



SMT . NAGARATHNAMMA COLLEGE OF NURSING

“where the word comes to learn”

THE PULSE 2024-2025

Welcome to Pulse – the rhythm of our college life!
Turn the pages and explore a world of achievements,
creativity, and memories that made this year truly
special. Every story awaits you...!



From the Chief Editor's Desk....

Dr. Devi Nanjappan

Principal, Smt. Nagarathnamma College of Nursing

"Education is the most powerful weapon which you can use to change the world."

— Nelson Mandela

It brings me great pleasure and pride to unveil this year's edition of **PULSE**, the annual magazine of Smt. Nagarathnamma College of Nursing. More than just a publication, *PULSE* is a vibrant reflection of our academic journey, creative spirit, and the collective accomplishments of our students and faculty over the past year 2024-2025.

Every page of this magazine captures the heartbeat of our institution—be it academic milestones, co-curricular brilliance, cultural vibrancy, or personal reflections. This annual bulletin is not merely a record, but a celebration of talent and the passion that fuels our excellence in nursing education. It is my firm belief that this magazine will inspire, inform, and ignite the enthusiasm of every reader who turns its pages.

I sincerely encourage all students, faculty members, alumni, and well-wishers to explore this edition of *PULSE* with curiosity and pride. Let it remind us of how far we've come, and also guide us with renewed energy towards the path ahead. May this edition serve as both a mirror of our present and a window into our future—a future built on knowledge, service, and unwavering commitment.

Warm wishes to all, and happy reading!

From the Editor's Desk....

Ms. Anushree Saha

Assistant Lecturer

Working on *PULSE* for the second time has been a truly memorable journey. This year's experience was even more special as I had the constant guidance and encouragement of our Principal Madam, Dr. Devi Nanjappan Ma'am. I am also deeply thankful to Keerthi Ma'am, who mentored me throughout, and to Miss Swagata Lakshmi Ma'am, Mr. Sunny Sir, and Sandip Sir, whose valuable help and cooperation made the process smooth and rewarding.

Putting together this annual bulletin was not just a task—it was a journey of learning and creative expression. From my heart, I warmly invite all students, faculty members, and well-wishers to engage with this year's edition of **PULSE**. May you enjoy reading it as much as we enjoyed creating it!

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1. CLINICAL POSTINGS

CLINICAL POSTING - Indira Gandhi Hospital (CHN)

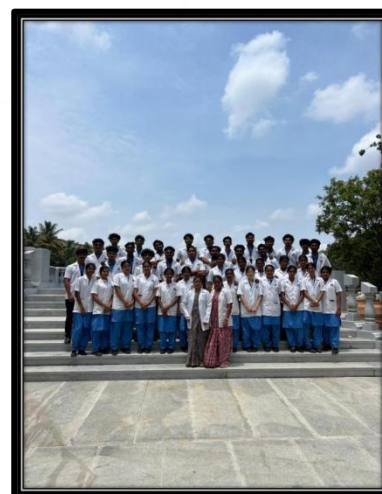
Strengthening Skills through Clinical Exposure: A Report on Clinical Postings

Clinical training plays a pivotal role in shaping competent and compassionate nurses. From 1st to 30th September 2024, IV Semester B.Sc Nursing students from Smt. Nagarathnamma College of Nursing were posted at the Trauma Care Centre, Victoria Hospital, and III Year students at Indira Gandhi Institute of Child Health for Child Health Nursing. Guided by experienced faculty, the students engaged in a wide array of practical learning activities such as bedside care, neurological and cardiac assessments, case presentations, and patient education sessions. On 1st September, a valuable orientation was delivered by Mr. Chidambaram, Incharge Nurse, Victoria Campus, on biomedical waste management and hospital policies, which enriched students' understanding of clinical protocols. Throughout the posting, students actively participated in real-time healthcare delivery—administering medications, monitoring vitals, assisting with procedures, and interacting with patients and their families. These hands-on experiences not only helped students apply theoretical knowledge but also prepared them for the dynamic healthcare environment. By offering rehabilitation guidance and supporting family members, they demonstrated holistic nursing care. The clinical posting proved to be a trans-formative experience, helping students gain confidence, critical thinking, and readiness for future roles as skilled professionals in nursing.



CLINICAL POSTING - Dr. B. R. Ambedkar Hospital (MSN)

As a key component of nursing education, clinical postings offer real-time experience and skill development for students. From May 1 to June 4, 2024, 3rd semester B.Sc. Nursing students from Smt. Nagarathnamma College of Nursing completed their clinical training at Dr. B.R. Ambedkar Hospital, Bengaluru, under the supervision of Clinical Coordinator Mrs. Nagammal and faculty in-charges Mrs. Keerthi Sudha P and Ms. Jenisha. The students were divided into batches and oriented to hospital wards on the first day, followed by systematic ward rotations based on clinical objectives. Throughout the posting, students applied the nursing process in patient care, participated in rounds, performed procedures, and offered health education on various conditions. A notable highlight was a road safety awareness session organized by the traffic department, emphasizing the importance of helmet usage. With close faculty supervision, students developed core nursing competencies, communication skills, leadership qualities, and ethical understanding. Their involvement in health promotion and patient education reflected the practical application of theoretical knowledge. The one-month posting not only fulfilled academic requirements but also provided a robust platform for students to gain confidence and proficiency in real healthcare settings, marking a crucial step in their professional journey.



CLINICAL POSTING - Vani Vilas Hospital (CHN)

As part of the Child Health Nursing curriculum, 47 second-year GNM students completed their clinical postings at VaniVilas Hospital, Bengaluru. Under the guidance of Clinical Instructors, students rotated across various pediatric wards, gaining practical exposure to real-time nursing care. They actively participated in medication administration, bedside procedures and case discussions. This hands-on experience enhanced their clinical skills, deepened their understanding of pediatric care, and fostered key nursing values like empathy, compassion, and professionalism.



CLINICAL POSTING - Vani Vilas Hospital (OBG)

As part of their clinical training, IV year B.Sc. Nursing (Batch-I) students completed their OBG posting at VaniVilas Hospital. III year GNM students were posted at Thirumallapura for community health nursing, and upcoming MSN postings for II GNM students are scheduled at Trauma and Victoria Hospitals. Supervised by faculty, students engaged in patient care, procedures, assessments, and health education, applying theoretical knowledge in real-life settings. These postings enhanced their clinical skills, confidence, and professionalism, preparing them for holistic, compassionate nursing practice.



CLINICAL POSTING - Victoria Hospital (Nursing Foundation)

As a key part of their foundational training, the I Semester B.Sc. Nursing students (Batch 2) of Smt. Nagarathnamma College of Nursing were posted at Victoria Hospital, Bengaluru from 16th to 31st March. Under the guidance of clinical instructors Mrs. Lavanya B. and Ms. Ashwini, 50 students were divided into groups and rotated across various hospital wards every two days, providing them with hands-on exposure to essential nursing practices. The postings, held from 12 PM to 8 PM, enabled students to apply their classroom learning in real clinical settings—enhancing their skills in patient assessment, nursing care, communication, and health education. Throughout their posting, students engaged in ward activities such as bedside case discussions, nursing demonstrations, and patient teaching, while also developing the ability to respond to diverse health conditions with professionalism and empathy. Facing real-time challenges helped students build confidence, time management, and teamwork. Through daily reflections and experience-sharing, students deepened their understanding of the nursing profession's core values—compassion, honesty, and dedication. The clinical posting served as a transformative experience, laying a strong foundation in Nursing Foundation and preparing them to deliver patient-centered, evidence-based care in their future careers.



ACHARYA



2. COMMUNITY POSTINGS

HEALTH EDUCATION on Family Planning and Birth Spacing

On June 8, 2024, a vital health education session on *Family Planning and Birth Spacing* was conducted at Sasiveghatta by 3rd-year GNM students from Smt. Nagarathamma School of Nursing. As part of the Family Health Week initiative, the program aimed to raise awareness about the importance of planned parenthood and the benefits of spacing between pregnancies. The objective was to provide accurate information on modern and natural birth spacing methods, highlighting both medicinal and non-medicinal approaches. The session emphasized how birth spacing can reduce the risk of unwanted pregnancies, support maternal and child health, and ultimately contribute to population control. Participants gained valuable insights into reproductive choices and the importance of making informed decisions.



MENSTRUAL CUP AWARENESS PROGRAMME

Students conducted a Menstrual Hygiene Awareness Programme in a local community as part of their health education outreach. The session focused on promoting safe menstrual practice and encouraging open dialogue among adolescent girls and women. Through demonstrations and interactive discussions, participants learned about hygiene, proper use of sanitary products, and infection prevention. Guided by faculty, students sensitively shared knowledge, making a positive impact on community awareness while strengthening their own public health education skills.



REPRODUCTIVE HEALTH and FEMALE GENITAL MUTILATION (FGM)

On June 8, 2024, the Department of Obstetrics and Gynecological Nursing at Smt. Nagarathnamma College of Nursing organized a powerful awareness program on *Reproductive Health and Female Genital Mutilation (FGM)* in Thirumpalapura village, Bangalore. FGM, a deeply rooted cultural practice, involves the partial or total removal of external female genitalia for non-medical reasons and affects over 200 million girls and women worldwide. The program educated participants on the severe health consequences of FGM, including chronic pain, childbirth complications, infertility, and lasting psychological trauma. This awareness program marked a vital step in challenging harmful norms, promoting reproductive rights, and fostering a safer, more informed future for girls and women everywhere.



STREET PLAY on PREVENTION of ALCOHOLISM

The 1st-year GNM students of Smt. Nagarathnamma School of Nursing conducted a street play on *Prevention of Alcoholism* at Kereguddadahalli on 7th January 2025, under the guidance of Ms. Deepti Rai. The play aimed to create awareness about the harmful effects of alcohol use and promote healthy coping strategies. Through engaging role-play, students highlighted the physical, mental, and social impacts of alcoholism, such as liver damage, family breakdowns, and depression. The performance educated the community on prevention, early symptoms, and treatment options like rehabilitation and counseling. Delivered in the local language, the play effectively reached its audience.



HEALTH EDUCATION on IMMUNIZATION

On January 6, 2025, the 1st-year GNM students from Smt. Nagarathnamma School of Nursing conducted a community health education session on **Immunization** at Kereguddadahalli, under the guidance of Ms. Deepti Rai. The session aimed to promote awareness about the importance of immunization in preventing infectious diseases and protecting overall community health. Using informative charts and visual aids, students from Group 2 explained how vaccines work, clarified common myths and misconceptions, and outlined the national immunization schedule. The session emphasized that timely vaccination not only safeguards individual health but also contributes to herd immunity—protecting those who cannot be vaccinated due to medical reasons. By addressing the risks of vaccine-preventable diseases and the proven success of immunization programs, the session reinforced the critical role of vaccines in building a healthier society.



SCHOOL HEALTH PROGRAMME

Promoting Wellness: School Health Programme at Kereguddadahalli

On January 10, 2025, the 1st-year GNM students of Smt. Nagarathamma School of Nursing conducted a dynamic School Health Programme at the Government Primary School in Kereguddadahalli. Guided by Assistant Lecturer Ms. Deepti Rai, the event aimed to empower young minds with essential knowledge on health and hygiene.

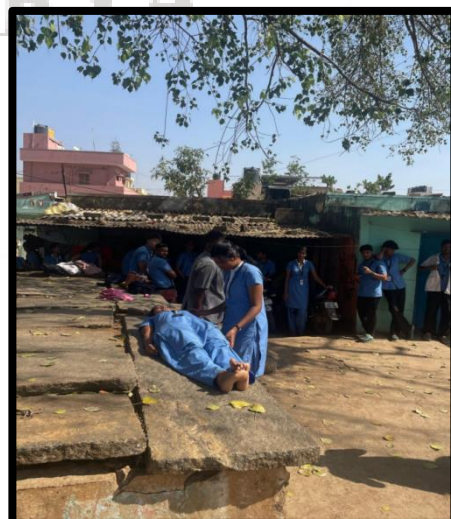
The 5th standard students were the key beneficiaries, receiving personalized health checkups, including height, weight, and mid-arm circumference measurements. Through colorful charts and interactive flashcards, topics like hand hygiene, menstrual care, personal cleanliness, and balanced diets were explained in a fun and accessible way.

