IV Year B.P.T. Degree Examination - Aug 2013

Time: 3 Hours Max. Marks: 40 Marks

# Neurology Q.P. Code: 2723

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary

(Note: Both QP Codes 2723 and 2724 are to be answered within total duration of 3 hours)

1 x 10 = 10 Marks

#### LONG ESSAYS (Answer any One)

- 1. Discuss in detail about classification, clinical feature & management of head injury
- 2. Discuss in detailed about clinical features investigation, differential diagnosis & management of parkinsonism

#### **SHORT ESSAYS (Answer any Four)**

 $4 \times 5 = 20 \text{ Marks}$ 

- 3. Write a note on facial palsy
- 4. Write a note on epilepsy
- 5. Evoked potential
- 6. Write a note on chorea
- 7. Friedreich ataxia

#### **SHORT ANSWERS**

 $5 \times 2 = 10 \text{ Marks}$ 

- 8. Dysphagia
- 9. Metabolic ataxia
- 10. Wilson's disease
- 11. Complications of rheumatic fever on nervous system
- 12. Myoclonus

IV Year B.P.T. Degree Examination - Aug 2013

Time: 3 Hours Max. Marks: 40 Marks

### <u>Neurosurgery</u>

Q.P. Code: 2724

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary

#### (Note: Both QP Codes 2723 and 2724 are to be answered within total duration of 3 hours)

#### LONG ESSAYS (Answer any One)

 $1 \times 10 = 10 \text{ Marks}$ 

- 1. IVDP, causes, clinical features, investigation & management
- 2. Define reflex sympathetic dystrophy clinical features, investigation, management

#### **SHORT ESSAYS (Answer any Four)**

 $4 \times 5 = 20 \text{ Marks}$ 

- 3. Transverse myelitis
- 4. Spinabifida classification & management
- 5. Klippel feil syndrome clinical features, investigations, management
- 6. Syringomyelia
- 7. Laminectomy procedure & indication

#### SHORT ANSWERS 5 x 2 = 10 Marks

- 8. Burr hole surgery
- 9. Rhizotomy
- 10. Myotonic dystrophy
- 11. Myasthenia gravis
- 12. Wilson disease

IV Year B.P.T. Degree Examination - Aug 2013

Time: Three Hours Max. Marks: 100 Marks

# NEURO PHYSIOTHERAPY (RS-3 & RS-4)

Q.P. CODE: 2720

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

#### **Essays type (Answer any Two out of three)**

 $2 \times 10 = 20 \text{ Marks}$ 

- 1. Write in detail about physiotherapy management for amyotrophic lateral sclerosis
- 2. Write a essay on physiotherapy management for sciatic nerve palsy
- 3. Write physiotherapy management for spinal cord trauma at T-12 level.

#### SHORT ESSAYS type (Answer any Twelve out of fourteen)

 $12 \times 5 = 60 \text{ Marks}$ 

- 4. Explain neuro developmental screening test.
- 5. Clinical features of Eaton lambert syndrome.
- 6. Physiotherapy management of spinal disc herniation.
- 7. Assessment on higher functions.
- 8. Clinical features of thoracic outlet syndrome.
- 9. Importance and significance of slump test.
- 10. Physiotherapy Management for hemiplegic shoulder subluxation.
- 11. Kinetics of gait analysis
- 12. Write about intercostals nerve lesion and physiotherapy management for the same.
- 13. Explain about rancho-los amigos scale for head injured patient.
- 14. Clinical features of Duchene muscular dystrophy
- 15. Conservative management for acute foot drop
- 16. Treatment principles and application for constraint induced movement therapy.
- 17. Explain different types of sensory examination.

SHORT ANSWERS  $10 \times 2 = 20 \text{ Marks}$ 

- 18. Kernig's sign
- 19. Principles in motor relearning programme
- 20. Complications of hydrocephalus
- 21. Write four Clinical features of lumbosacral plexus lesion
- 22. Explain the types of spina bifida
- 23. Define vojta therapy
- 24. Explain ulnar paradox
- 25. Explain pendular reflex
- 26. Dystonia
- 27. Cerebro spinal fluid examination in meningitis

Final year B.P.T. Degree Examination - Aug 2013

Time: Three Hours Max. Marks: 100 Marks

## PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (OS, RS & RS2)

Q.P. CODE: 2171

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

#### LONG ESSAYS (Answer any Four)

 $4 \times 10 = 40 \text{ Marks}$ 

- 1. Classify perceptual disorders. Explain ideomotor and ideational Apraxia
- 2. Discuss the post paralytic rehabilitation of poliomyelitis
- 3. Classify Motor Neuron Diseases. Discuss the assessment and management of Primary lateral sclerosis
- 4. A 25 year old male has been admitted to ICU post craniotomy following RTA. Discuss the Physiotherapy management in the ICU
- 5. A 35 year old lady has been diagnosed as a secondary progressive multiple sclerosis. Outline the long term goals and discuss the physiotherapy management during a acute exacerbation

