"A study to assess the knowledge about basic life support among 1 st year GNM students (2022) at Smt Nagarathnamma school of nursing in Bengaluru"

BY,

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Research project work submitted to
Smt Nagarathnamma College of nursing, Bengaluru



Under the guidance of,

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**DECLARATION BY THE CANDIDATES** 

We hereby declare that this project work entitle "A STUDY TO ASESS THE KNOWLEDGE

ABOUT BASIC LIFE SUPPORT AMONG  $1^{ST}$  YEAR GNM STUDENTS (2022) AT SMT

NAGARATHNAMMA SCHOOL OF NURSING IN BENGALURU" is a bona fide research

done by Lumi Halder, Manashi Modak, Md Kaif, Md Asif Reza as a partial fulfillment of

requirement forthe degree of bachelor science in nursing under the guidance of Mrs Ramya B,

Assistant Professor of Smt Nagarathnamma College of nursing, Bengaluru.

Date: Signature of the candidates

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Ms Manashi Modak -19C2863

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**CERTIFICATE BY THE GUIDE** 

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Date: signature of the Guide

Place: Bengaluru Mrs Ramya B

Assistant professor

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# RAJIV GHANDI UNIVERSITY OF HEALTH SCIENCEBENGALURU SMT. NAGARATHNAMMA COLLEGE OF NURSING SOLADEVANAHALLI, BENGALURU - 560107



#### **CERTIFICATE**

# THIS IS CERTIFY THAT THE PROJECT WORK ENTITLED HAS BEEN SUCCESSFULLY CARRIED OUT BY,

#### IVTH YEAR B.SC NURSING STUDENTS

[Ms Lumi Halder, Ms Manashi Modak, Mr MD Kaif, Mr MD Asif Reza]

SUBMITTED AS A PARTIAL FULFILLMENT OF REQUIREMENTS FOR THE BACHELOR OF SCIENCE IN NURSING FROM RAJIV GANDHI UNIVERSITYOF HEALTH SCIENCES, BENGALURU.

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# ENDORSEMENT BY THE PRINCIPAL/HEAD OF THECOLLEGE

This is to certify this project work entitle "A STUDY TO ASESS THEKNOWLEDGE ABOUT BASIC LIFE SUPPORT AMONG 1<sup>ST</sup> YEAR GNM STUDENTS (2022-2023) AT SMT NAGARATHNAMMA SCHOOL OF NURSING IN BENGALURU "is a bona fide research done by Lumi Halder, Manashi Modak, Md Kaif, Md Asif Reza as a partial fulfillment of requirement forthe degree of bachelor science in nursing under the guidance of Mrs Ramya B, Assistant Professor of Smt Nagarathnamma College of nursing, Bengaluru.

Signature of the PrincipalProf.

Devi Nanjappan Principal

Smt. Nagarathnamma College
of nursing, Bengaluru

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Date: Signature of the candidates:

Place: Bengaluru Lumi Halder(19C2862)

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#### **ACKNOWLEDGEMENT**

We raise our heart in gratitude to the Lord God Almighty who has been our strength and the driving force behind the successful completion of the project. We wished to express our sincere appreciation and gratitude to all who helped us carry out our research project.

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The project research has been completed under the expert guidance and supervision of Assistant Professor of the Department of pediatric nursing, Mrs. Ramya B. We are immensely grateful for her inspiring guidance, encouragement and support offered to us from the inception to the completion of the current study. We consider it as a privilege to complete this study under the guidance of such a resourceful and great teacher like Mrs. Ramya B, without whomthis would not have been possible

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# LIST OF ABBREVIATIONS USED

- 1. AEDS: automatic external defibrillators
- 2. BLS: Basic life support
- 3. CPR Cardio Pulmonary Resuscitation
- 4. CHN: Community Health Nursing
- 5. df: Degree of freedom
- 6. DV: Dependent variable
- 7. IV: Independent variable
- 8. SD: Standard Deviation
- 9. >: Greater than
- 10.<:Less than



# **ABSTRACT**

#### Statement of the problem

"A study to assess the knowledge about Basic life support among 1<sup>st</sup>year GNM students (2022-2023) at Smt Nagarathnamma school of Nursing in Bengaluru."

# Background of the study

Cardiac Arrest is a major emergency situation faced by the people and it requires emergency intervention in terms of resuscitation by using basiclife support. As people grow they must learn not only to cope with current demands but also to prepare for many unexpected event to facing tomorrow's needing future.

# Objective of the study

- 1. To assess the level of knowledge regarding Basic life supportation primary school teachers.
- 2. To determine the effectiveness of structure teaching plan on basiclife support among primary school teachers.
- 3. To find out the Association Between level of knowledge among the teacher with selected socio demographic variables.

#### Formulating hypothesis

H1: There will be a significant improvement in the knowledge of the preuniversity students after structured teaching program.

H2: There will be a significant association between the knowledge and selected demographic variables among the students.

### **Methods**

The research design used was quasi experimental i.e one group pre testand post test design. The sample size was 50 1 st year GNM nursing students at Smt Nagarathnamma school of nursing in Bengaluru. The tool develop and selected for the data collection were structured teaching method. The data were collected, analyzed and interpreted.

#### Major finding of the study

Finding revealed the highest 70% of the students were in age Group of 19-20 years, 56% of the total students were female students, 40% were belongs to Hindu religion, 84% were not having hereditary cardiacdisease.

For pre test 24% of respondents have inadequate knowledge level,46% of respondents have moderate knowledge level and 30% of respondents have adequate knowledge level regarding basic lifesupport.

For post test 2% of respondents have inadequate knowledge level, 28% of respondents have moderate knowledge level and 70% respondents have adequate knowledge level regarding basic lifesupport.

The obtained t- value in the area of general information is 5.30(P= 0.001); regarding the knowledge level on basic life support is 8.22(P=0.001) and overall value of t is 6.21(P= 0.001) was highly significant. Therefore null hypothesis was rejected. The study finding reveal that there was highly significant enhancement in knowledge level after structured teaching programme among basic life support students.

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