# TRANSFORMING NURSING PRACTICE

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#### ABSTRACT:

Transformed Practice is transfer in meaning-making practice, which involves applied learning, real-world meanings, communication in practice, and applying understanding gained from Situated Practice, Overt Instruction, and Critical Framing to a new context.

A transformed health care system is required to achieve this goal. Transforming the health care system will in turn require a fundamental rethinking of the roles of many health professionals, including nurses. In health care system today, language terminologies use in documentation of care rendered is needed for improvement in patient care, patient safety and patient outcomes. However, for continuity of care to be maintained within the system, appropriate measures need to be put in place as often times nursing task documentation level has been fragmented, which is obviously noticed with recurring communication barriers and unacceptable levels of errors. Nurse residency programs should be instituted to provide nurses with an appropriate transition to practice and develop a more competent nursing workforce.

Keywords: Transformed Practice, transformed health, patient safety.

## **ABOUT AUTHOR:**



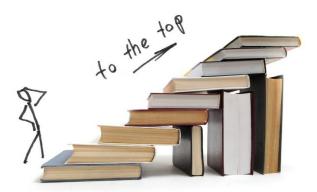
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#### **INTRODUCTION:**

Nurses are being positioned to be a key contributor to transformative changes that are occurring in the health care system today. Being a member of an interprofessional health care team, they have conformed over time with changes that brought a significant paradigm shift in the health care system, ranging from episodic, provider-based, fee-for-service care to team-based, patient-cantered care across the continuum that provides seamless, affordable, and quality care .These shifts, however, require a nurse to have an enhanced set of knowledge, skills, and attitudes around wellness and population care through a standardized language of communication which is more focus on patient-cantered care, care coordination, data analytics, and quality improvement.

#### TRANSFORMING NURSING PRACTICE:

Transformed Practice is transfer in meaning-making practice, which involves applied learning, real-world meanings, communication in practice, and applying understanding gained from Situated Practice, Overt Instruction, and Critical Framing to a new context.

## Transformation requires healthcare leaders willing to take bold steps to:

- 1. Adopt a consumer-centric focus.
- 2. Shift to preventive and outcomes-based care models.
- 3. Embrace digital and technology enablers.
- 4. Engage non-traditional value chain partners.
- 5. Drive improvements to access, quality and affordability of care.

# Nurses should practice to the full extent of their education and training.

Patients, in all settings, deserve care that is cantered on their unique needs and not what is most convenient for the health professionals involved in their care.

A transformed health care system is required to achieve this goal. Transforming the health care system will in turn require a fundamental rethinking of the roles of many health professionals, including nurses. The Affordable Care Act of 2010 outlines some new health care structures, and with these structures will come new opportunities for new roles. A number of programs and initiatives have already been developed to target necessary improvements in quality, access, and value, and many more are yet to be conceived. Nurses have the opportunity to play a central role in transforming the health care system to create a more accessible, high-quality, and value-driven environment for patients. If the system is to capitalize on this opportunity, however, the constraints of outdated policies, regulations, and cultural barriers, including those related to scope of practice, will have to be lifted, most notably for advanced practice registered nurses.

# Nursing innovations: a paradigm shift:

In health care system today, language terminologies use in documentation of care rendered is needed for improvement in patient care, patient safety and patient outcomes. However, for continuity of care to be maintained within the system, appropriate measures need to be put in place as often times nursing task documentation level has been fragmented, which is obviously noticed with recurring communication barriers and unacceptable levels of errors. Also, because of the multidisciplinary adopted system of approach use in the health care system, there is a need to relate care across the continuum; Nurses to nurses, physician and other members of the health care team.

## **Innovation in Nursing: Standardized Nursing Languages:**

Innovative behaviour can be referred to as the process of facilitating new problem and solving ideas in an organizational practice. It is a way of taking things that already exist and putting them together in a new form. Innovation is the process of developing new approaches, technologies and ways of working.

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# ARTICLES

# ways of transforming healthcare:

- 1. Nurses are Stepping into New Leadership Roles
- 2. Nurses are Creating a Culture of Health
- 3. Nurses are Pursuing More Advanced Degrees
- **4.** Nurses are on the Forefront of Patient Advocacy
- 5. Nurses are Community Leaders and Changemakers

#### The Importance of Transforming nursing practice to improve care:

Nursing is one of the most versatile occupations within the health care workforce. In the 150 years since Florence Nightingale developed and promoted the concept of an educated workforce of caregivers for the sick, modern nursing has reinvented itself a number of times as health care has advanced and changed .As a result of the nursing profession's versatility and adaptive capacity, new career pathways for nurses have evolved, attracting a larger and more broadly talented applicant pool and leading to expanded scopes of practice and responsibilities for nurses. Nurses have been an enabling force for change in health care along many dimensions Among the many innovations that a versatile, adaptive, and well-educated nursing profession have helped make possible are:

- the evolution of the high-technology hospital
- the possibility for physicians to combine office and hospital practice
- lengths of hospital stay that are among the shortest in the world
- reductions in the work hours of resident physicians to improve patient safety
- expansion of national primary care capacity
- improved access to care for the poor and for rural residents
- respite and palliative care, including hospice
- care coordination for chronically ill and elderly people and
- greater access to specialty care and focused consultation (e.g., incontinence consultation, home parenteral nutrition services, and sleep apnea evaluations) that complement the care of physicians and other providers.

With every passing decade, nursing has become an increasingly integral part of health care services, so that a future without large numbers of nurses is impossible to envision.

#### **SUMMARY:**

Nurses graduating with a bachelor's degree must be better prepared to enter the practice environment and confront the challenges they will encounter. Nurse residency programs should be instituted to provide nurses with an appropriate transition to practice and develop a more competent nursing workforce.

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