Rajiv Gandhi University of Health Sciences, Karnataka

III Semester Bachelor of Occupational Therapy Degree Examination - 05-Dec-2023

Time: Three Hours Max. Marks: 100

BASICS OF OCCUPATIONAL THERAPY - II (OS/RS) Q.P. CODE: 3419

Your answers should be specific to the questions asked Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$

- 1. Define functional cast bracing and give clinical reasoning for its advantages over conventional bracing. Enumerate its indications and contraindications as well.
- 2. What are the types and subtypes of muscle contractions? Explain the rationale for use of each.
- 3. Explain in detail, the functional anatomy and functional evaluation of hand.

SHORT ESSAYS (Answer any Ten)

 $10 \times 5 = 50 \text{ Marks}$

- 4. Define the following
 - a) Balance
 - b) Flexibility
 - c) Postural stability
 - d) Equilibrium
- 5. Enumerate different types of hand function tests and add a note on Jebson Taylor test.
- 6. What are the materials used in design and fabrication of hand splints?
- 7. Define work with respect to occupation and enumerate the classification of work levels.
- 8. Explain the concept of open chain and closed chain exercises with example.
- 9. Who are skilled workers? What is the role of occupational therapist in a skilled worker's workplace?
- 10. List and discuss the eight important elements of corporate injury prevention plans.
- 11. Define muscle strength, power and endurance. Add a note on the type of exercise to be prescribed to improve each of the above
- 12. Discuss in detail about person environment occupational model of practice.
- 13. Enumerate the differences between orthoses, prostheses, splints and braces.
- 14. Enumerate the objectives and scientific basis of FCB.
- 15. What is the purpose of frames of reference? Explain the rehabilitation frame of reference.

SHORT ANSWERS (Answer any Ten)

 $10 \times 3 = 30 \text{ Marks}$

- 16. Define muscle tone and list two abnormal muscle tones.
- 17. Define and differentiate sensation and perception.
- 18. Box and block test.
- 19. Types of prehension.
- 20. What is MOHO?
- 21. Enumerate the differences between oedema and swelling.
- 22. Enumerate at least six tools and equipments used in fabricating splints and orthoses.
- 23. What are the uses of dynamic cockup splint?
- 24. What orthoses is prescribed for a tibial nerve palsy and why?
- 25. Define coordination and cognition.
- 26. Define dexterity and name two exercises to improve the same.
- 27. What is work aptitude and how is it relevant to work evaluation?
