"A STUDY TO ASSESS THE KNOWLEDGE ON BREAST SELF EXAMINATION AMONG ADOLESCENT COLLEGE GIRLS AT SELECTED PU COLLEGE, BENGALURU."

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Research project work submitted to Smt. Nagarathnamma college of Nursing, Bengaluru



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ABSTRACT

"A STUDY TO ASSESS THE KNOWLEDGE ON BREAST SELF EXAMINATION AMONG ADOLESCENT COLLEGE GIRLS AT SELECTED PU COLLEGE, BENGALURU."

Background:

Objectives:

- To assess the knowledge of adolescent girls regarding breast self examination.
- To find out association between knowledge scores with selected demographic variables like age, education and family.

Method: Descriptive approach was used to collect data from 50 subjects selected by convenient sampling technique through non probability sampling approach consisting 2 sections.

Section A: Demographic variable consisting of 6 items.

Section B: Structured questionnaire for assessing knowledge level consisting of 30 items.

Result: The majority of respondents 74% had inadequate knowledge on breast self examination.

Overall mean percentage of knowledge score is 26.66%

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