screen time in children has been linked to various behavioral issues, including attention deficit, aggression and social withdrawal.

Research highlights that the behavioral consequences of screen exposure can vary based on multiple factors including parental employed status, which influences supervision, interaction and boundary - setting.

This study aims to compare to behavioral problems associated with screen time among children of employed and unemployed mothers in selected areas in Bangalore.

OBJECTIVES OF THE STUDY:

1. To assess the duration and pattern of screen time exposure among children of employed mothers.
2. To assess the duration and pattern of screen time exposure among children of unemployed mothers.
3. To identify behavioural problems associated with screen time among children of employed mothers.
4. To identify behavioural problems associated with screen time among children of unemployed mothers.
5. To compare the behavioural problems related to screen time between the two groups (employed vs unemployed mothers).

6. To find the association between selected demographic variables (age of child, gender, mother's education, family income, etc.) and behavioural problems in both groups.

HYPOTHESES :

(H1). There is a significant difference in the behavioural problems related to screen time viewing among children of employed and unemployed mothers in selected areas of Bangalore.

(H2). There is a significant association between selected demographic variables and behavioural problems related to screen time viewing among children of employed and unemployed mothers.

METHODOLOGY :

This comparative cross - sectional research design assesses behavioral problems associated with screen time among children aged between 1 to 12 years of employed and unemployed mothers in selected areas in Bangalore. A purposive sampling technique was used to select a total of 60 participants, with 30 employed and 30 unemployed mothers, were selected via purposive sampling, matched for age and socioeconomic status.

RESULT :

This study included a total of 60 employed and unemployed mothers of children aged 1 to 12 years from selected areas in Bangalore. This sample was distributed with 30 unemployed mothers and 30 employed mothers.

50 % of employed mothers children are exceeded with the recommended screen time limit or 50 % of unemployed mothers children have less screen time exposure.

CONCLUSION :

The comparative study reveals significant in screen time exposure and associated behavioral problems among employed and unemployed mothers in Bangalore. The findings highlight the need for increased awareness among parents, working mothers, about managing screen time and promoting healthier behavioral development in children. It is crucial to develop targeted interventions and support systems for families to navigate the challenges of digital media consumption in early childhood.

KEY WORDS

Behavioral problems, screen time, Employed mother and unemployed mother, comparative study.