#### SHORT ESSAYS (Answer any Eight)

 $8 \times 5 = 40 \text{ Marks}$ 

- 6. Describe the principles of rood's approach
- 7. Define spasticity. Describe any one method of measuring spasticity
- 8. Outline the management of ulnar claw hand
- 9. List primitive reflexes and explain any two
- 10. Neurogenic bladder. Outline the management of automatic bladder
- 11. Define Upper Motor Neuron Lesion and Lower Motor Neuron Lesion. Give atleast three difference between them
- 12. Define spasticity and rigidity. Give atleast three difference between them
- 13. Explain the clinical features of SMA
- 14. Explain the clinical features of Down's syndrome
- 15. Explain the principles of Propioceptive neuromuscular facilitation

#### SHORT ANSWERS $10 \times 2 = 20 \text{ Marks}$

- 16. What is kerning's sign?
- 17. Define rigidity and spasiticty
- 18. Explain Slump Test
- 19. Write the significance of direct and indirect papillary light reflex
- 20. Explain bell's phenomena
- 21. Write any two investigations for confirmation of Duchenne's Muscular Dystrophy
- 22. Describe athetosis
- 23. Explain the significance of a positive Rhomberg's test
- 24. Explain Ulnar Paradox
- 25. Explain any two uses of frenkles exercises

IV Year B.P.T. Degree Examination – Aug 2013

Time: Three Hours Max. Marks: 80 Marks

#### **COMMUNITY MEDICINE**

(RS-3 & RS-4)

Q.P. CODE: 2721

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

#### ESSAYS TYPE (Answer any two out of three)

 $2 \times 10 = 20 \text{ Marks}$ 

- 1. Define family planning. Describe the various contraceptive methods.
- 2. Define Epidemiology. What is the use of doing epidemiological studies?
- 3. Define Infant mortality rate. Mention the various factors responsible for IMR. What measures have been taken to prevent IMR.

#### SHORT ESSAYS TYPE (Answer any Eight out of Ten)

 $8 \times 5 = 40 \text{ Marks}$ 

- 4. Prevention of Hypertension
- 5. Prevention of HIV/AIDS
- 6. Water borne diseases
- 7. ICDS
- 8. Field level classification of leprosy. Mention the drugs used in the management of leprosy.
- 9. Sickness absenteeism.
- 10. Rehabilitation
- 11. Nutritional problems in public health
- 12. Approaches to health education
- 13. Define Biomedical waste. Mention the various treatment and disposal technologies for health care waste

SHORT ANSWERS  $10 \times 2 = 20 \text{ Marks}$ 

- 14. Risk factors for coronary heart disease.
- 15. Control of Typhoid fever
- 16. BCG vaccine
- 17. Define Incidence and prevalence
- 18. Epidemiological triad
- 19. Mention the various methods of mosquito control measures
- 20. Mention the various components under RCH programme.
- 21. Objectives of post natal care
- 22. Composition of ORS
- 23. Classification of foods.

Final year B.P.T. Degree Examination - Aug 2013

Time: Three Hours Max. Marks: 100 Marks

PHYSIOTHERAPY IN GENERAL MEDICINE including CARDIO THROCIC MEDICINE - (OS, RS & RS2)

Q.P. CODE: 2170

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

#### LONG ESSAYS (Answer any Four)

 $4 \times 10 = 40 \text{ Marks}$ 

- 1. Define endocarditis. Write the clinical features and physiotherapy management in detail for it
- 2. Write the etiology, clinical features and physiotherapy management for Type II respiratory failure
- 3. Types and stages of inflammation. Write the physiotherapy management in detail for inflammation
- 4. Define pulmonary rehabilitation. Explain the role of physical therapist in pulmonary rehabilitation for a COPD patient
- 5. Define bronchiectasis. Write the physiotherapy management in detail for the same

#### SHORT ESSAYS (Answer any Eight)

 $8 \times 5 = 40 \text{ Marks}$ 

- 6. Coughing and huffing
- 7. Diaphragmatic breathing exercise
- 8. Intermittent positive pressure breathing
- 9. Pulmonary function test
- 10. Exercise testing protocols
- 11. Definition and causes of clubbing. Add a note on its types and grades
- 12. Auscultation
- 13. Physiotherapy management in psoriasis
- 14. Physiotherapy management in varicose vein
- 15. Differentiate cyanotic and acyanotic heart disorders

