

Date: 05-01-2024

Q.P.CODE: 9113

Reg. No:

**KARNATAKA NURSING & PARAMEDICAL SCIENCES EDUCATION (REGULATION) AUTHORITY
KARNATAKA STATE DIPLOMA IN NURSING EXAMINATION BOARD
GNM THEORY EXAMINATION – JANUARY 2024
1st YEAR PAPER – III - FUNDAMENTALS OF NURSING
(First Aid and Personal Hygiene)**

DURATION: 3 HOURS

MAX. MARKS: 75

TIME : 9.00 AM to 12.00 PM

Give the meaning of the following

1 x 4 = 4

1. Health
2. Profession
3. Pulse
4. Stomatitis

Fill in the blanks

1 x 4 = 4

5. Term used for bad breath _____
6. Inflammation of the gum is known as _____
7. The term used for difficulty in breathing _____
8. Visual examination of body is known as _____

Write short notes for any FOUR of the following

4 x 4 = 16

9. List the golden rules of first aid
10. Explain the uses of exercises
11. Explain the steps used in prevention of inflections
12. Nurses role in maintaining good health
13. Principles of bed making

Answer the following

2+6=8

14. Define hygiene
15. Explain the factors influencing to maintain promotion of health

2+2+4=8

16. Define oral hygiene
17. List the purposes of oral hygiene
18. Explain the care of mouth procedure for unconscious patient

State whether the following statement are TRUE or FALSE

1 x 4 = 4

19. Hypothermia is a term used for decreased body temperature
20. Temperature regulating centre is situated in hypothalamus
21. Bradycardia is the term used for increased pulse rate
22. Isolation is the best measure to control infection

Write short notes for any THREE of the following

5 x 3 = 15

23. Nursing process
24. Care of terminally ill patient
25. Care of pediculosis
26. First aid for drowning

Answer the following

2+4+4=10

27. Define enema
28. List the classification enema
29. Explain the procedure of giving medicated enema

1x6=6

30. Explain care after death