

MIDWIFERY AND OBSTETRICAL NURSING

QUESTION BANK

QP CODE : 1771

Unit 1

Short answers (2 marks)

1. Define midwife
2. Define family centred care
3. What is LDRP
4. Define maternal mortality rate
5. Define perinatal mortality rate
6. Define still birth
7. List the components of pre conception care
8. Mention four ethical principles in Obstetrics.
9. Define neonatal mortality rate
10. List any four causes of neonatal mortality
11. Define maternal morbidity
12. List the causes of maternal morbidity
13. Define fertility rate
14. Define net reproduction rate.

Unit II

Short Essay (5 marks)

1. Explain the physiology of normal menstrual cycle.
2. Explain the foetal development.
3. Explain the embryonic development.
4. Describe the development of placenta.
5. Explain the abnormalities of placenta
6. Enumerate the functions of placenta
7. Explain placenta at term.
8. Illustrate foetal circulation with diagram.
9. Draw a neat labelled diagram of uterus and explain its functions.
10. Explain female external genitalia.
11. Differentiate between Gynaecoid and Android Pelvis.

Short answers (2 marks)

1. List the types of pelvis.
2. Enumerate the parts of fallopian tube.
3. List the muscles of pelvic floor.
4. What is pelvic axis?

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5. Name the abnormalities of pelvis.
6. What is fertilization?
7. What is ovulation?
8. List the layers of uterus.
9. List the ligaments of uterus
10. What is vertex?
11. Define moulding
12. List the sutures of foetal skull
13. What is Zygote?
14. Define implantation
15. What is Decidua?
16. What is Down's syndrome?
17. List the benefits of amniotic fluid
18. List any four temporary structures in foetal circulation
19. Enlist characteristics of Amniotic fluid.
20. List the landmarks of pelvic brim.
21. Define Menarche.
22. Define Diagonal conjugate. .
23. Define blastocyst.
24. Mention changes occurring in Foetal circulation after Birth. .
25. Differentiate between True Pelvis and False Pelvis. .

Unit III& Unit IV

Long Essay (10 Marks)

1. a) Define normal pregnancy (2)
b) Explain the physiological changes during pregnancy in the reproductive, cardiovascular and gastrointestinal system during pregnancy. (8)

2. a) Define normal labour. List the stages of labour. (2+1)

b) Write in detail about the physiological changes during first stage of labour (7)

3. Mrs X 29 weeks of gestation admitted to the antenatal ward
a. Identify the trimester of pregnancy. (1)

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- b. Explain the cardiovascular changes during pregnancy (4)
- c. Enumerate the antenatal care during pregnancy (5)

- 4. a. Define antenatal care. Enlist the objectives of Antenatal care. (3)
- c. Plan an antenatal educational programme.(5)

- 5. Mrs. Emma presenting with amenorrhoea, nausea and vomiting.
- a. Identify and explain the appropriate modalities of diagnostic investigation of pregnancy.
- b. List the signs and symptoms of pregnancy. (5+5)

- 6. describe haematological and gastrointestinal changes during pregnancy.

- 7. What is Cardio Tocography(CTG)? (2)
- b. Mention the indications of CTG (3)
- c. Explain the procedure of Non Stress Test (5)

- 8. Mrs. Sheela, primigravid with 38 weeks of gestation attending antenatal clinic.
- a. Write the assessment of Mrs. Sheela
- b. Role of midwife in preparation for labour process. (5+5)

- 9. Mrs. Leela 25 yrs. primigravid, 40 weeks of gestation was admitted in labour room with complaints of labour pains.
- a. What are the signs of true labour?
- b. Enumerate the role of midwife as labour support during first stage of labour. (4+6)

- 10. Define episiotomy (2)
- b. List the indications and types of episiotomy (5)
- c. Describe role of midwife in prevention of perineal trauma (3)

- 11. a. Define third stage of labour (2)
- b. What are the techniques of delivering placenta? (3)
- c. Explain the role midwife in third stage of labour. (5)