This initiative wasn't just about education—it was about inspiring lasting habits. Students learned the importance of nutritious food, proper hygiene, and early disease prevention. The programme also sparked greater awareness among teachers and parents, reinforcing a community-wide commitment to child health. By blending compassion with practical skills, the programme successfully nurtured both physical and mental well-being—laying the foundation for a healthier, happier future generation.



STREET PLAY on ROAD SAFETY

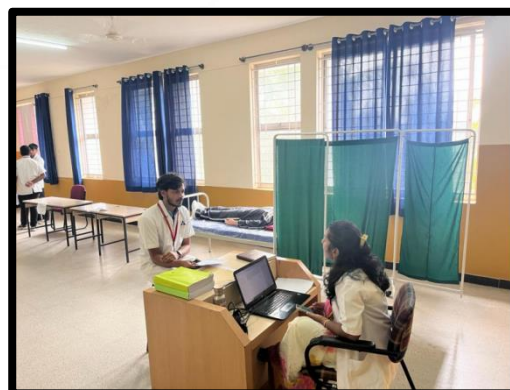
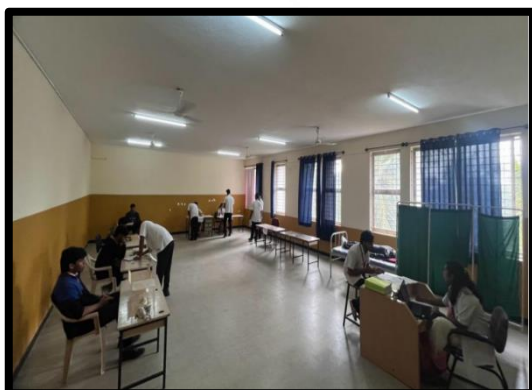
On January 9, 2025, the 1st-year GNM students of Smt. Nagarathnamma School of Nursing carried out a meaningful Tree Plantation Drive at Thirumalapura Government Primary School under the guidance of Assistant Lecturer Ms. Deepti Rai. This green initiative aimed to promote environmental sustainability and foster a sense of ecological responsibility among the students and community. Tree plantation is more than just planting saplings—it's a collective effort to combat climate change, improve air quality, conserve water, and support biodiversity. The students enthusiastically participated by planting trees around the school campus, contributing to a healthier ecosystem and a greener future. The drive emphasized the importance of trees in reducing the urban heat island effect, enhancing soil fertility, and creating habitats for various species. Beyond environmental benefits, the activity also served as a hands-on learning experience, encouraging students to take ownership of their environment. The initiative significantly raised awareness about ecological issues and demonstrated how small actions can lead to a large impact. The Tree Plantation Drive not only improved the school's surroundings but also inspired the local community to take similar steps toward environmental conservation, making it a commendable step toward a more sustainable and beautiful world.



3. OSCE - (Objective Structured Clinical Examination)

OSCE on Child Health Nursing

The Objective Structured Clinical Examination (OSCE), conducted on 8th and 9th November 2023 for the III Year B.Sc Nursing students, was a well-structured and impactful evaluation aimed at assessing students' clinical knowledge and practical skills in Child Health Nursing. Held at the OSCE lab, students were divided into two batches and rotated through five carefully designed stations. Each station tested their ability to interpret procedures, examine articles or images, and respond within a set time limit, simulating real clinical situations. This method provided a focused, one-on-one assessment environment, followed by a VIVA session conducted by two examiners based on their academic and clinical exposure. The OSCE not only bridged the gap between theory and practice but also enhanced students' confidence, critical thinking, and readiness for final clinical examinations. It offered a valuable opportunity for experiential learning, reinforcing the essential skills required for competent and compassionate nursing care.



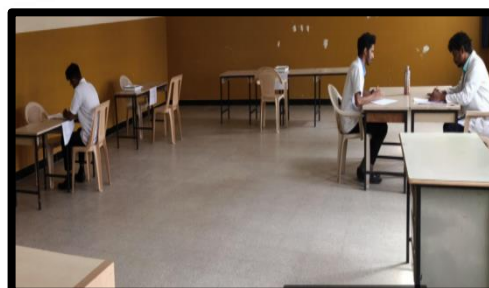
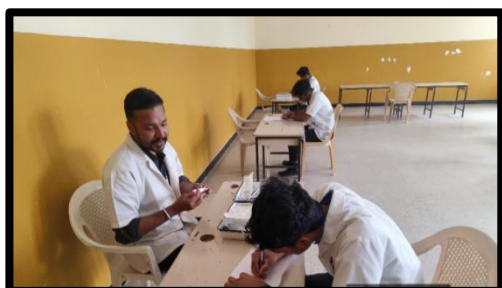
OSCE on Fundamental of Nursing

The Objective Structured Clinical Examination (OSCE), was a highly structured and impactful evaluation designed to assess students' clinical competencies in the Fundamentals of Nursing. Each station offered a hands-on opportunity to demonstrate technical procedures, critical thinking, communication skills, and professional behavior in a simulated clinical setting. A checklist-based evaluation ensured objectivity and uniformity, while the concluding VIVA session allowed examiners to assess theoretical understanding and practical exposure. This initiative played a crucial role in preparing students for upcoming practical examinations while reinforcing the importance of ethical conduct, patient interaction, and timely decision-making in nursing care.



OSCE REPORT on Adult Health Nursing - II

The Objective Structured Clinical Examination (OSCE) for 4th semester B.Sc Nursing students was successfully conducted on 29th and 30th November 2024 at the OSCE Lab, Smt. Nagarathnamma College of Nursing. Each station tested their ability to assess, interpret, and respond to real-time scenarios within a strict time limit, followed by a VIVA session focusing on clinical exposure and theoretical knowledge. This hands-on approach enabled students to integrate their cognitive, technical, and interpersonal skills while receiving valuable feedback from the examiners. The OSCE not only enhanced their clinical reasoning and communication abilities but also fostered ethical awareness and professionalism. It provided a standardized and unbiased platform to assess readiness for real-world patient care, encouraging reflection and self-improvement.



4. WORKSHOPS

WORKSHOP on MENDELEY – a Reference Management tool

Bridging The Gap Of Dementia And Its Misconceptions

A highly engaging and informative workshop on “*Mendeley: A Reference Management Tool*” was conducted on 27th July 2024 at Smt. Nagarathnamma College of Nursing, in collaboration with Acharya Central Library. Led by expert facilitators Dr. Chimmoji Ramachandra and Dr. Bhalachandra S. Deshpande, the session aimed to equip the teaching faculty with essential skills in using Mendeley for efficient reference management and academic writing. The workshop provided a step-by-step guide on installing Mendeley, organizing and importing references, annotating research papers, and generating citations and bibliographies using various citation styles.



WORKSHOP on NEONATAL RESUSCITATION

On 11th June 2024, the Department of Child Health Nursing at Smt. Nagarathnamma College of Nursing, Bangalore, organized a highly engaging workshop on “*Neonatal Resuscitation*” for III Year B.Sc Nursing students. Held from 9:00 AM to 1:00 PM in the III Year classroom, the workshop aimed to enhance students’ knowledge and hands-on skills in newborn resuscitation based on IAP and AHA guidelines. The workshop concluded with a Q&A session and feedback collection. Students expressed that the session provided them with valuable knowledge and practical confidence to handle neonatal emergencies effectively.



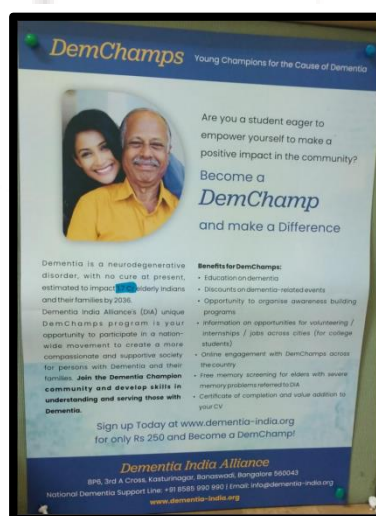
WORKSHOP on DEMENTIA CARE

Conclave on Dementia Care – A Step Towards a Dementia-Inclusive India

On 13th July 2024, a thought-provoking workshop titled “*Conclave on Dementia Care*” was held at the Brain Research Centre Auditorium, Indian Institute of Science, Bengaluru. The keynote speakers, Mr. Shyam Viswanathan (Secretary, Dementia India Alliance) and Mr. S Premkumar Raja (Co-founder, Dementia India Alliance), emphasized the need for collaborative efforts to support individuals living with dementia and their caregivers. Representing Smt. Nagarathnamma College of Nursing were faculty members Mrs. Snehalatha Reddy, Mrs. Keerthi Sudha, Mr. Syam Mohanlal, and Mr. Sunny Jerome. The conclave highlighted the “Blue Button Movement”—a symbolic initiative advocating inclusive dementia care. Discussions included proposals for integrating dementia education into university curricula, launching sensitization programs, and offering internship opportunities through the ‘DemChamp’ online course. The session emphasized early screening, accessible diagnosis, family support systems, palliative care, and the crucial role of students in dementia risk reduction.



ACHARYA



WORKSHOP on GANDHIAN THOUGHTS and its RELEVANCE

On 25th July 2024, a thought-provoking one-day workshop on “*Gandhian Thoughts & Its Relevance*” was held at Gandhi Bhavana, Kamara Park, Bengaluru, organized by NSS CELL RGUHS in collaboration with Karnataka Gandhi Smaraka Nidhi. The event aimed to deepen the understanding of Mahatma Gandhi’s timeless principles and their relevance in today’s fast-changing world. Attended by one NSS Program Officer and ten enthusiastic NSS Volunteers, the workshop featured four engaging sessions. The inaugural address set an inspiring tone, followed by sessions on non-violence and peace, Gandhian economics and sustainable development, and Gandhi’s approach to education and Sarvodaya. The workshop was not only intellectually enriching but also spiritually uplifting, leaving attendees motivated to integrate the essence of Gandhian thought into their personal, academic, and social endeavors.



WORKSHOP on FIRST AID

Empowering Students to Save Lives

A dynamic two-day *First Aid Workshop* was held on 9th and 10th April 2025 at the Nursing Auditorium, Smt. Nagarathnamma College of Nursing, exclusively for 1st semester B.Sc. Nursing students. The workshop aimed to build life-saving skills through a blend of theory and hands-on training. Students engaged in live demonstrations, role-plays, and simulation scenarios that enhanced their understanding and built practical confidence. A post-test at the end evaluated their progress. The workshop not only emphasized the importance of first aid in critical situations but also instilled readiness to act during emergencies. Students experienced real-time applications of life-saving techniques, making them more capable and responsible future nurses.



WORKSHOP on BRAIN HEALTH PRACTICE

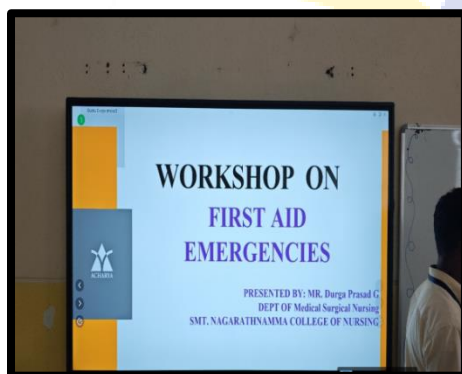
Screening, Intervention & Prevention

On 26th April 2025, the "*Brain Health in Practice*" workshop was held at the Centre for Brain Research, Bengaluru, organized by Dementia India Alliance (DIA) in collaboration with Ivory, Nightingales Medical Trust (NMT), NIMHANS, and Vayah Vikas. This impactful half-day event brought together healthcare professionals, students, caregivers, and senior citizens to raise awareness and strengthen community responses to dementia. Students from the 5th semester, including Miss Fatima Salim, Miss Archana Aji, Mr. Abhinav Suresh, and Mr. Alan Aneesh, actively participated alongside expert clinicians. The workshop included engaging sessions on dementia diagnosis, treatment, and care-giving strategies. Highlights included interactive discussions led by physicians like Dr. Steve, who emphasized the importance of cognitive stimulation, communication, and behavioral management. Posters, social media outreach, and pre-event promotions expanded the program's reach. Attendees were also involved in mental stimulation exercises and received educational resources for ongoing support. The event successfully bridged the knowledge gap, empowered caregivers, and promoted dementia-friendly practices. Participants shared positive feedback and personal experiences, reflecting a deeper understanding of dementia care and stronger collaboration among institutions. The workshop served as a stepping stone towards building a more informed and compassionate community for dementia care in India.



