# "A COMPARATIVE STUDY TO ASSESS THE SELF-CONCEPT OF FIRST YEAR AND FOURTH YEAR BSC NURSING STUDENTS IN A SELECTED NURSING COLLEGE AT BENGALURU."

BY:

Ms. POLI PARVIN Mr. JOYAL ANTONY Ms. JANET K REJI Mr. HANEEN M

4<sup>th</sup> Year B. Sc. Nursing (2020-24) Research Project Submitted to Smt. Nagarathnamma College of Nursing



Under the Guidance of,

Ms. Dency Dennis Lecturer Department of Mental Health Nursing Smt. Nagarathnamma college of Nursing DR. Sarvepalli Radhakrishnan Road Soladevanahalli, BANGALORE- 560107

2024

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# **RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES**

## **BENGALURU**

## SMT. NAGARATHNAMMA COLLEGE OF NURSING

# SOLADEVANAHALLI BENGALURU-560107



# THIS IS TO CERTIFY THAT THE PROJECT WORK ENTITLED HAS BEEN SUCCESFULLY CARRIED OUT BY,

# 4TH YEAR B.SC. NURSING STUDENTS [Poli Parvin, Joyal Antony, Janet K Reji, Haneen M]

# SUBMMITTED AS A PARTIAL FULLFILLMENT OF REQUIREMENT FOR THE BACHELOR OF SCIENCE IN NURSING FROM RAJIV GANDHI UNIVERSITY OF HEAKTH SCIENCE, BENGALURU

Prof. Devi Nanjappan Principal Dept. Of Medical Surgical Nursing Smt. Nagarathnamma college of Nursing, Bengaluru Ms. Dency Dennis Lecturer, Dept. Of Mental health nursing Smt. Nagarathnamma college of Nursing, Bengaluru

# ENDORSMENT BY THE PRINCIPAL / HEAD OF THE COLLEGE

This is to certify that the project work entitled, "A comparative study to assess the self-concept of 1<sup>st</sup> year and 4<sup>th</sup> year BSc nursing students at Smt. Nagarathnamma college of nursing, Bangalore." Is Bonafide group research done by Ms. Poli Parvin, Mr. Joyal Antony, Ms. Janet Kunjamma, Mr. Haneen of 4<sup>th</sup> year BSc nursing as partial fulfilment of the requirement for the degree of bachelor of science in nursing under the guidance of Ms. Dency Dennis, Lecturer Department of Mental Health Nursing, Smt. Nagarathnamma college of nursing, Bangalore.

Signature of the principal Professor DEVI NANJAPPAN Principal Smt. Nagarathnamma college of nursing

Place: Bangalore

Date:

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## **CERTIFICATE BY THE GUIDE**

This is to certify that the project work entitled, "*A comparative study to assess the self-concept of 1<sup>st</sup> year and 4<sup>th</sup> year BSc nursing students at Smt. Nagarathnamma college of nursing, Bangalore.*" Is Bonafide group research done by Ms. Poli Parvin, Mr. Joyal Antony, Ms. Janet Kunjamma, Mr. Haneen of 4<sup>th</sup> year BSc nursing as partial fulfilment of the requirement for the degree of bachelor of science in nursing under the guidance of Ms. Dency Dennis, Lecturer Department of mental health nursing, Smt. Nagarathnamma college of nursing, Bangalore.

Signature of the guide Ms. Dency Dennis lecturer Dept. of Mental health Nursing Smt. Nagarathnamma college of nursing

Place: Bangalore Date:

## **CERTIFICATE OF THE CANDIDATES**

I hereby declare that the project work entitled, "*A comparative study to assess the self-concept of 1<sup>st</sup> year and 4<sup>th</sup> year BSc nursing students at Smt. Nagarathnamma college of nursing, Bangalore.*" Is Bonafide group research done by Ms. Poli Parvin, Mr. Joyal Antony, Ms. Janet Kunjamma, Mr. Haneen of 4<sup>th</sup> year BSc nursing as partial fulfilment of the requirement for the degree of bachelor of science in nursing under the guidance of Ms. Dency Dennis Department of Mental Health Nursing, Smt. Nagarathnamma college of nursing, Bangalore.

Signature of the candidates Ms. Poli Parvin Mr. Joyal Antony Ms. Janet K Reji Mr. Haneen M

Place: Bangalore

Date:

#### ACKNOWLEDGEMENT

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Lastly, we would like to express our hearty thanks to mates who helped us to make this research possible.

With regards from, Mr. Joyal Antony Ms. Poli Parvin Ms. Janet K Reji Mr. Haneen M

# ABSTRACT

# Title- "A comparative study to assess the self-concept of 1<sup>st</sup> year and 4<sup>th</sup> year BSc nursing students at Smt. Nagarathnamma college of nursing, Bangalore."

Self-concept is defined as an individual's perception of their identity and abilities, academic achievements and personal goal. This study explores the self-concept of first year and fourth year BSc nursing students, highlighting the difference and developments occur over the course of their academic journey.

#### BACKGROUND

#### **Objectives:**

- To Assess the level of self-Concept among the 1<sup>st</sup> year and 4<sup>th</sup> year BSc Nursing students.
- To compare the level of self-concept between 1<sup>st</sup> year and 4<sup>th</sup> year BSc nursing students.

#### Method:

A descriptive approach was used to collect the data from 50 subjects selected by simple random sampling technique (lottery method), the tool consisted of 2 sections.

Section A: Demographic variable consisting of 7 items

Section B: 15 MCQs to assess the knowledge of self-concept.

#### **RESULT:**

The majority of respondents who all are having adequate knowledge in self-concept belongs to 4<sup>th</sup> year BSc nursing (90%).

The overall percentage of knowledge score of 1<sup>st</sup> year BSc nursing is 63.33% and the overall percentage of 4<sup>th</sup> year BSc nursing is 90%.

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