- 12. Mrs. X is in active stage of labour with 4cm of cervical dilatation admitted in labour room

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- a. Identify the signs of second stage of labour (4)
- b. Explain modified WHO Partograph (6)

- 13. a. Describe the techniques of separation of placenta (5)
- b. Explain placental examination. (5)
- 14. a. Explain about principal movements in mechanism of Labour. (5)
- b. Discuss about management of 2nd stage of Labour. (5)

- 15. a. List down criteria for Normal Labour.(2)
- b. Explain about mechanism of Placental separation. (3)
- c. Discuss about Management of 3rd stage of Labour. (5)

Short Essay (5 Marks)

- 1. Explain the skin changes in pregnancy.
- 2. Outline antenatal diet
- 3. List the indications and explain the procedure of vaginal examination during Labour..
- 4. Describe the psychosocial and cultural adaptation during pregnancy
- 5. Explain the principle movements of normal labour
- 6. Explain the components of partograph
- 7. Justify the significance of fourth stage of labour.
- 8. Explain antenatal exercises
- 9. Enumerate various pain relief measures during first stage of labour.
- 10. Enlist the positive signs of pregnancy
- 11. Enumerate any five minor disorders in pregnancy and their management.

Short Answers (2 Marks)

- 1. Name the presenting part in LOA and LOP.
- 2. Identify any four causes of onset of labour
- 3. What is polarity of uterus?
- 4. What is 'taking up of cervix'?
- 5. Name any four cutaneous changes in pregnancy
- 6. What is Braxton hicks contraction ?
- 7. list the protein hormones during pregnancy.
- 8. Differentiate Jacquiere's and palmer sign.

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9. Write the significance of Symphysis Fundal height in pregnancy and postpartum.
10. Differentiate true and false labour
11. Mention signs of Placental separation
12. Define Quickening.
13. Define Lightening.
14. What is Obstetrical Score?
15. State Naegele's Formula?
16. Differentiate Pelvic and Pawlik grip.
17. What do you mean by Supine Hypotension syndrome?
18. Define Jacquimiers sign.
19. Define Hegar's sign.
20. What is Show?

Unit V

Short Essay.(5 Marks)

1. Define puerperium. Explain the anatomical and physiological changes in reproductive organs during puerperium.
2. Explain the purposes of postnatal exercises and outline the pelvic floor exercises.
3. Describe the management of mother during postnatal period.
4. Explain the physiology of lactation
5. Explain Lochia and its characteristics.
6. Explain the general physiological changes during puerperium.
7. Explain the minor ailments during puerperium.
8. Explain the strategies to suppress lactation.
9. Outline a discharge plan for a postnatal mother following normal vaginal delivery.
10. Identify two nursing diagnosis and outline a nursing care plan for postnatal mother.

Unit VI

Short Essay.(5 Marks)

1. Describe the Immediate care of new born.
2. Describe the Essential newborn care
3. Outline and explain APGAR scoring

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4. Enumerate the neurological assessment of newborn
5. Describe the resuscitation of newborn
6. Explain the Adaptation of newborn to extra uterine life
7. Enumerate the minor disorders of newborn
8. Write the advantages and techniques of Breast feeding
9. Outline the Universal Immunisation schedule
10. Describe the Levels of neonatal care.
11. Enlist the ten steps of BFHI.
12. Describe Kangaroo mother care.

Short answers (2 Marks)

1. Define vernix caseosa
2. Define Lanugo
3. List the cause and enumerate the management of napkin rash.
4. Describe Moro reflex
5. Write the composition of colostrum.
6. State the components of APGAR.
7. Expand BCG. Write its purpose.
8. Differentiate between cephalohematoma and caput succedaneum
9. . Describe kangaroo mother care.
10. Write the composition of breast milk
11. Mention the records and reports maintained in the neonatal unit.
12. What is let down reflex?
13. What is Mongolian spot?
14. Differentiate bedding in and rooming in.
15. List Vaccines given at Birth.
16. Differentiate between anterior and posterior fontanelle.