SHORT ANSWERS  $10 \times 2 = 20 \text{ Marks}$ 

- 16. Cheyne Stokes breathing
- 17. Typical angina pectoris
- 18. Miliary TB
- 19. Silhoute's sign
- 20. Intermittent claudication
- 21. Grades of dyspnoea
- 22. Purkinje fibres
- 23. Four precautions for breathing exercises
- 24. Paradoxical breathing
- 25. Four indications to terminate exercise testing

Final year B.P.T. Degree Examination – Aug 2013

Time: Three Hours Max. Marks: 80 Marks

## COMMUNITY BASED REHABILITATION (OS, RS & RS2)

Q.P. CODE: 2173

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

#### LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$ 

- 1. How do you conduct pre -vocational evaluation for a person with disability? Describe the modes of employment available for a paraplegic seeking employment
- 2. Identify methods used in cresting community awareness for disability. How can a physiotherapist contribute to this program?
- 3. Objectives of vocational evaluation & rehabilitation.

#### SHORT ESSAYS (Answer any Eight)

 $8 \times 5 = 40 \text{ Marks}$ 

- 4. Architectural barriers in public places
- 5. Importance of parental counseling
- 6. Cross sectional population surveys
- 7. List down the district level rehab programs
- 8. What are the various types of screening for mental retardation?
- 9. Role of family & medical professionals in the implementation of CBR
- 10. Role of physiotherapy in Duchene Muscular Dystrophy (DMD)
- 11. Explain the various types of urinary incontinence
- 12. Explain the factors supporting CBR program
- 13. List out clinical features of down syndrome. How can you rehabilitate down syndrome in community set up?

SHORT ANSWERS  $10 \times 2 = 20 \text{ Marks}$ 

- 14. Uses of longitudinal Study
- 15. Mention community entry strategies
- 16. Define occupational health
- 17. Define genetic counseling?
- 18. PWD act 1995
- 19. Functions of regional centre
- 20. Heterogenic Drug reactions
- 21. Ergonomic measures for computer professional
- 22. Services of Indian Red cross?
- 23. Mention the components of lower limb evaluation

Final year B.P.T. Degree Examination – Aug 2013

Time: Three Hours Max. Marks: 100 Marks

PHYSIOTHERAPY IN GENERAL SURGERY including CARDIOTHORACIC CONDITIONS - (OS, RS & RS2)

Q.P. CODE: 2172

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

#### LONG ESSAYS (Answer any Four)

 $4 \times 10 = 40 \text{ Marks}$ 

- Physiotherapy management for a patient in intensive care unit on ventilator on SIMV mode
- 2. Plan out a cardiac rehabilitation protocol for a 55 year old man who has undergone coronary artery bypass graft surgery
- 3. Explain physiotherapy management of a 40 year old lady who has burns over the right shoulder and anterior chest
- 4. Draw a diagram showing various incisions for abdominal surgeries and write the physiotherapy management for a patient who has undergone laparotomy
- 5. Explain the post-operative complications after radical mastectomy and physiotherapy management for the same

#### SHORT ESSAYS (Answer any Eight)

 $8 \times 5 = 40 \text{ Marks}$ 

- 6. Explain the techniques of incentive spirometry
- 7. Write a note on nebulization
- 8. Ante natal exercises
- 9. Describe postural drainage position of segments of right upper and middle lobe of lung
- 10. Physiotherapy management of scar tissue
- 11. Write a note on palliative treatment in cancer
- 12. Explain different types of skin grafts used in burns
- 13. Explain the various tendon transfers done in the hand affected with leprosy
- 14. Write physiotherapy management of lymphoedema
- 15. Explain the role of Physiotherapy after pneumonectomy

SHORT ANSWERS  $10 \times 2 = 20 \text{ Marks}$ 

- 16. Types of uterus prolapse
- 17. CPAP mode on ventilator
- 18. 4 uses of breathing exercise
- 19. What is thoracoplasty
- 20. Brochopulmonary fistula
- 21. Define stress incontinence
- 22. Grades of dysnoea
- 23. Rule of 9 in burns
- 24. Name the grafts used in coronary artery bypass graft surgery
- 25. Homan's sign

Final year B.P.T. Degree Examination - Aug 2013

Time: Three Hours Max. Marks: 100 Marks

#### COMMUNITY BASED REHABILITATION (RS-3 & RS-4)

Q.P. CODE: 2722

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

#### LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$ 

- 1. Explain in detail about Role of Voluntary organization in CBR.
- 2. Write about Disability evaluation and uses of evaluation finding.
- 3. Describe ergonomics write Occupational hazard secondary to Chemical agents & your role in prevention of hazard.