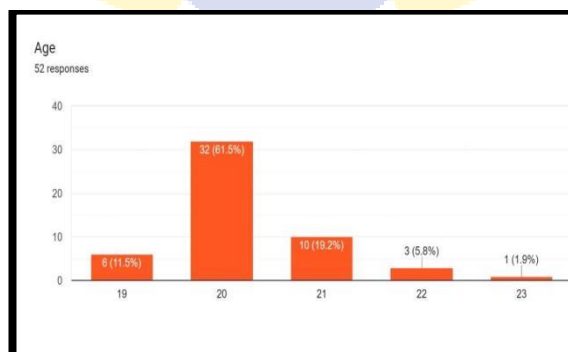
WORKSHOP on FIRST AID for AIGS (BBA- aviation students)

A comprehensive three-day *First Aid Workshop* was successfully conducted from 11th to 13th March 2025 at ANR Nursing Auditorium for BBA Aviation students, with the goal of equipping them with life-saving skills and emergency preparedness. Led by expert trainers Mr. Durga Guntu Prasad, Ms. Shahida Bano, Ms. Neelam Singh, and Mr. Sunny Jerome, the workshop focused on a wide spectrum of emergency scenarios—from CPR and airway management to wound care, fracture management, and response to seizures or cardiac arrest. Day 1 emphasized the principles of first aid and Basic Life Support (BLS), where students engaged in hands-on CPR practice. On Day 2, learners explored wound management, splinting, and dressing techniques through practical sessions. The final day brought the skills together through emergency response drills and simulations, allowing participants to apply knowledge under pressure. The interactive nature of the workshop, including real-life scenarios and role plays, helped students gain confidence and develop quick decision-making skills. Participants appreciated the practical exposure and expressed increased readiness to handle medical emergencies. Overall, the workshop not only fulfilled its educational objectives but also instilled a strong sense of safety awareness, teamwork, and preparedness among future aviation professionals—making it a truly enriching and empowering experience.



WORKSHOP on PALLIATIVE CARE MODULE

A two-day module on *Palliative Care* was conducted from 29th to 30th October 2024 by the Department of Adult Health Nursing-II at Smt. Nagarathnamma College of Nursing, offering an insightful and compassionate look into the holistic care of individuals with life-limiting conditions. Delivered to 51 IV Semester B.Sc. Nursing students, the sessions explored the philosophy, principles, and evolving practices of palliative care, focusing on enhancing quality of life through a multidisciplinary, patient-centered approach. Students brought theory to life through a role play on the assessment of nausea and vomiting, followed by a knowledge quiz. On Day Two, Mr. Guntu Durgaprasad, Assistant Professor, addressed *End-of-Life Care*, covering key ethical principles such as autonomy, beneficence, non-maleficence, and justice. He also detailed the practical and emotional challenges of caring for terminally ill patients, stages of care, and the significance of home care, communication, and organ donation. The module concluded by reinforcing the seven essential principles of palliative care—communication, coordination, compassion, collaboration, continuity, continued learning, and care in the dying phase. It made a lasting impact by enhancing students' understanding, appreciation for nursing roles, and readiness to deliver holistic care. More than just an academic exercise, this experience inspired students to approach end-of-life care with empathy, cultural sensitivity, and clinical confidence, preparing them to become advocates of dignity and humanity in nursing practice.



5. WEBINARS

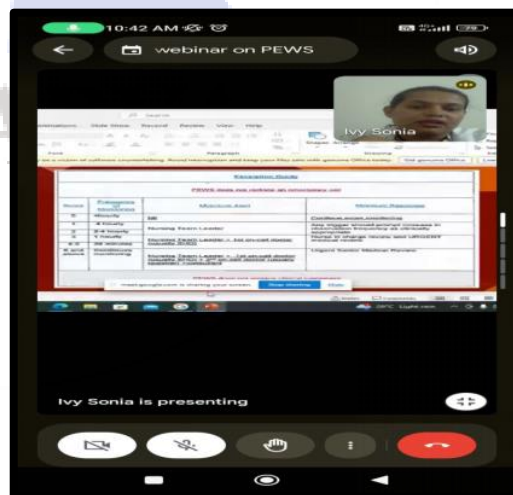
WEBINAR on PEDIATRIC EMERGENCY WARNING SIGNS (PEWS)

Enhancing Child Safety In Clinical Care

The Department of Child Health Nursing at Smt. Nagarathnamma College of Nursing, Bengaluru, organized an enlightening webinar on "Pediatric Emergency Warning Signs (PEWS)" on 24th September 2024. The session was graced by Mrs. Ivy Sonia Mendosa, Assistant Professor, Department of Pediatric Nursing, Aliya College of Nursing, Mangaluru, as the guest speaker. The program, coordinated by Mrs. Ramya B, Assistant Professor, aimed at enriching the knowledge of III-year B.Sc Nursing students regarding the early detection of clinical deterioration in pediatric patients. The webinar highlighted the importance of PEWS—a standardized tool that assists healthcare professionals in recognizing subtle signs of a child's worsening condition. Mrs. Mendosa elaborated on the core components of PEWS, including respiratory, cardiovascular, and behavioral status assessments, and explained the scoring system used to determine the urgency of interventions.

Participants learned how PEWS ensures proactive and systematic care, improves communication among healthcare teams, and reduces the likelihood of Code Blue events and ICU admissions. The session also discussed challenges like score variability and the necessity of continuous monitoring. Overall, the webinar provided valuable insights into pediatric emergency management, equipping future nurses with critical decision-making skills essential for safeguarding child health.

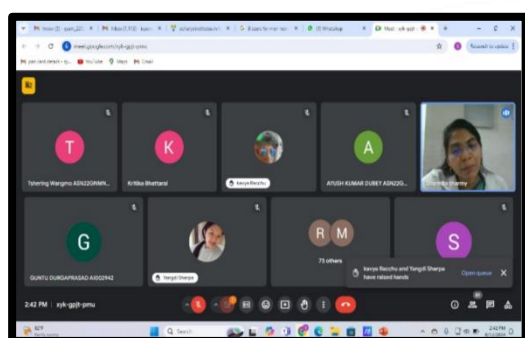
Score	Color	Action
0-2	Green	Reassess per PEWS policy.
3	Yellow	<ul style="list-style-type: none"> RN assigned to patient notifies Charge Nurse of patient score and status. RN assigned to patient performs full reassessment within 2 hours of previous assessment. Covering MD is notified if PEWS score remains at a 3 or if score increases.
4	Orange	<ul style="list-style-type: none"> RN assigned to patient notifies Charge Nurse of patient score and status. Charge Nurse performs assessment, bundles with RN assigned to patient to communicate findings and develop plan, and documents assessment in EHR. RN assigned to patient notifies covering MD of patient score and status. RN assigned to patient reassesses and reassesses patient every hour. If the patient's PEWS score is 4 or greater on two consecutive assessments the covering MD will perform an assessment within 15 minutes. If covering MD is unable to arrive or provide plan of care, RN will call a Pediatric Rapid Response.
5 or greater	Red	<ul style="list-style-type: none"> RN assigned to patient calls a Pediatric Rapid Response or Code Blue. PRC Charge Nurse performs assessment, takes interventions necessary to stabilize condition, bundle with RN assigned to patient to communicate findings and develop plan. RN assigned to patient reassesses every 30 minutes. Pediatric Charge Nurse requires transfer of care to members of Pediatric Intensive Care Unit if the patient and other patients are stable.



WEBINAR on POST-COVID SYNDROME

Enhancing Clinical Knowledge

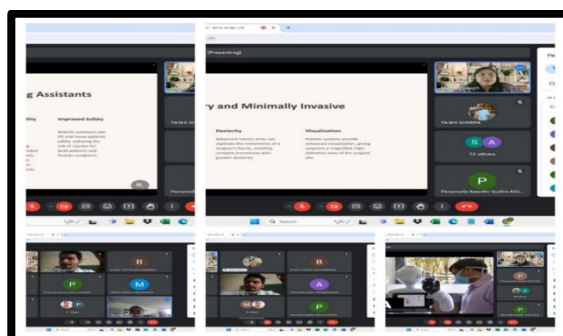
A highly informative webinar on the theme “*Post-COVID Syndrome*” was organized on 12th August 2024 at Smt. Nagarathnamma College of Nursing, Bangalore, for 3rd-year B.Sc Nursing and 2nd-year GNM students. The session was graced by the esteemed resource person, Mrs. Sharmila Kathimanda, Vice Principal, Academy of Life Sciences Nursing College, Visakhapatnam. She expertly delivered insights into the health issues that individuals, especially middle-aged populations, continue to face after recovering from COVID-19. The webinar also covered the emerging side effects associated with COVID vaccinations and their impact worldwide. Mrs. Sharmila engaged the students through live interaction, encouraging questions and discussions that clarified complex aspects of post-COVID3 care. Students learned to identify warning signs, predict long-term complications, and understand vaccination-related adverse



WEBINAR on ROBOTIC NURSING

Redefining The Future Of Healthcare

The Department of Medical-Surgical Nursing at Smt. Nagarathnamma College of Nursing organized an insightful webinar on “*Robotic Nursing*” on 19th June 2024, from 3:00 PM to 4:00 PM. The event was aimed at educating faculty and students of III B.Sc Nursing and II GNM on the emerging role of robotics in the nursing profession, with 70 participants actively involved. The keynote speaker, Prof. Manju P Joseph from the School of Medical Education, Kerala, delivered an engaging online presentation covering various aspects of robotic technology in healthcare. The webinar emphasized that while robotics enhances healthcare delivery, it cannot replace the critical thinking, compassion, and decision-making skills of human nurses. The event concluded with a vote of thanks, leaving the audience with deeper insights into how technology and human care can complement each other in nursing practice.



WEBINAR on MODULE OF PARTOGRAPH

A Step Towards Safer Deliveries

The Department of Obstetrics and Gynecological Nursing at Smt. Nagarathnamma College of Nursing successfully organized an informative webinar on the “*Module of Partograph*” for the 4th year B.Sc Nursing and 3rd year GNM students. The session, held on 19th June 2024 from 12:00 PM to 1:00 PM, focused on enhancing the understanding and practical application of partograph use in obstetric care.

The event commenced with a warm welcome address by Ms. Neelam Singh, Lecturer, Department of OBG Nursing. The resource person for the session was Mr. Thangeshwaran P, Assistant Professor from Gold Finch College of Nursing, Bengaluru. He delivered a detailed presentation on the significance, components, and clinical utility of the partograph—a vital tool in labor management.

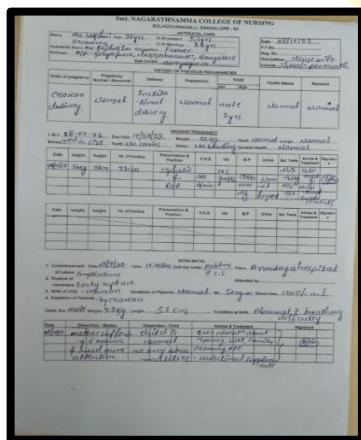
Mr. Thangeshwaran emphasized the role of the partograph in early detection of labor abnormalities such as prolonged labor, fetal distress, and maternal complications. He discussed plotting techniques, interpretation skills, decision-making points, and the importance of timely referral. The session highlighted how the partograph aids clinical judgment, reduces maternal-neonatal risks, and serves as a legal document of labor care.

Students actively participated in an interactive questionnaire round, clarifying their doubts and strengthening their understanding. The session concluded with a vote of thanks, appreciating the resource person’s expertise. Overall, the webinar proved to be a valuable learning experience, equipping future nurses with essential skills for ensuring safer maternal and newborn outcomes.



