



**ACHARYA'S NRV SCHOOL OF ARCHITECTURE
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**“NIRAMAYA- THE HOLISTIC RETREAT CENTRE AT HILLUR”
ARCHITECTURE DESIGN PROJECT (THESIS) – 2024-25**

**Submitted in partial fulfillment of the Requirements for the
“Bachelor of Architecture” Degree Course**

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CERTIFICATE

This is to certify that this thesis report titled Niramaya – The Holistic Retreat Centre at Hillur by Adeesh Balesh Nayak of X SEMESTER B. Arch, USN No.1AA20AT004, has been submitted in partial fulfillment of the requirements for the award of under graduate degree **Bachelor of Architecture (B.Arch)** by Visvesvaraya Technological University VTU, Belgaum during the year 2024- 25.

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DECLARATION

This thesis title “Niramaya – The Holistic Retreat Centre at Hillur”, submitted in partial fulfillment of the requirement for the award of the undergraduate of Bachelor of architecture is my original work to the best of my knowledge.

The sources for the various information and the data used have been duly acknowledged.

The work has not been submitted or provided to any other institution/ organization for any diploma/degree or any other purpose.

I take full responsibility for the content in this report and in the event of any conflict or dispute if any, hereby indemnify Acharya’s NRV School of Architecture and Visveswaraya Technological University, Belagavi, and its official representatives against any damages that any raise thereof.

(Signature)

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This project, "Niramaya – The Holistic Retreat Centre at Hillur," not only represents a culmination of my academic efforts but also reflects my personal journey and aspirations as an architect. Through this work, I have sought to merge functionality with creativity, aiming to design spaces that are both impactful and sustainable. It showcases the kind of architect, I aspire to be one who creates innovative, inclusive, and people-centric urban spaces.

I am truly grateful to Mrs. Manu Manjunath for helping me realize this vision, and for being a mentor who has not only guided me academically but also shaped my professional outlook.

ABSTRACT

This thesis report presents "Niramaya – The Holistic Retreat Centre" as a visionary project toward creating a sanctuary for wellness at Hillur. Holistic principles complemented with sustainability for the retreat centre are designed into that space. Significant research, site analysis, and deep uncovering of user experiences have helped in creating a seamless amalgamation of functionality and creativity.

Spaces for meditation, yoga, and communal activities encourage both collective reflection and the sense of community. The design's main elements include the use of natural materials, sustainable practices, and an architecture as responsive to its environment as possible. It has been a pinnacle that marks the culmination of my academic journey; however, it also symbolizes my vision as an architect committed to the creation of innovative, inclusive, and people-centric urban spaces.

Overall, "Niramaya" aspires towards providing an ultimate transformation, connecting and rebuilding people with nature, therefore it is a very important addition to the construct of contemporary well-being architecture.

TABLE OF CONTENTS

CHAPTER NO.	TITLE	PAGE NO.
	ACKNOWLEDGEMENT	iv
	ABSTRACT	v
1	INTRODUCTION	1
	1.1 GENERAL	1
	1.2 AIM	3
	1.3 OBJECTIVE	3
	1.4 SCOPE	3
	1.5 SWOT ANALYSIS	5
	1.6 LIMITATIONS	6
	1.7 METHODOLOGY	7
	1.8 CONCLUSION	8
2	CASE STUDY	9
	2.1 LITERATURE CASE STUDY	9
	2.1.1 SHREYAS RETREAT CENTRE	9
	2.1.2 QUIET HEALING CENTRE	13
	2.2 LIVE CASE STUDY	17
	2.2.1 SHANTHIVANA	17
3	SITE ANALYSIS	22
4	CONCEPT	27
5	AREA COVERAGE	30
6	MASTER PLAN	31
7	SITE PLAN	32
8	DETAILED DRAWING	33
	REFERENCES	36