

**“A STUDY TO EVALUATE THE IMPACT OF SOCIAL MEDIA ON
AGGRESSION AMONG ADULT IN SELECTED COLLEGES OF
BANGLORE”**

BY:

Mr. A.Mohammed Asif

Mr. Ashwin S kumar

Ms. Joicy P K

Mr. Viknesh .M

4th Year B.sc Nursing(2020-2024)

Research project submitted to

Smt. Nagarathamma College of Nursing



Under the Guidance of

Mr.Sunny Jerome

Lecturer

Department of Mental Health Nursing

Smt. Nagarathamma College of Nursing

Acharya Institute, Dr. Sarvepalli Radhakrishnan Road Soldevanahalli,

Bengaluru-560107

2024

**“A STUDY TO EVALUATE THE IMPACT OF SOCIAL MEDIA ON
AGGRESSION AMONG ADULT IN SELECTED COLLEGES OF
BANGALORE”**

BY

Mr. A.Mohammed Asif

Mr. Ashwin S kumar

Ms. Joicy P K

Mr. Viknesh .M



**Dissertation submitted to the
RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES,
BENGALURU, KARNATAKA**

**In partial fulfillment of the requirement for the degree of
BACHELOR OF SCIENCE IN NURSING**

Under the guidance of

Mr. Sunny Jerome

Lecturer

**Department of Mental Health Nursing Smt. Nagarathamma College of
Nursing,**

Bangalore – 560107

2020 - 2024

DECLARATION BY THE CANDIDATE

I hereby declare that this project entitled "A study to evaluate the media on aggression among adult in selected colleges of banglore" is a bonafide and genuine research work carried out by Viknesh M, , Joicy P K, A. Mohammad Asif Ashwin S Kumar under the guidance of Mr Sunny Jerome lecturer. Mental Health Nursing, Smt. Nagarathnamma College of Nursing, 69/80, Acharya Dr Sarvepalli Radhakrishnan Road, Soladevanahalli, Bangalore- 560107.

Date:

Place: Bengaluru

Signature Student

Mr. A.Mohammed Asif

Mr. Ashwin S kumar

Ms. Joicy P K

Mr. Viknesh .M

CERTIFICATE BY THE GUIDE

This is to certify that this project work entitled "A study to evaluate the impact of social media on aggression among adult in selected colleges of Bangalore" is a bonafide and genuine research work carried out by A. Mohammad Asif , Ashwin S Kumar , Joicy P K , Viknesh M , in partial fulfillment of the requirement for the basic BSc. Nursing.

Date:

Place: Bangalore

Signature of Guide

Mr. Sunny Jerome

Lecturer

Dept of MHN

**Smt .Nagarathnamma college
of Nursing**

ENDORSEMENT BY THE PRINCIPAL

This is to certify that the research project entitled “A Study to evaluate the impact of social media on aggression among adult in selected college at banglore is a bonafide research work done by Viknesh M, A.Mohammad Asif, Joicy P K , Ashwin S Kumar as a partial fulfilment of the requirement for the degree Bachelor of Science in Nursing under the guidance of Mr.Sunny Jerome, Lecturer, Department of Mental Health Nursing, Smt. Nagarathamma College of Nursing.

Date:

Place: Bengaluru.

Signature of Principal

Prof. Devi Nanjappan

Principal

**Smt .Nagarathamma
College of Nursing**

ACKNOWLEDGEMENT

“Glory to the GOD Almighty” We thank our lord Almighty for his abundant grace and blessings during the entire course of study and completion of this work. Our sincere gratitude to Sri Premnath Reddy, Chairman, JMJ Trust and Smt. Shalini Reddy, Director of admissions, JMJ Trust and Mr. Krishna Bhasani Managing Director for giving us all state of the art facilities, constant support, and encouragement for accomplishing our project work in this esteemed institution .Our sincere gratitude to Prof. Devi Nanjappan, Principal, Smt. Nagarathnamma College of Nursing her guidance and support. We express our thanks and gratitude to Prof. Snehalatha Reddy, Vice Principal, Smt. Nagarathnamma College of Nursing for her constant encouragement and support to carry out the study. This research study undertaken by us has been carried out and completed under the profound guidance of Mr.Sunny Jerome , Assoc. Professor, Dept. of Mental Health Nursing, Smt. Nagarathnamma College of Nursing, we are grateful for his constant guidance and encouragement throughout the study. His tireless effort made our dream to reality Our heartfelt thanks to the head of the department of Medical Surgical Nursing Prof. Devi Nanjappan for her constant encouragement. We thank the librarian Mrs. Sheela for her co-operation during the project. We are highly obliged to all the faculty of Smt. Nagarathnamma College of Nursing and specially to our class coordinator Mrs. Ramya B, Assistant Professor. We are grateful to all those who have directly or indirectly helped us in completion of this study.

Date:

Place: Bangalore

Signature of candidates

A. Mohammed Asif

Ashwin S Kumar

Joicy P K

Viknesh .M

TABLE OF CONTENT

NO	CHAPTER	PAGE NO
1	INTRODUCTION	9-11
2	NEED OF STUDY	12-14
3	OBJECTIVES	15-18
4	REVIEW OF LITERATURE	19-27
5	METHODOLOGY	28-37
6	RESULTS	38-50
7	DISCUSSION	51-54
8	CONCLUSION AND SUMMARY	55-58
9	BIBLIOGRAPHY	59-66
10	ANNEXURE	67-77

LIST OF TABLES

TABLE NO	TITLES	PAGE NO
SECTION-A		
1A	Frequency and percentage distribution of samples according to their age group	39
2A	Frequency and percentage distribution of samples according to their placement in the college	40
3A	Frequency and percentage distribution of samples according to their gender	41
4A	Frequency and percentage distribution of samples according to their father's educational qualification	42
5A	Frequency and percentage distribution of samples according to their mother 's qualification	43
6A	Frequency and percentage distribution of samples according to their family monthly income	44
7A	Frequency and percentage distribution of samples according to their type of parenting	45
8A	Frequency and percentage distribution of samples according to network exposure	46
9A	Frequency and percentage distribution of samples according to accessibility of smart phone	47
10A	Frequency and percentage distribution of samples according to time spent daily in social media	48
SECTION-B		
2B	Analysis of assessment of anger	49
3B	Analysis of assessment of aggression	50