WEBINER on ANTENATAL SCREENING PROGRAMME

The Department of Obstetrics and Gynecological Nursing at Smt. Nagarathnamma College of Nursing successfully organized an Antenatal Screening Programme on 8th and 9th June 2024 at Thirumpalapura village, Bangalore. The primary aim of the programme was to assess the knowledge, practices, and attitudes related to antenatal screening among pregnant women in the rural community. With the assistance of Anganwadi workers and ASHA staff, detailed information on expectant mothers was gathered, followed by house-to-house visits where comprehensive antenatal screenings were conducted. Vital parameters such as blood pressure, weight, and fetal well-being were assessed, along with personal and obstetric history collection. During the visits, individualized health education was provided, emphasizing the importance of regular antenatal checkups, early detection of complications, and maintaining a healthy lifestyle. The survey findings revealed positive attitudes towards antenatal care; however, gaps in knowledge were evident, underlining the need for enhanced health education. This programme not only benefited the pregnant women but also provided nursing students with valuable community health experience. The effort contributes towards reducing maternal morbidity and mortality through awareness, early screening, and timely intervention.



6. CONFERENCES

NATIONAL CONFERENCE on ADVANCEMENTS in CRITICAL CARE NURSING

The National Conference on "Advancements in Critical Care Nursing" was successfully organized by Smt. Nagarathnamma School of Nursing on 29th April 2025, under the coordination of Ms. Geeta and the enthusiastic participation of 3rd GNM students. The event served as an excellent platform for nursing professionals, educators, and students to explore the evolving challenges and strategies in critical care nursing.

The conference featured distinguished speakers, including Prof. Syam Mohan Lal, Prof. Snehalatha, Ms. Daring Charanga, and Mr. Sudip Das, who delivered insightful sessions on topics such as Multiorgan Failure Management, Critical Care during Pandemics, Ethical Dilemmas in Decision-Making, and Sepsis Management. Each session provided valuable updates on clinical practices, technological advancements, and ethical considerations vital to critical care settings. The event concluded on a positive note, enhancing participants' knowledge and clinical confidence. The collective efforts of the organizers, students, and speakers contributed to the grand success of this informative and impactful conference.



NATIONAL CONFERENCE on **INNOVATIONS and BEST PRACTICES in PALLIATIVE CARE:** **A HOLISTIC APPROACH**

A two-day National Conference on *Innovations and Best Practices in Palliative Care: A Holistic Approach* brought together experts, students, and professionals to explore advancements in patient-centered care. Day 1 spotlighted the importance of multidisciplinary teams, ethical practices, psychological support, pediatric care, and empathetic communication. Speakers like Mr. Durga Prasad, Mrs. Jyothi Chetty, and Prof. Snehalatha Reddy shared valuable insights into improving emotional, medical, and spiritual well-being.

Day 2 explored the future of palliative care—Mrs. Mala introduced digital tools like telemedicine and AI; Dr. Vijayamalar emphasized community involvement and Mrs. Nirmala showcased complementary therapies. The event concluded with Mr. Vasanth Malige's vision for research in digital and psycho social care. The conference inspired innovation, collaboration, and a renewed dedication to holistic palliative care practices.



7. STUDENTS' WELFARE PROGRAMME

OUTBOUND TRAINING

On September 2, 2024, the freshers of GNM students participated in an exciting Outbound Training (OBT) held at the NCC Training Site, Acharya Campus. Guided by expert trainers Mr. Vinod Sreedharan and Mr. Viswanath B, the day-long program focused on enhancing essential skills such as teamwork, leadership, communication, and problem-solving. The activities were designed to take students beyond the traditional classroom setting, providing hands-on experiences that built resilience, fostered collaboration, and enhanced decision-making. The program featured an array of physically and mentally stimulating challenges, including the Belly Wired Barbed Crawl, High Step Over, Zip Line, and Burma Bridge, which encouraged students to push their limits and work together. By navigating these obstacles, students not only honed practical skills but also built lasting connections with peers and mentors.



SOFT SKILL TRAINING in COMMUNICATION SKILLS

On August 3, 2024, Smt. Nagarathnamma College of Nursing hosted a webinar on "Soft Skill Training in Communication Skills," aimed at enhancing nursing students' interpersonal abilities. Conducted via Zoom, the session featured Prof. (Dr.) Avinash N, HOD of Community Health Nursing at Sapthagiri College of Nursing. He discussed key communication aspects like verbal and non-verbal cues, active listening, and empathy, emphasizing their role in patient care and teamwork. The interactive session provided practical strategies for managing difficult conversations and improving patient rapport. Feedback from attendees was overwhelmingly positive, with many appreciating the practical advice shared. The webinar effectively equipped nursing students with valuable tools for improving communication in clinical settings.



STUDENT INDUCTION PROGRAMME

The Student Induction Program for 2024-2025, held from August 26th to September 5th at the Smt. Nagarathnamma College of Nursing, marked a significant milestone for first-year GNM students as they embarked on their academic journey. The program, which ran from 9 AM to 4 PM daily, was designed to familiarize students with the institution, its values, and the skills essential for their academic and professional success. The induction began with a warm welcome from Principal Prof. Devi Nanjappan and Academic Coordinator Prof. P. Snehalatha Reddy. Students were introduced to faculty members and guided through the academic calendar, course objectives, and institutional philosophy. Workshops covered key areas like time management, academic expectations, and exam techniques. The program also included valuable sessions on communication skills, peer pressure, and professional grooming. Students participated in an outbound training session to foster teamwork, followed by a visit to the community area and hospital for clinical training awareness. Additionally, students were educated on anti-ragging policies, quality assurance, and alumni connections for career guidance. The induction concluded with departmental orientations, ensuring the freshers were well-prepared for the exciting journey ahead. The program successfully equipped students with the tools they need to thrive in their academic and professional endeavors.



STUDENT WELFARE SYSTEM

Proctorial System

On July 29, 2024, Smt. Nagarathnamma College of Nursing hosted a student welfare initiative aimed at providing academic and emotional support to its students. Led by the Chief Proctor and a team of proctors, the session focused on addressing common student challenges such as stress management, time management, and maintaining a healthy balance between academic and personal life. The proctors facilitated both individual and group counseling sessions, offering personalized guidance on issues like academic performance and mental health. The initiative has proven to be an essential part of enhancing student welfare, ensuring that the academic and personal needs of the students are met with care and attention.



STUDENT COUNSELLING PROGRAMME

On June 4, 2024, Smt. Nagarathnamma College of Nursing hosted a comprehensive student counselling session aimed at addressing the mental health and emotional well-being. Led by trained counsellor Ms. Atheera, the session offered a safe and supportive environment where students could explore their personal challenges and gain coping strategies. Issues such as stress, anxiety, depression, mood disorders, relationship difficulties, and academic concerns were discussed, with personalized guidance offered to each student. These services not only help students but also foster a strong relationship between faculty and students.



BRAIN MUSEUM VISIT

On September 8, 2024, students visited the Brain Museum to deepen their understanding of brain anatomy, neurological disorders. The visit aimed to connect classroom knowledge with practical insights. Highlights included detailed exhibits on brain anatomy, with 3D models and specimens showcasing the cerebrum, cerebellum, and brainstem. The experience reinforced the critical role nurses play in early diagnosis, patient education, and rehabilitation. This visit was a valuable opportunity for the students to gain practical insights into neurological care, enriching their knowledge and preparing them for their professional roles in patient management and support.



FOCUSED GROUP SURVEY

A focused group survey was conducted from January 6 to 8, 2025. Led by Dr. Riyaz ur Rahaman Khan, the three-day survey explored the use and effectiveness of ICT activities within the college. The discussions centered on students' access to and usage of computers, the integration of digital tools like smart boards and projectors by faculty, and the application of online learning platforms such as Alive. Each day focused on a different year group, with sessions lasting approximately two hours, encouraging open and insightful feedback from participants. The focus group methodology allowed for in-depth understanding of students' experiences and opinions regarding technology in their academic environment. This qualitative approach helped identify both strengths and areas for improvement in ICT implementation, fostering better engagement and learning outcomes. Despite challenges such as analyzing group data and ensuring participant confidentiality, the survey successfully gathered valuable insights to enhance digital education strategies at the college.



OUT BOUND TRAINING

The Outbound Training Program for 1st Semester B.Sc. Nursing students at Smt. Nagarathnamma College of Nursing is designed to equip students with essential soft skills and foster teamwork, leadership, and personal growth. The program includes a series of physical and mental challenges using fixed props, such as the Belly Wired Barbed Crawl, Net Crawl, Zip Line, and Burma Bridge, aimed at enhancing skills like coordination, problem-solving, and resilience. These activities encourage collaboration, strategic thinking, and confidence-building, helping students step out of their comfort zones and work effectively in teams. Students also gain valuable networking opportunities, connecting with peers and faculty members. The program focuses on developing leadership skills, emotional intelligence, stress management, and adaptability—crucial qualities for future healthcare professionals. By overcoming challenges together, students learn to manage stress, communicate effectively, and improve their time management, all while gaining a deeper understanding of teamwork and cultural competence. This training not only enhances students' personal growth but also prepares them for the dynamic and demanding nature of nursing, fostering both professional and emotional development essential for their future careers.



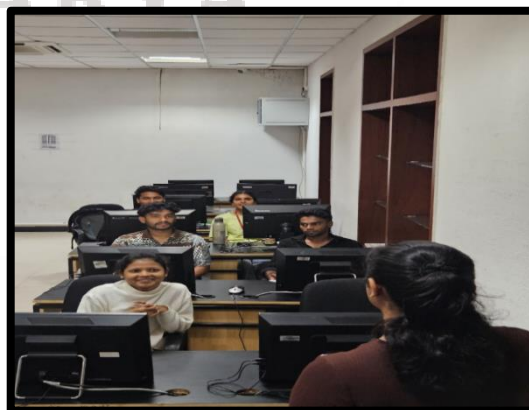
BRIDGE COURSE

On 7th November 2024, Smt. Nagarathnamma School and College of Nursing successfully conducted a Bridge Course for GNM and B.Sc Nursing students, aimed at strengthening essential nursing competencies. This specialized program is designed to bridge the gap between theoretical knowledge and practical skills, helping freshers and returning healthcare professionals enhance their clinical abilities and understanding of modern nursing practices. The course emphasizes core nursing concepts such as professional values, communication, adult nursing, palliative care, and clinical skills, ensuring participants are well-prepared to meet the demands of today's healthcare settings. Through a combination of classroom instruction and hands-on clinical experience, students developed skills in patient assessment, medication administration, effective communication, and documentation, all grounded in ethical and professional standards. The program's objectives included enhancing clinical competence, promoting professionalism, improving interpersonal communication, and fostering holistic, person-centered care. By equipping students with comprehensive knowledge and practical expertise, the Bridge Course prepares them to deliver high-quality, compassionate care with confidence and integrity, ultimately contributing to better patient outcomes in diverse healthcare environments.



QUARTERLY SESSION on GERMAN PROGRAMME

Between October and December 2024, eight enthusiastic 4th-year B.Sc Nursing students at Smt. Nagarathnamma College of Nursing embarked on an exciting journey to master the German language, guided by expert trainer Ms. Ajal. This vibrant program, a dynamic collaboration between Nini Skillup Pvt. Ltd and Pearson, is designed to open doors for nurses aspiring to global careers by blending language proficiency with cutting-edge healthcare training. Starting from the basics, students immersed themselves in 134 hours of intensive lessons covering listening, reading, writing, and speaking at the A1 level, building a solid foundation for effective communication in German healthcare settings. Alongside, they pursued the prestigious Pearson BTEC Level 4 Higher National Certificate in Healthcare Practice, gaining internationally recognized qualifications that boost their career prospects worldwide. The program not only sharpens clinical skills but also enhances cultural adaptability, ethical care, and compliance with global standards.



BCLS PROGRAMME (BASIC CARDIAC LIFE SUPPORT)

On May 23, 2025, the Nursing Auditorium at Smt. Nagarathnamma College of Nursing hosted an engaging Basic Cardiac Life Support (BCLS) training. This essential program, a key part of the Adult Health Nursing I curriculum, began with a pre-test via Google Forms to assess students' baseline knowledge. Guided by experienced faculty, including. The hands-on session featured demonstrations of CPR techniques on manikins, AED usage, airway clearance, and choking management for all age groups. Students then practiced these life-saving skills under expert supervision, boosting their confidence and competence. The training emphasized teamwork and communication during emergencies, ensuring holistic readiness. A post-test evaluated their progress, with all students showing remarkable improvement. This immersive training not only equips future nurses with critical skills to respond swiftly in cardiac emergencies but also strengthens their ability to save lives with compassion and professionalism, reflecting the college's commitment to excellence in healthcare education.



