

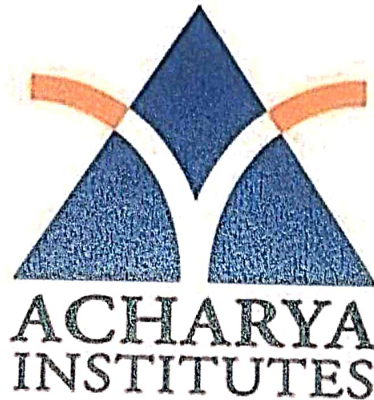
**“A STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTURE
TEACHING PROGRAMME ON KNOWLEDGE REGARDING
COMMUNITY MENTAL HEALTH SERVICES AMONG THE 4th YEAR
B.SC NURSING STUDENTS IN SELECTED NURSING COLLEGES IN
BENGALURU.”**

By,

DEVYANI ALEY

Research project work submitted to

Smt. Nagarathamma College of Nursing, Bengaluru



Under the guidance of

Mrs. KAPU MANJULA

Assistant Professor

Department of Medical Surgical Nursing

Smt. Nagarathamma College of Nursing

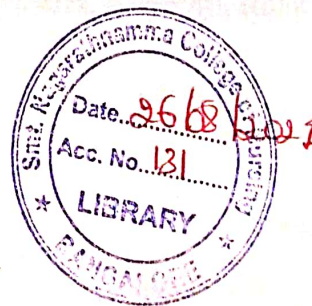


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ABSTRACT

BACKGROUND OF THE STUDY :

Structured teaching programme (STP) refers to systematically developed instructional programme, using instructional aids which helps to provide information.

OBJECTIVE :

- 1) To assess the knowledge regarding community mental health services among the 4th year nursing students in selected nursing colleges in Bangalore
- 2) To find out the effectiveness of structured teaching programme regarding community mental health services
- 3) To find out association between knowledge score and selected socio- demographic variables on knowledge regarding community mental health services among 4th year B.Sc nursing students

HYPOTHESIS:

H₁- The mean post test knowledge score will be higher than the mean pre test knowledge score regarding community mental health services among the 4th year B.Sc Nursing students

H₂- There will be a significant association between the mean post test knowledge score with their selected socio- demographic variables

METHODOLOGY:

Pre- Experimental design one group pre-test and post-test technique was used to the knowledge regarding community mental health services among student nurse.

In view of the nature of the problem and to accomplish the objectives of the study, structured questionnaire was prepared focusing on level of knowledge regarding community mental health services. Reliability of the tool was tested and validity was ensured in consultation and guidance and experts in the field of Mental Health Nursing.

The study was conducted in Bangalore City College of nursing, kannur(P.O), Bangalore and 60 student nurse were selected using non probability convenience sampling technique. Structured questionnaire method was used to collect the required information. STP was administered, after seven days post test was conducted on the same samples. Collected information was analysed by using descriptive and inferential statistics.

Results: Distribution of demographic variables as depicted in table 1 reveals that out of 60 student nurse who were selected to assess the knowledge regarding community mental health services , with regard to age, 29(48.3%) were within the age group of 18 to 20 years of age, 26(43.3%) were in the age group of 21-25 and 5(8.3%) were within the age of 26 to 30.

More than half of the students were female - (75%) and the remaining (25%) were male in this study. According to religion, (85%) 51 students were Hindu, (10%) 6 students were Muslim and (5%) 3 students were Christian.

In pre-test, out of 60 subjects the majority of 51(85%) had inadequate knowledge whose score ranges below 50%, 9(15%) had moderately adequate knowledge whose score ranges from 51-75% and none of them had adequate knowledge.

In post-test, the majority of 27(45%) had moderate knowledge whose score ranges between 51-75%, 33(55%) had adequate knowledge whose score ranges above 75% and none of them had inadequate knowledge after STP.

It was found that statistically there is no significant association between pre test knowledge level of respondents and selected demographic variables on community mental health services.

Interpretation & Conclusion:

Based on the above findings of the Study, recommendations were drawn for nursing service, administration, education and research. The study concludes that the STP administered by the investigator was effective in improving the knowledge level of student nurse.