

**Rajiv Gandhi University of Health Sciences, Karnataka**  
**Second Year Master of Physiotherapy Degree Examination – 11-May-2026**

**[Time: 3 Hours]**

**[Max. Marks: 100]**

**Movement Remediation - Paper -IV (RS-4)**  
**Q.P. CODE: 8150**

Your answers should be specific to the questions asked.  
Draw neat, labeled diagrams wherever necessary.

**Answer All The Questions**

**10 X 10 = 100 Marks**

1. Discuss commercialization of health care? What are the advantages of commercialization of health care? Explain the changing beliefs, attitudes towards health and activity.
2. Analyse the Sociocultural Influences on Dietary Practices and Physical Activity Behaviours among Rural and urban populations.
3. Appraise the role of static and dynamic strength and endurance training.
4. Evaluate the basis of balance training in the elderly.
5. Explain in detail about intradiscal pressure and intra-abdominal pressure Explain its application and limitation in risk alleviation strategies in occupational biomechanics.
6. Explain Seat pressure distribution and its role in postural correction.
7. Justify the importance of physical activity promotion methods for geriatrics.
8. Explain the principle of cognitive behavioural therapy. Explain the Effectiveness of cognitive behavioural therapy for depression and anxiety in patients with cardiovascular disease.
9. Explain the training of functional movement skills. Explain its role in different levels of Physical activity among children.
10. Explain the health benefits and participatory methods of movement remediation for parkinsonism.

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