8. COMMEMORATIVE DAYS

WORLD ENVIRONMENT DAY, 2024

On June 5, 2024, Smt. Nagarathnamma College of Nursing celebrated World Environment Day with great enthusiasm. The event embraced the theme “*Land Restoration, Desertification, and Drought Resilience.*” The day began with an inspiring message from the Principal, followed by impactful student speeches on land degradation and sustainable solutions. An interactive session fostered meaningful discussions on afforestation and water conservation. The event received heartfelt participation and appreciation, leaving students empowered and committed to environmental responsibility.



MENSTRUAL CUP AWARENESS PROGRAMME

On June 8, 2024, 4th-year B.Sc. Nursing students of Smt. Nagarathnamma College of Nursing conducted a Menstrual Cup Awareness Programme at Sasiveghatta. The session, delivered in Kannada using charts and simple language, highlighted the benefits, usage, and safety of menstrual cups. Emphasizing hygiene, sustainability, and cost-effectiveness, it aimed to reduce health risks linked to traditional menstrual practices. Women participated actively, gaining practical knowledge and confidence. The initiative promoted open dialogue, health education, and better menstrual hygiene—empowering women and supporting community well-being.



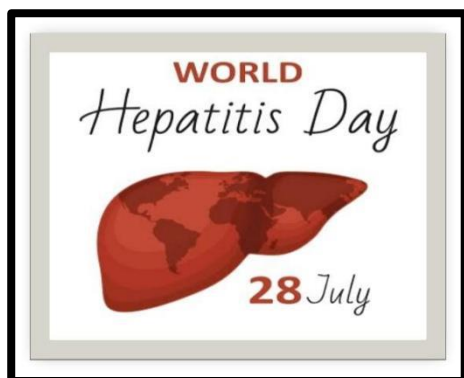
OVARIAN CANCER AWARENESS PROGRAMME

On May 8th, 2024, the Department of Obstetrics and Gynecological Nursing at Smt. Nagarathnamma College of Nursing observed *Ovarian Cancer Awareness Day* at B.R. Ambedkar Hospital, Bangalore. Using charts and flashcards, students effectively educated attendees on reproductive health, the physiology of the female reproductive system, common gynecological conditions, and specifically, the warning signs and risk factors of ovarian cancer. The session also touched on modern advances in treatment, including targeted therapies and genetic testing. The programme successfully empowered nursing students and participants with knowledge and advocacy tools to raise awareness and encourage early screening, aiming to improve survival rates and support the ongoing fight against ovarian cancer.



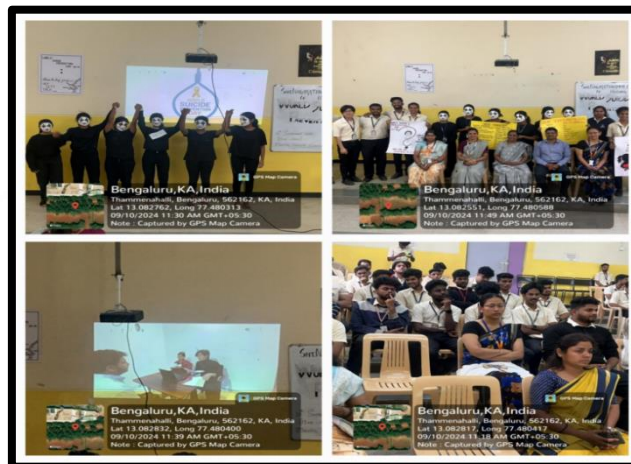
WORLD HEPATITIS DAY, 2024

On the occasion of *World Hepatitis Day*, observed globally on July 28th, the students conducted an impactful health talk emphasizing this year's theme — “*It's Time for Action.*” Their interactive session focused on educating patients, attenders, and fellow students about the prevention, early detection, and management of hepatitis, a life-threatening condition often referred to as a “silent killer.” The students explained key preventive measures, such as hepatitis B vaccination, hygiene practices, and safe blood transfusion methods. The programme was well-received and successfully raised awareness among a vulnerable population, marking a meaningful contribution toward public health advocacy and disease prevention.



WORLD SUICIDE PREVENTION DAY, 2024

On October 10th, 2024, organized a thought-provoking event to observe *World Suicide Prevention Day*. The event aimed to raise awareness about suicide prevention and promote mental health education. A short video and an emotionally charged mime performance offered a gripping insight into the silent struggles faced by those at risk, emphasizing the importance of empathy and timely support. A short film further deepened the message by portraying real-life stories of individuals who overcame suicidal thoughts with the help of supportive networks and professional care. The program was well-received and left a lasting impact, successfully sparking conversations around mental health and the importance of early intervention.



WORLD DIABETES DAY

On November 14th, 2024, nursing students centered around the global theme *"Breaking the Barriers and Bridging the Gaps"*. The event aimed to deepen students' understanding of diabetes and equip them to address disparities in care and education. A standout feature of the event was the *Community Education Project*, where students actively visited local communities to raise awareness about diabetes prevention and care. This hands-on initiative not only solidified their theoretical knowledge but also nurtured empathy and communication skills. The event served as a strong reminder of the importance of nursing leadership in public health and inspired students to become ambassadors of change in the fight against diabetes.



AIDS AWARENESS PROGRAMME

On December 31st, 2024, students conducted an impactful AIDS awareness programme at the Kereguddadahalli community area. The initiative aligned with the goals of India's National AIDS Control Programme (NACP), which emphasizes HIV prevention, education, treatment, and the elimination of stigma. The session also focused on reducing discrimination and promoting compassionate care for people living with HIV. By taking a collective pledge, students demonstrated their commitment to supporting the fight against AIDS and promoting health awareness. This outreach not only equipped the local community with crucial knowledge but also empowered nursing students with real-world experience in health promotion.



POLYCYSTIC OVARY SYNDROME (PCOS) AWARENESS PROGRAMME

A Polycystic Ovary Syndrome (PCOS) Awareness Programme was conducted by the students, to educate students on the causes, symptoms, and long-term implications of PCOS. Through interactive discussion and guidance from professionals, students learned to identify common symptoms such as irregular periods, acne, hirsutism and weight gain, along with the potential risks of infertility, diabetes, and cardiovascular diseases. The programme not only enriched their theoretical knowledge but also empowered them to educate others, thus promoting early intervention and better health outcomes. Overall, the awareness programme proved highly informative and impactful, fostering a deeper understanding of PCOS and its preventive care.



WORLD THYROID DAY, 2025

World Thyroid Day was meaningfully observed on 25th May 2025, with focused awareness session. The programme aimed to highlight the growing prevalence of thyroid disorders in India, with a theme centered on early detection, nutrition, and treatment accessibility. The program began with a keynote by Prof. P. Snehalatha Reddy, followed by powerful presentations by students Mr. Althaf P I and Ms. Ansu Mary, who highlighted the daily struggles of patients and the critical role of family and psychological care. The session demonstrated the signs, symptoms, myths, and practical management strategies related to thyroid conditions. The awareness activities also promoted healthy lifestyle habits such as good sleep hygiene, daily sunlight exposure, stress management, exercise, and quitting smoking.



WORLD THALASSEMIA DAY, 2025

World Thalassemia Day 2025 was observed with great zeal at Smt. Nagarathnamma College of Nursing on 8th May, under the theme “Together for Thalassaemia: Uniting Communities, Prioritizing Patients.” The event aimed to raise awareness about this inherited blood disorder and emphasize the importance of early diagnosis, genetic counseling, and mental health support. A multidisciplinary panel and student-led awareness drive reinforced the importance of community education and blood donation. The event witnessed enthusiastic participation from over 200 attendees, inspiring many to pledge regular blood donation and commit to empathetic, patient-centered care. This initiative not only deepened students’ understanding of Thalassemia but also successfully fostered compassion and advocacy—translating education into impactful action for individuals and communities affected by the disorder.



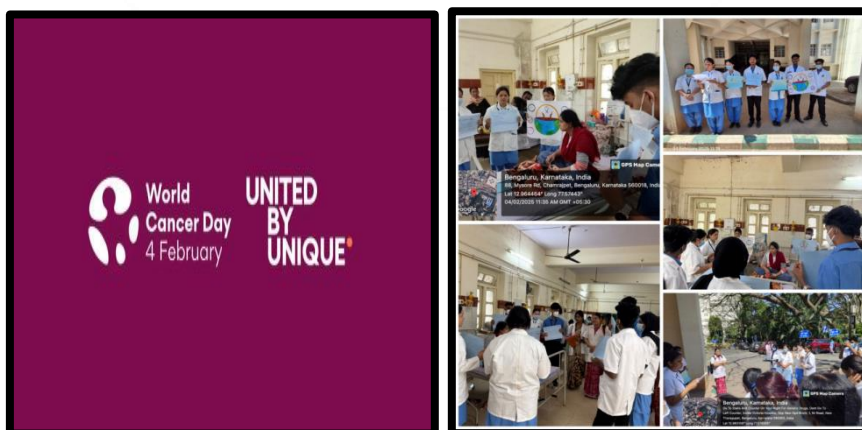
NARCOTIC DRUG AWARENESS PROGRAMME, 2025

Narcotic Drug Awareness Program was being organized on February 20, 2025, with the goal of educating students on the dangers of drug abuse and promoting a drug-free lifestyle. Expert sessions highlighted the severe health and legal consequences of drug abuse, with a medical professional explaining its impact on physical and mental health, while a law enforcement officer outlined strict anti-drug laws. A powerful testimony by a former addict offered a real-life perspective, inspiring empathy and awareness among the audience. The event concluded with a unifying pledge ceremony, where students vowed to stay drug-free and advocate for a healthier society. This impactful initiative not only raised awareness but also fostered responsibility and compassion among students.



WORLD CANCER DAY, 2025

On February 4, 2025, in observance of World Cancer Day. With the theme of prevention, early detection, and compassionate care, the event aimed to educate patients, attenders, and students on the importance of fighting cancer through knowledge and empathy. Informative posters, educational booths, and interactive sessions on nursing care in oncology were organized to highlight the crucial role nurses play in cancer care. Students actively participated by sharing prevention tips, answering queries, and engaging in case-based discussions on holistic patient support. The event served as a strong reminder that nurses, as future healthcare professionals, are powerful advocates in the fight against cancer through both care and education.



HEALTHY LIFESTYLE AWARENESS DAY

On March 12, 2025, students conducted a vibrant “Healthy Lifestyle Awareness Day” at the Kereguddadahalli community. Using informative charts and interactive discussions, students shared practical tips on balanced nutrition, stress management, and the benefits of safe water and sanitation. The session emphasized how simple daily habits, when practiced consistently, can prevent chronic illnesses and enhance quality of life. Residents actively engaged in the session, gaining awareness of how positive lifestyle choices can lead to lasting health benefits. This initiative empowered the community to take control of their health, encouraging mindful living and fostering a culture of wellness through education and preventive care.



WORLD HEALTH DAY, 2025

Healthy Beginnings, Hopeful Futures

On April 15, 2025, we had observed World Health Day with the impactful theme “Healthy Beginnings, Hopeful Futures” at Keragundahalli, targeting mothers and children. Although World Health Day is globally marked on April 7th to commemorate the founding of the World Health Organization, this event extended the message further, focusing on maternal and child health as the cornerstone of a healthier future. The programme emphasized bridging gaps in maternal and newborn survival, enhancing long-term care for women, and promoting the role of communities and healthcare providers in ensuring better health outcomes.