#### SHORT ESSAYS (Answer any Twelve)

 $12 \times 5 = 60 \text{ Marks}$ 

- 4. Write ergonomic advise to a patient who is having low back pain.
- 5. Write the changes in Neuromotor system in Geriatrics.
- 6. Vocational training need & evaluation.
- 7. Rehabilitation of spastic diplegic cerebral palsy child.
- 8. Role of Physiotherapy in Dementia.
- 9. Legal aspects of rehabilitation.
- 10. Maternal nutrition and education.
- 11. Architectural barriers for disabled.
- 12. Differentiate between impairment and handicap with example.
- 13. Importance of community participation and awareness in rehabilitation.
- 14. Write about community initiated versus community oriented programme.
- 15. Explain low cost assistive aids.
- 16. Explain mechanical hazards-over use & fatigue.
- 17. Explain about District Rehabilitation center.

#### SHORT ANSWERS $10 \times 2 = 20 \text{ Marks}$

- 18. Define Disability.
- 19. Define Geriatrics.
- 20. Name polio viruses.
- 21. Gower's sign.
- 22. Types of Tremor.
- 23. Define Ethics.
- 24. Functions of WHO.
- 25. Define Rehabilitation.
- 26. Camp approach.
- 27. Define policy.

Final year B.P.T Degree Examination – Aug 2013

Time: Three Hours Max. Marks: 100 Marks

# PHYSIOTHERAPY IN ORTHOPEDICS (OS, RS & RS2)

Q.P. CODE: 2169

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

#### LONG ESSAYS (Answer any Four)

 $4 \times 10 = 40 \text{ Marks}$ 

- 1. Explain signs, symptoms & complications of fracture
- 2. Write in detail assessment of pre & post prosthesis fitting
- 3. Write in detail physiotherapy management for fracture neck of femur
- 4. Write in detail about scoliosis and its post surgical rehabilitation
- 5. Write in detail about maitland mobilization

#### **SHORT ESSAYS (Answer any Eight)**

 $8 \times 5 = 40 \text{ Marks}$ 

- 6. Explain osteotomy
- 7. Explain TB spine
- 8. Explain fracture scapula
- 9. Explain fracture meta tarsal
- 10. Explain spondylolisthesis
- 11. Explain CTEV
- 12. Explain kyphosis
- 13. Explain ankylosing spondylitis
- 14. Explain tendon graft
- 15. Explain the levels of amputation

#### **SHORT ANSWERS**

 $10 \times 2 = 20 \text{ Marks}$ 

- 16. Four causes for VIC
- 17. Principles of mckenzie technique
- 18. Two special tests for rotattor cuff injury
- 19. Special test for ACL injury
- 20. Types of lower limb orthotics
- 21. Symptoms for soft tissue injury
- 22. Four causes for hand injury
- 23. Foot orthotics
- 24. Symptoms, causes for perthes disease
- 25 Physiotherapy modality for Peri arthritic shoulder

Final year B.P.T. Degree Examination – Aug 2013

Time: Three Hours Max. Marks: 80 Marks

## ALLIED THERAPEUTICS (OS, RS & RS2)

Q.P. CODE: 2174

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

#### LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$ 

- 1. What is Eustress? Write in detail the various stress management strategies employed by the athletes
- 2. Write in detail about the immediate and long term effects of exercise on various systems of the body
- 3. Write in detail the pharmacological remedies in sports. Mention its advantages and disadvantages

#### SHORT ESSAYS (Answer any Eight)

 $8 \times 5 = 40 \text{ Marks}$ 

- 4. Explain the importance of warm up and cool down phases in exercise training
- 5. Define delayed Onset Muscle Soreness (DOMS). Outline the physiology of DOMS and list the methods of preventing it
- 6. Training in high altitude
- 7. How will you manage a footballer who has sustained a quadriceps contusion injury
- 8. Explain the mechanism of lateral ankle injury and its management with emphasis on proprioceptive training
- 9. Explain the methods of progressive resisted exercise
- 10. Explain briefly importance of pre participation evaluation
- 11. Explain the various intrinsic and extrinsic factors causing sports injuries
- 12. Write about causes of fatigue. Management of fatigue from physiotherapists perspective
- 13. Therapeutic effects of acupuncture

#### SHORT ANSWERS $10 \times 2 = 20 \text{ Marks}$

- 14. Define oxygen debt and deficit
- 15. What is Qi (chi)
- 16. Define Basal Metabolic Rate
- 17. Define plyometrics
- 18. Mention submaximal tests
- 19. Vajrasana
- 20. Mention the three energy systems in our body and the duration for which they provide energy during exercise
- 21. Basic food pyramid only diagram with label
- 22. Use of topical ointments in sports
- 23. Define periodization