Unit VII (5 Marks)

Short Essay

1. Describe the etiopathology of pre-eclampsia.
2. Explain the effects of GDM on pregnancy.
3. List the causes and enumerate the management of incomplete abortion.
4. Justify 'Rh incompatibility is fatal'.

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5. Describe the clinical manifestations, diagnosis and management of vesicular mole.
6. Differentiate placenta praevia from abruptio placenta.
7. Enumerate the complications of multiple pregnancy.
8. Explain the etiological factors and complications of polyhydramnios.
9. Define high risk pregnancy. Identify the screening measures of high risk cases
10. Describe the management of hyper emesis gravidarum.
11. Describe about prevention of Mother to child transmission of HIV during Labour.
12. Describe about the signs and symptoms and management of threatened Abortion.
13. Explain about measures for prevention of Iron deficiency anaemia during pregnancy.

Short answers (2 marks)

1. Mention the sites of ectopic pregnancy
2. List the causes of recurrent abortion
3. List the abnormalities of placenta
4. List the causes of oligohydramnios.
5. Enumerate the possible inference of NST
6. List the effects of teenage pregnancy.
7. Describe glucose tolerance test for diagnosis of GDM.
8. Enumerate the clinical features of congenital syphilis.
9. List the preventive measures of toxoplasmosis.
10. Enumerate the causes of abortion.
11. What is teenage pregnancy?
12. When is GCT advised and why?
13. Differentiate threatened and inevitable Abortion.
14. What is AFI?
15. Mention changes to be made in treatment of Hypothyroidism during pregnancy.

Unit VIII

Long Essay (10Marks)

1. a .Define Contracted pelvis (2)
- B .Describe the diagnosis of contracted pelvis (5)
- c. Explain the management of contracted pelvis (3)

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2. Mrs Kala, G₂P₁L₁ in her 33 weeks of gestation presenting with a history of preterm labour visiting antenatal clinic.

- a. Define preterm labour (2)
- b. Enumerate the causes of preterm labour (3)
- c. Explain the role of a midwife in prevention and management of preterm labour (5)

3. a. Define prolonged labour (2)

- b. Describe the diagnosis of prolonged labour (3)
- c. Explain the management of prolonged labour. (5)

4. a. Define cord prolapse.

- b. Write the clinical types of cord prolapse.
- c. Explain the management of cord prolapse. (2+3+5)

5. A woman with previous caesarean section presenting with the complaints of pain at the incision site and with fetal distress on CTG

- a. Define rupture of uterus (2)
- b. Outline the etiology of rupture of uterus. (4)
- c. Explain the management of rupture of uterus. (4)

6. a. Define shoulder dystocia.

- b. Enlist the predisposing factors of shoulder dystocia.
- c. Explain the management of shoulder dystocia. (2+3+5)

7. A postnatal woman has blood loss more than 800 ml accompanied with feeble pulse and cold extremities.

- a. Define shock (2)
- b. Enumerate the clinical features of haemorrhagic shock (3)
- c. Describe the management of haemorrhagic shock (5)

8. a. What is Bishop's score (2)

- b. List the indications of induction of labour (3)
- c. Describe the various methods of induction of labour. (5)

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- 9a. Define caesarean section(2)
b. List the indications of caesarean section(3)
c. Write nursing care of a caesarean section mother using nursing process .
10. Mrs Suma, multipara admitted in the postnatal ward following normal vaginal delivery presenting with blood loss > 500ml, uterus soft diagnosed as PPH.
a) Identify the causes of PPH.
b) Explain the role of nurse in the management of PPH (5+5)
- 11.a) Identify the complications of III Stage of Labour(5)
b) Describe manual removal of placenta
- 12.a) Define retained Placenta. (2)
b) List the Causes of retained Placenta. (3)
b) Describe manual removal of placenta (5)
13. a. List down the causes of Breech Presentation. (2)
b. Explain about the varieties of Breech Presentation. (3)
c. Discuss about management of Breech Delivery. (5)