INTERNATIONAL WOMEN'S DAY

On March 7, 2025, Smt. Nagarathnamma College of Nursing came alive with vibrant energy as students and faculty gathered to celebrate International Women's Day. The program commenced with a soulful prayer song followed by a warm welcome speech and a graceful welcome dance that reflected the cultural richness and elegance of Indian tradition. Ms. Geeta delivered an impactful theme speech, focusing on the importance of women's empowerment and the need to break societal barriers. The college Principal appreciated the students' initiative and emphasized the transformative power of education in uplifting women. The event's highlight was a powerful guest speech by Mrs. Julie Singpho, GD Officer from the 47th IRBn Batch, Arunachalam, who shared her inspiring journey as a woman in uniform. A heartwarming epitome presentation showcased the milestones achieved by women, especially celebrating the mothers of nursing students. The celebration also included fun-filled games for faculty, adding joy and camaraderie to the day. Cultural performances by students—music, dance, and drama—brought color and creativity to the event. A touching moment came when the hardworking housekeeping staff were honored and felicitated for their dedication and service, receiving heartfelt appreciation from all. The event beautifully combined celebration, education, and empowerment, leaving everyone inspired by the collective strength of women and the importance of unity in shaping an equitable future.



WORLD GLAUCOMA DAY OBSERVANCE

The he occasion of World Glaucoma Day was conducted an insightful awareness session. The session aimed to increase awareness about glaucoma, its risk factors, early signs, and effective management. Through informative visuals, real-life case scenarios, and interactive discussions, students gained valuable insights into the disease's pathophysiology, types, symptoms, and treatment options. Many students expressed their willingness to conduct awareness drives on glaucoma, furthering the impact beyond the classroom. The session proved to be a meaningful step in empowering future nurses with the knowledge and confidence to contribute significantly to eye health and preventive care in clinical practice.



WORLD LEPROSY PROGRAMME

On 5th March 2025, the students organized a World Leprosy Programme in the Kereguddadahalli community. The initiative aimed to spread awareness about leprosy and to educate the public on its causes, symptoms, transmission, and effective treatment through multi-drug therapy (MDT). Using informative charts, students conducted a compelling health education session that addressed the physical and social dimensions of the disease. The programme also focused on dispelling myths and eliminating stigma, highlighting the challenges faced by individuals suffering from leprosy and advocating for their inclusion and dignity.



9. ACTIVITIES

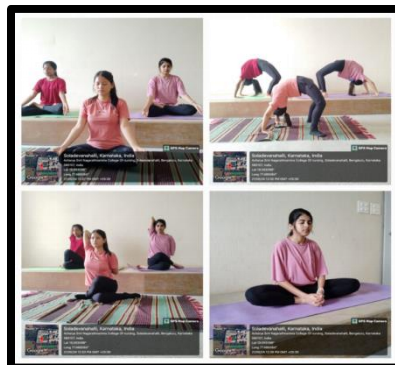
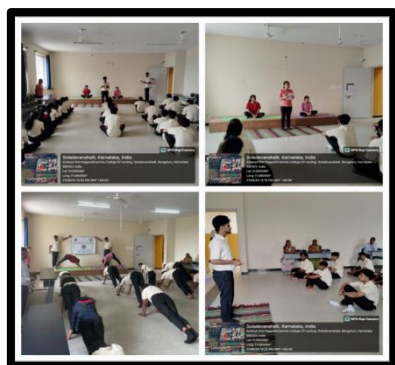
78th INDEPENDENCE DAY CELEBRATION

The 78th Independence Day was celebrated at Acharya Campus on 15th August 2024. The event began at 8:30 a.m. at the Basketball Court with the ceremonial hoisting of the national flag by the Chief Guest, Air Marshal H B Rajaram PVSM AVSM VSM (Retd), followed by the National Anthem. He was a distinguished veteran of the Indian Air Force, Air. The celebrations featured an impressive NCC parade and drill that reflected the discipline, patriotism, and dedication of the cadets.



INTERNATIONAL YOGA DAY, 2024

College celebrated the International Day of Yoga on 21st June, 2024 with great enthusiasm under the theme “Yoga for Self and Society.” The program began with an inaugural address by the Principal, who highlighted yoga’s significance in daily life. A series of well-executed yoga asana performances, including Tadasana, Vrikshasana, Bhujangasana, and Savasana. The inclusive nature of the session encouraged even beginners to experience the benefits of yoga. The celebration effectively conveyed the message that yoga is not only a tool for personal transformation but also a catalyst for societal well-being, inspiring all attendees to embrace yoga as a way of life.



GRADUATION DAY CELEBRATION, 2024

EUREKA MOMENTS

Graduation Day 2024 – Eureka Moments

The nursing graduation ceremony for the Batch of 2020–2024 (BSc and GNM Nursing) was held on 24th August 2024 at the Main Auditorium, celebrating the theme "Eureka Moments"—symbolizing the transformative journey of learning and self-discovery. Marking the 18th graduating class, the event began with a ceremonial procession welcoming graduates and dignitaries, followed by the solemn administration of the Pledge and Oath, reaffirming the ethical duties of the nursing profession. A key highlight was the launch of the 10th edition of *Pulse Magazine*, reflecting the academic and creative spirit of the nursing community. Coordinated by the Student Nurses' Association (SNA), the ceremony included the distribution of certificates and special honors for meritorious students and valedictorians, alongside the symbolic handover of SNA responsibilities to the junior batch. Proud parents, faculty, and guests shared in the joy and pride of the moment. The celebration concluded with a festive luncheon and a group photo session, capturing memories of hard work, dedication, and achievement. The event stood as a powerful send-off, preparing the graduates to step confidently into the professional world of nursing with compassion, skill, and integrity.



DANDIYA NIGHT CELEBRATION

Acharya Institutes lit up with vibrant hues, traditional rhythms, and infectious energy during the Dandiya Night celebration on 14th October 2024. Organized as part of the Navratri festivities, the event brought together students and faculty from across the campus for an evening of dance, culture, and camaraderie. The venue sparkled with flower rangoli, twinkling lights, and festive decor, creating an authentic Indian ambiance. Dressed in colorful traditional attire, participants kicked off the evening with an enthusiastic dandiya round, dancing to the beats of Garba and Dandiya music that echoed through the night.



FRESHERS WEEK CELEBRATION

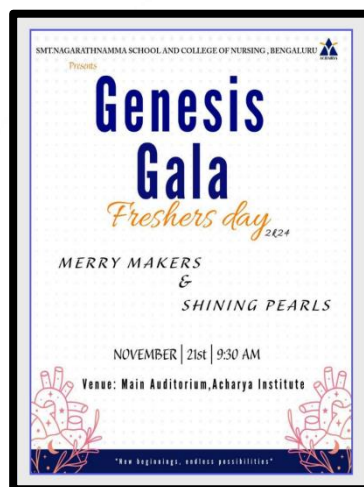
From October 21st to 25th, 2024, Smt. Nagarathnamma College of Nursing, Acharya Institutes, hosted a vibrant Freshers' Week to warmly welcome new students. The week began with an orientation by the principal and faculty, followed by a series of exciting events—fashion and music in the Open Air Competition, e-sports and sports tournaments, water games, dance sessions, and creative arts like painting and flash mobs. The grand finale featured debates, cultural performances, and a live band. The celebration reflected the college's inclusive and dynamic spirit, giving freshers a memorable start to their journey.



ACHARYA Freshers' Week '24				
Activity List				
Dress Code				
Western	Retro	Tropical	Comicon/Anime	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
21-10-2024	22-10-2024	23-10-2024	24-10-2024	25-10-2024
Open air Freshers' Talent Show	E-Sport	Water cannon fight Games	Flash Mob	Debate
	Fashion Walk	Memory Games	Painting & Sketching	Cultural Evening
	Music Jamming	Hook Steps	Pushup Challenge	Band Performance
	Story Telling	Nature Watch <small>Amara Pathology Hall</small>	Brain - O IQ test Activity	Sun Downer
	Bonfire	Fraternity <small>Shree Sri Thang</small>	Dumb charades	
	Acharya's Clubs Stall	Acharya's Clubs Stall	Acharya's Clubs Stall	
2:30-5:30PM	2:30-7PM	11AM-5:30PM	2:30-5:30PM	9AM-8:30PM

FRESHERS DAY CELEBRATION

On November 21, 2024, Smt. Nagarathnamma College of Nursing celebrated the Genesis Gala—a vibrant Freshers Day held in the main auditorium at Acharya Institutes. Welcoming the new B.Sc (*Merry Makers*) and GNM (*Shining Pearls*) batches, the day began with an orientation session led by the Principal and faculty, introducing students to the college's culture and support systems. Organized by 3rd Semester and 2nd GNM students, the event featured a colorful flash mob, energetic cultural performances, and fun games like paper dance and coin hunt. Freshers participated enthusiastically, showcasing their talents through dance, rap, and music. Dressed in theme attire—Neon for girls and Genze for boys—students brought color and style to the celebration. The event concluded with the selection of Mr. and Ms. Fresher 2024–25, closing on a high note that marked the beginning of an exciting journey. The day fostered friendship, creativity, and a strong sense of belonging, setting a positive tone for the academic year ahead.



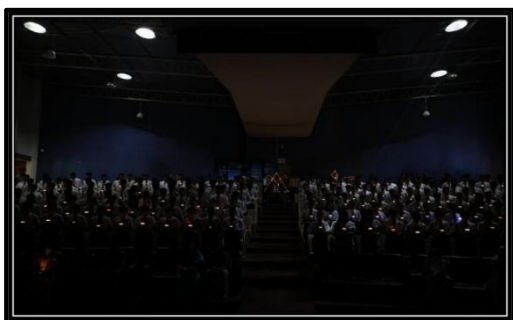
SNA INVESTITURE CEREMONY

On 07.12.2024 the SNA Investiture Ceremony was held, where official appointments of new student council for 2024–2025 was done. Following a closely contested offline election, seven elected members were introduced by SNA Advisor Mrs. Keerthi Sudha P. and Assistant Advisor Ms. Jenisha Wilson. The ceremony, led by Principal Prof. Devi Nanjappan, included the formal badging of office bearers and an orientation on their roles. The leadership team features Vice Presidents Ms. Angel and Mr. Sanket Kumar Pandey, Secretaries Mr. Sony K Benny and Mr. Akash Kumar, Joint Secretaries Ms. Manna Mariam and Mr. Ajith, Treasurer Ms. Akhila Krishna, Cultural Secretaries Mr. Vikas and Mr. Gowtham, Sports Secretaries Mr. Kevin Roney and Mr. Jibin, and Discipline Secretaries Ms. Kavya and Mr. Naren. The event highlighted the importance of student leadership and set the tone for an active year ahead



LAMP LIGHTING CEREMONY

The Lamp Lighting Ceremony for 1st Semester B.Sc. Nursing students at Smt. Nagarathnamma College of Nursing was held with great reverence and dedication. This symbolic event marked the students' initiation into the noble nursing profession. Dressed in traditional attire, the freshers lit their lamps and took the Florence Nightingale Pledge, guided by faculty and mentors. The serene atmosphere reflected the spirit of compassion, commitment, and care, setting a meaningful start to their nursing journey.



CHRISTMAS CELEBRATION

On December 20, 2024, 1st-year B.Sc. Nursing students at Smt. Nagarathnamma College of Nursing hosted a cheerful pre-Christmas celebration in the Nursing Auditorium. The event featured carols, a visit from Santa, and a cake-cutting ceremony by Principal Prof. Devi Nanjappan. Fun-filled performances, a Secret Santa exchange, and heartfelt moments, including the Principal's nostalgic worship song, added to the festive spirit. The program ended with dance, refreshments, and warm wishes, spreading joy as 2024 came to a close.



RR STAFF CRICKET TOURNEY

The RR Staff Cricket Tourney – Season 1, held from February 10 to 21, 2025, at RR Stadium, saw faculty teams from various institutions compete as part of KalataRRanga 2K25. Our team displayed remarkable skill, advancing to the final where they finished as Runner-Up after a hard-fought match. Special recognition goes to Mr. Vasantha Malagi for his stellar batting and bowling. With support from our Principal and Management, the team took pride in winning ₹5,555 as Runner-Up. This achievement has motivated us to train harder for an even stronger comeback in future editions.



INTERNATIONAL NURSES DAY

Smt. Nagarathnamma School and College of Nursing celebrated International Nurses Day 2025 with a three-day event themed “Our Nurses. Our Future. Caring for nurses strengthens economies.” The program honored Florence Nightingale’s legacy and highlighted nurses’ vital role in healthcare and economic growth. Activities included an inspiring inauguration by Principal Dr. Devi Nanjappan, a role play on modern nursing challenges, cultural performances, poster presentations on emotional intelligence in patient care, and a fun quiz competition. Organized by students and faculty, the event fostered learning, unity, and professional pride. It emphasized the importance of supporting nurses to strengthen healthcare systems and inspired future nurses to pursue their careers with dedication.



10. SNA (Student-Nurses Association)

ACHARYA HABBA AFTER PARTY REPORT

The Acharya Habba After Party, held on 7th June 2024 at the vibrant and scenic Guhantara Resort, offered a perfect blend of fun, relaxation, and celebration for the dedicated Habba volunteers. Organized as a gesture of appreciation by the Honourable MD and the cultural team, the event gave students a refreshing break from their academic routine. The after party was a grand success, promoting well-being, and leaving everyone eagerly anticipating the next celebration.



RGUHS BENGALURU NORTH INTER ZONAL FOOTBALL COMPETITIONS

On November 9, 2024, students from Smt. Nagarathnamma College of Nursing participated in the RGUHS Bengaluru North Inter-Zonal Football Competition in Mandya. Displaying strong skill and team spirit, they advanced to the quarterfinals, earning praise for their performance. The event reflected the college's commitment to holistic development, with faculty and management congratulating the team and encouraging continued excellence in sports.



TEACHERS DAY CELEBRATION - SPORTS COMPETITION

To mark Teachers' Day, Smt. Nagarathnamma College of Nursing hosted a faculty sports event from September 23–26, 2024, at Acharya main campus. Coordinated by Mrs. Ramya B, the event featured cricket, badminton, and throwball, with enthusiastic participation from teaching staff. Mixed teacher-student teams added fun and bonding, making it a joyful celebration of teamwork, fitness, and appreciation for educators.



RGUHS 22ND ANNUAL INTER COLLEGIATE COMPETITIONS

The students of Smt. Nagarathnamma College of Nursing made a powerful mark at the RGUHS 22nd Annual Intercollegiate Powerlifting Competition held on 22nd November 2024 in Mangalore. Competing with remarkable strength, focus, and determination, our students stood out among top athletes from across the state. In this high-intensity competition featuring the three core lifts—squat, bench press, and deadlift—our team secured an impressive 2nd place overall. Among the standout performers were Mr. Ashwin Thomas and Mr. Kevin Roney from the 3rd semester, who won 2nd and 3rd places respectively, earning well-deserved medals and certificates. Their dedication, coupled with expert guidance from faculty, reflected the college's emphasis on holistic growth—balancing academic excellence with physical fitness and competitive spirit. This proud achievement not only celebrates the students' hard work but also serves as an inspiration for others to pursue excellence in every domain of life.



HEALTH KREEDOTSAVA, 2024

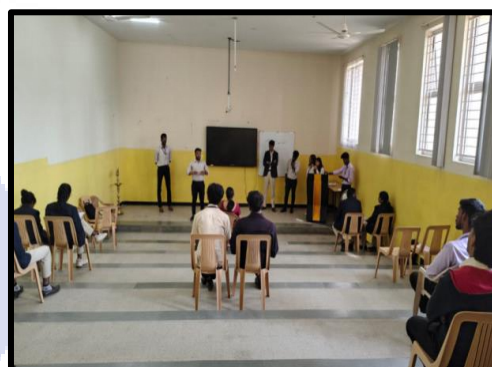
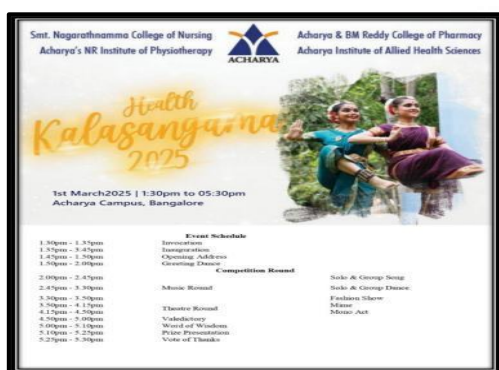
Health Kreedotsava 2024, the annual sports extravaganza of Acharya Institutes, was held from 13th to 28th February 2025, celebrating physical fitness, unity, and sportsmanship among health science students. The event was inaugurated with a vibrant jersey launch led by dignitaries including Mr. Krishna Basani and Dr. Manjunath P.M., alongside other heads of institutions. Smt. Nagarathnamma College of Nursing stood out with enthusiastic participation in both indoor and outdoor sports, proudly donning white and blue jerseys symbolizing care and peace. Under the coordination of Mrs. Keerthi Sudha P. and Mr. Vasantha Malagi, nursing students competed in cricket, basketball, volleyball, futsal, chess, kho-kho, tug of war, and more. Their spirited performances secured victories in tug of war, kho-kho, caroms, and football across both boys' and girls' categories. The event promoted teamwork, leadership, and inclusivity, proving to be an empowering platform that fostered resilience, confidence, and unity among future healthcare professionals.



HEALTH KALASANGAMA, 2025

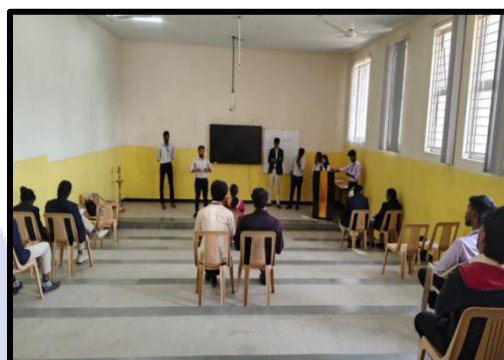
A Celebration Of Culture & Creativity

Health Kalasangama 2025, held on March 1st at the Acharya Main Auditorium, was a vibrant celebration of talent and creativity from the health science departments. Inaugurated by Mr. Rama Krishna Gowda and college principals, the event was coordinated by the faculty of Smt. Nagarathnamma School & College of Nursing. Students participated in various competitions, with our college winning first place in both mime and social drama. The fest promoted creativity, teamwork, and inter-college bonding, concluding with a grand valedictory and prize distribution that marked the success of this memorable cultural celebration. The event truly reflected the artistic spirit of healthcare students. It stood as a testament to the power of cultural activities in shaping confident, expressive, and well-rounded professionals.



QUIZ COMPETITION: KALASANGAMA, 2025

An engaging Quiz Competition was held on 19th February 2025 at Smt. Nagarathnamma College of Nursing as part of Kalasangama 2025. Coordinated by Mr. Prashant from ABMRCP, the event featured 18 teams from SNCN and ABMRCP, competing through rounds like Preliminary, Rapid Fire, and Buzzer. Yashaschandra's team (ABMRCP) won 1st prize, followed by Mandeep Singh's team (ABMRCP) in 2nd, and Shajo K Verghese's team (SNCN) in 3rd. The quiz encouraged knowledge, quick thinking, and inter-college interaction, ending with prize distribution and appreciation for all participants.



SONG COMPETITION PRELIMINARY ROUND : **KALASANGAMA 2025**

The preliminary round of the Kalasangama 2025 Song Competition was held on 21st February at the Smt. Nagarathnamma College of Nursing Auditorium. Coordinated by Ms. Swagatalakshmi Sen, the event featured 17 solo and 5 group performances from various health science colleges. Eight soloists and all group teams advanced to the finals. Judge Mr. Shiva Kumar added excitement with impromptu musical challenges. The event was a lively celebration of talent and creativity, building anticipation for a thrilling grand finale.



11. NSS CAMP

FREE HEALTH CHECKUP CAMP

On 4th September 2024, Smt. Nagarathnamma College of Nursing, in collaboration with the NSS Unit and Mediscope Blood Bank, organized a Free Health Checkup Camp at Acharya Institutes. From 10:00 AM to 4:00 PM, 171 teaching, non-teaching, and housekeeping staff benefited from services like BP, blood sugar, TSH, hemoglobin, eye and dental checks, and expert consultations. The camp promoted early detection and preventive care, fostering health awareness and self-care. Participants appreciated the accessible services, and the event reflected the college's strong commitment to community wellness and staff well-being.



ACHARYA



STANDARDS CLUB ACTIVITY for CONSUMERS RIGHTS DAY, 2025

Empowering Future Nurses

On March 26, 2025, Smt. Nagarathnamma College of Nursing, in association with the Bureau of Indian Standards (BIS) and Consumer Care Society, Bangalore, observed Consumers Rights Day with a thought-provoking event organized by the Standards Club. Aimed at empowering 80 B.Sc. Nursing students, the session emphasized the vital role of standardization, quality assurance, and consumer rights in healthcare. Mr. Arvind Sriram, GC Member of the Consumer Care Society, delivered an inspiring keynote on the Consumer Protection Act, BIS regulations, and ethical responsibilities of healthcare providers. The event featured a highly engaging speech competition where 25 students addressed key topics like patient safety, product quality, and advocacy in healthcare, showcasing excellent research and public speaking skills. An interactive Q&A session allowed students to explore real-world consumer issues, while the closing ceremony honored all participants with certificates and awards. A networking lunch added a warm conclusion to the enriching day. The event successfully deepened students' awareness of consumer protection and encouraged future nursing professionals to champion safe, ethical, and quality healthcare practices. With active participation and expert insight, the program reinforced the college's mission to foster well-informed, socially responsible healthcare leaders.



FREE HEALTH CHECKUP CAMP for ACHARYA INSTITUTES' STAFF

Promoting Wellness at the Workplace

On 4th September 2024, our college, in collaboration with the NSS Unit and Mediscope Blood Bank, organized a Free Health Checkup Camp for the teaching, non-teaching, and housekeeping staff of Acharya Institutes. The camp offered essential screenings such as blood pressure, blood sugar, TSH, hemoglobin, eye, and dental checkups, along with expert consultations. Over 170 staff members participated, appreciating the convenience and care provided. The event reinforced the importance of regular health monitoring and reflected the college's commitment to community wellness and preventive healthcare.



12. MOCK DRILLS

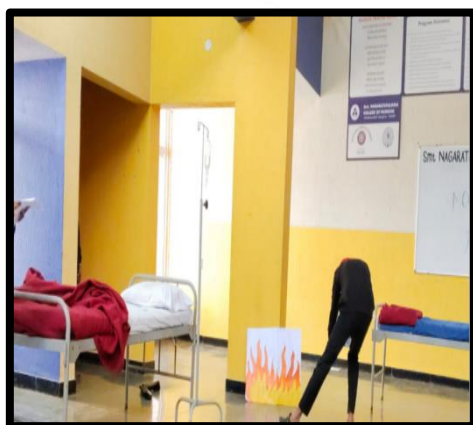
MOCK DRILL on POST PARTUM HEMORRHAGE

The Department of Obstetrics and Gynecology at Smt. Nagarathnamma College of Nursing conducted a Mock Drill on Postpartum Hemorrhage (PPH) for 4th-year B.Sc Nursing students under the guidance of Ms. Neelam Singh. The session included an informative briefing on PPH management, followed by a realistic emergency scenario that emphasized team coordination and clinical decision-making. An interactive Q&A reinforced key concepts, making the drill a valuable hands-on learning experience that strengthened students' confidence and preparedness in handling obstetric emergencies.



MOCK DRILL on FIRE SAFETY AWARENESS

On 22nd July 2024, a Fire Mock Drill was conducted at Smt. Nagarathnamma College of Nursing, Soladevanahalli, for third-year GNM students under the guidance of Ms. Neelam. The drill aimed to strengthen fire safety awareness and emergency skills. Students demonstrated the use of fire extinguishers, evacuation procedures, and hospital fire response protocols. Visual aids and practical demonstrations highlighted the importance of early detection, coordination, and preventive measures. The session boosted student confidence and preparedness, reinforcing fire safety as a critical aspect of nursing education.



MOCK DRILL on MULTI-CODE

A comprehensive Mock Drill Program was held from 24th to 26th March 2025 at Smt. Nagarathnamma College of Nursing, Acharya Campus, coordinated by Dr. Daras Alexander, Assistant Professor, Department of Psychiatric Nursing. Aimed at strengthening emergency preparedness, the drills covered key hospital codes including:-

Code White (violence/agitation),

Code Black (bomb threat),

Code Pink (child abduction),

Code Orange (mass casualty),

Code Red (fire emergency),

Code Yellow (internal emergency). |

Students across nursing programs demonstrated effective coordination, swift response, and adherence to safety protocols. The event enhanced critical skills and readiness, reinforcing the college's commitment to training competent healthcare professionals.