Unit IX

Short Answer (2 Marks)

1. List the signs of sub involution of uterus
2. List the preventive measures of breast engorgement.
3. Enlist the causes of puerperal pyrexia
4. List the manifestations of puerperal blues.
5. What is postpartum depression?
6. Enlist the manifestations of postpartum psychosis
7. List the prophylactic measures to prevent Deep Vein Thrombosis.
8. Expand LATCH.
- 9 .List four measures to prevent eclampsia in post natal period
10. List the intra partum predisposing factors of puerperal sepsis.

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11. Write the predisposing factors for urinary retention post-delivery.
- 12.. Define Homan's sign.

Unit X

Short Essay (5 marks)

1. Define preterm baby. List the etiology and complications of Preterm baby.
2. Describe about care of preterm baby.
3. Define IUGR. List its causes and prevention.
4. Write brief note on asphyxia neonatrum
5. Describe the management of Asphyxia Neonatrum.
6. Explain care of baby with intracranial hemorrhage.
7. Explain about causes of Neonatal Jaundice.
8. Write a note on ophthalmia neonatrum
9. Role of NICU nurse in prevention of infection in the neonatal unit.
10. Role of nurse in Phototherapy
11. Explain about feeding problems in newborn and their management.
12. Explain about causes of neonatal jaundice .

Short Answers (2 marks)

1. What is SGA?
2. Enlist the any four complications of IUGR
3. Define meconium aspiration syndrome
4. Differentiate between physiological and pathological jaundice
5. What is Kernicterus?
6. Define Erb's Palsy
7. Define omphalitis
8. List any four causes of congenital abnormalities
9. What is oral thrush
10. List any four features of Down's syndrome
11. Mention classification of LBW babies.

Unit XI

Short Answer (2 Marks)

1. Explain the oxytocin titration technique.
2. List antihypertensive drugs

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3. Outline MgSo₄ regimen in Eclampsia.
4. List Tocolytic agents
5. List oxytocics
6. Explain the mode of action of Misoprostol.
7. List the nurse's responsibilities in administering MgSo₄.
8. What are the precautionary measures in administering Methergin?
9. What is epidural block?
10. List the analgesics in labour
11. What is the complication of oxytocin?
12. List indications for oxytocin administration.
13. List any four teratogenic drugs.
14. Expand TENS and PCA.

Unit XII

Short Essay (5 Marks)

1. Write a note on safe motherhood
2. List the methods of temporary contraception and explain any one method in detail
3. Explain the role of nurse in family welfare program
4. Explain the role of nurse in family planning counselling
5. Define infertility and explain causes of female infertility.
6. Explain about management of infertility in females.
7. List the Artificial Reproductive Techniques. Explain steps of IVF procedure.
8. Define MMR .Enumerate the causes and preventive measures of maternal mortality.
9. Explain the essential Components of RCH
10. Describe permanent family planning technique
11. Describe Laparoscopic sterilization in female.
12. List down the contra indications and side effects of oral contraceptives.

Short answers (2 Marks)

1. Define RCH
2. Define ICDS
3. List any four MCH programs
4. Define contraception

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5. List temporary methods of contraception
6. Which are the permanent contraceptive methods?
7. Define infertility
8. List any two diagnostic test to rule out male infertility
9. List any two diagnostic test to rule out female infertility
10. What is cafeteria choice of family planning
11. List the four barrier methods of contraception
12. What is safe period
13. List four side effects of copper t
14. What is the action of copper t
15. What is an emergency contraceptive? Give an example.
16. What is target population?
17. Who are eligible couple?
18. List four causes of Maternal Mortality
19. Name two oral pills.
20. Define MMR
21. State composition of Mala-N.
22. What is Progesterone only pill?
23. What is Morning after pill?
24. List the precautions to be taken after vasectomy.
25. List natural methods of contraception.