13. VISITS

GIP (DOMESTIC TRIP)

The 4th Year B.Sc Nursing students of Smt. Nagarathnamma College of Nursing embarked on an enriching educational tour from 30th August to 10th September 2024, exploring the cultural and professional landmarks of North India. A group of 31 students was guided by faculty members Mrs. Ramya B, Ms. Ashwini, and Mr. Sandip Saha, along with tour guide Mr. Ravindran Krishna. The journey covered Agra, Delhi, Kullu-Manali, Amritsar, and the Wagah Border. The tour's aim was not just sightseeing but also to understand the historical, cultural, and professional landscapes in relation to nursing education and practice. Students explored the majestic Taj Mahal and Agra Fort, followed by a visit to TNAI headquarters in Delhi, deepening their understanding of professional nursing standards. The vibrant experience at India Gate filled them with pride and patriotism. In Manali, they connected with nature, visited apple orchards, and understood Tibetan culture. Amritsar brought spiritual peace through the Golden Temple visit and historical reflection at Jallianwala Bagh. The beating retreat ceremony at Wag-ah Border stirred national pride. The visit to Apollo Indraprastha Hospital provided insight into advanced healthcare facilities, modern nursing practices, and career opportunities.



BRAIN MUSEUM VISIT - GNM

Exploring the Wonders of the Brain – A Visit to the NIMHANS Brain Museum

On 10th September 2024, 1st-year GNM students of Smt. Nagarathnamma College of Nursing visited the NIMHANS Brain Museum in Bengaluru for an insightful educational tour. From 10:00 AM to 1:00 PM, students explored preserved human and animal brain specimens affected by various conditions, along with other organs like lungs and fetal samples. A live demonstration of real human organs added a hands-on learning experience. Guided explanations deepened understanding of brain anatomy and mental health, making the visit both educational and emotionally impactful.



BRAIN MUSEUM VISIT- B.Sc.

On 10th September 2024, I Semester B.Sc. Nursing students (Batch 1) from Smt. Nagarathnamma College of Nursing visited the NIMHANS Brain Museum under the guidance of Ms. Ashwini. The visit offered a rare educational experience, showcasing over 400 preserved human brain specimens affected by conditions like trauma, infections, and tumors. Students arrived at 10:30 AM and were welcomed with a brief overview, followed by a session where they observed and touched real human and animal organs, including the brain, heart, lungs, spinal cord, kidney, and even insect and fish brains. This hands-on exposure to neuroanatomy and other body systems provided valuable practical insights, enhancing their understanding of human physiology. The students found the session deeply informative and left written feedback appreciating the museum's efforts in promoting neuroscience awareness.



DOMESTIC IMMERSION PROGRAMME

A Journey of Learning and Discover

The B.Sc Nursing 4th Year students of Smt. Nagarathnamma College of Nursing embarked on an unforgettable Domestic Immersion Programme from 17th to 28th February 2025, exploring New Delhi, Agra, Amritsar, Kullu, and Manali. Accompanied by three dedicated faculty members and a tour guide, the 63 students experienced a perfect blend of academic enrichment and cultural exposure. This well-curated educational tour offered students the opportunity to visit reputed hospitals, nursing institutions, and historical landmarks. From the majestic Taj Mahal and the heart-stirring Jallianwala Bagh to hands-on hospital visits at TNAI and Apollo, each stop offered a deeper insight into healthcare systems, nursing practices, and India's rich heritage. Students were inspired by professional interactions, learned about advanced patient care, and understood regional healthcare challenges. Adventurous moments in the snow-covered valleys of Manali, shopping in Karol Bagh, and the patriotic fervour at Wagah Border added layers of excitement. Each experience—from institutional visits to sightseeing—was thoughtfully balanced, enhancing both knowledge and camaraderie. The journey not only strengthened clinical understanding but also built confidence, adaptability, and interpersonal skills. With lasting memories and a broadened perspective, the students returned home empowered, ready to step into their roles as compassionate and competent nursing professionals.



EDUCATIONAL TOUR

A Journey of Learning and Exploration

From 17th to 28th February 2025, 3rd and 4th year B.Sc Nursing students of Smt. Nagarathnamma College of Nursing embarked on an educational tour to New Delhi, Agra, Amritsar, Kullu, and Manali. Guided by faculty and a tour guide, 69 students visited hospitals, cancer care centers, and nursing institutions, gaining valuable insights into clinical practices and healthcare systems. They explored historical landmarks like the Taj Mahal and Jallianwala Bagh, enjoyed scenic beauty in Manali, and experienced adventure in Solang Valley. Visits to TNAI and Apollo Hospitals further enriched their professional knowledge. The tour combined learning, culture, and fun, leaving students with lasting memories and enhanced nursing perspectives.



14. LIBRARY

STUDENTS LIBRARY ORIENTATION – 2024

The Library Orientation Programme at Smt. Nagarathnamma College of Nursing was held on 6th November 2024 for GNM and 4th January 2025 for B.Sc. Nursing students. Conducted by Librarian Ms. Sheela G., the session introduced over 190 first-year students to library resources, services, and usage guidelines. The program covered both print and digital tools, including HELINET, DELNET, open-access content, the Institutional Repository, Web-OPAC, and plagiarism detection via Drillbit. Through demonstrations and active participation, students gained practical knowledge of academic resources essential for their learning and research.



REPORT ON BOOK EXHIBITION CUM SALE

Smt. Nagarathnamma College of Nursing organized a Book Exhibition Cum Sale on 27th and 28th November 2024 under the guidance of Principal Dr. Devi Nanjappan, Chief Librarian Dr. Chimmoji Ramachandra, and Librarian Mrs. Sheela G. Inaugurated at 11:00 AM, the event featured over 300 titles from Jaypee Brothers, Vision Health Science, and CBS Publishers. Students and faculty explored books on Applied Psychology, Anatomy, Nursing Foundations, and more. The exhibition encouraged reading habits, direct interaction with publishers, and academic enrichment, making it a successful and engaging learning experience.



WORKSHOP ON MENDELEY: **A Reference Management Tool With Collaboration Central** **Library**

A Reference Management Tool

A hands-on workshop on "Mendeley: A Reference Management Tool" was held on 27th July 2024 at Smt. Nagarathnamma College of Nursing, in collaboration with Acharya Central Library. Led by Dr. Bhalachandra S. Deshpande and introduced by Dr. Chimmoji Ramachandra, the workshop aimed to train faculty members in using Mendeley for effective reference management and academic writing.

The session began with an insightful overview of Mendeley's features—highlighting its benefits in organizing research, creating citations, managing bibliographies, and enabling collaboration. Participants were guided through the installation and setup of Mendeley Desktop, followed by practical demonstrations on importing research papers, organizing references, and tagging content for easy access.

Dr. Deshpande also showcased annotation tools and demonstrated how to generate citations and bibliographies using Mendeley's Word plugin. The session addressed key academic concerns like copyright, plagiarism, and best practices in ethical research writing. Collaborative tools such as group creation and shared libraries were also explored.

The workshop concluded with an engaging Q&A session, where participants clarified doubts and shared feedback. The program, held from 2:00 to 4:00 p.m., was highly appreciated for its practical relevance and interactive format, setting the stage for future knowledge-sharing initiatives.



14. WOMEN CELL

WEBINAR ON GENDER SENSITIZATION-2024-25

The Women Cell Committee organized a compelling webinar on **Gender Sensitization** on 12th May 2025. The session featured Ms. Shaistha Banu as the resource person, who shared insightful perspectives on gender equity, discrimination, and the critical role of nurses in promoting inclusivity. The session explored gender stereotypes, social norms, and strategies to foster equality in both academic and healthcare settings. Ms. Banu highlighted real-life scenarios and encouraged students to challenge biases in their professional environments.



SOCIAL DRAMA on WOMEN'S HEALTH

The Women Cell Committee conducted a social drama on women's health at Kereguddadahalli, Bengaluru. Performed in Kannada, the drama highlighted key topics like menstrual hygiene, antenatal/postnatal care, breastfeeding, and cancer awareness. The culturally relevant performance engaged the local community, sparking interest and discussion among women. The event successfully promoted health awareness while providing students valuable experience in community education and advocacy.



PANEL DISCUSSION: **SUCCESSFUL WOMEN and their ACHIEVEMENTS**

Theme: “Breaking Barriers: Stories of Successful Women

The Women’s Cell of Smt. Nagarathnamma College of Nursing, under the leadership of Ms. Geeta K. Malavad, organized an engaging panel discussion on the theme “*Breaking Barriers: Stories of Successful Women.*” The event, held on 12th May 2025, featured active participation from 3rd semester B.Sc. Nursing students who served as both panelists and audience.

The discussion aimed to celebrate the achievements of iconic women from diverse fields, including science, politics, literature, sports, and healthcare. Students presented on figures like Kalpana Chawla, Mary Kom, Florence Nightingale, and Indira Gandhi, sharing their journeys, struggles, and accomplishments. Through a guided discussion and well-prepared presentations, the student panelists reflected on the values of resilience, leadership, and courage drawn from these inspiring lives.

A lively Q&A session followed, where audience members raised meaningful questions about gender roles and balancing personal and professional aspirations. The panelists responded with thoughtful insights, making the session both informative and empowering.

Concluding the event, Ms. Geeta appreciated the students’ efforts and encouraged them to carry forward the lessons of these achievers in their personal and professional lives. The event was a powerful platform for reflection, learning, and inspiration.

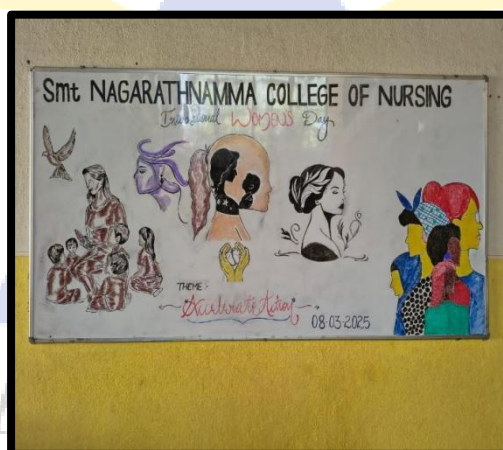


INTERNATIONAL WOMEN'S DAY CELEBRATION

To mark International Women's Day, a vibrant celebration was held at Smt. Nagarathnamma College of Nursing, organized by Ms. Geeta, Assistant Professor, along with the B.Sc. Nursing students. The event honored the strength, resilience, and achievements of women, while promoting the message of gender equality and empowerment.

The program began with a soulful prayer song followed by a warm welcome speech by a student, setting an inspiring tone for the day. A graceful welcome dance added cultural richness to the celebration. Ms. Geeta delivered the theme speech, emphasizing women's empowerment and the need to challenge societal barriers. The Principal appreciated the organizers and highlighted the role of education in fostering an inclusive society.

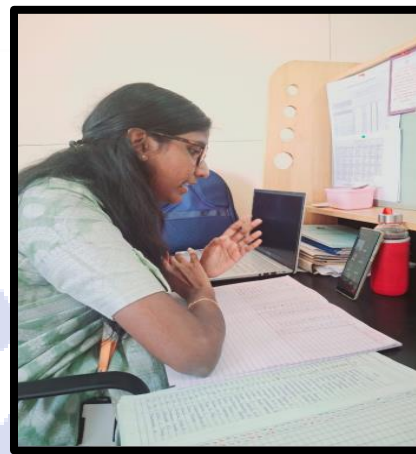
Guest of Honour Mrs. Julie Singpho from the Indian Reserve Battalion delivered a powerful speech, sharing her personal journey and encouraging women to overcome challenges. A heartfelt presentation, *Epitome*, celebrated the achievements of women across various fields. Faculty members participated in fun games that fostered joy and camaraderie. A variety of cultural performances showcased student talent and spirit. The event concluded with a touching felicitation of the housekeeping staff, honoring their invaluable contributions with tokens of appreciation.



16. PTM (Parent's - Teacher's Meeting)

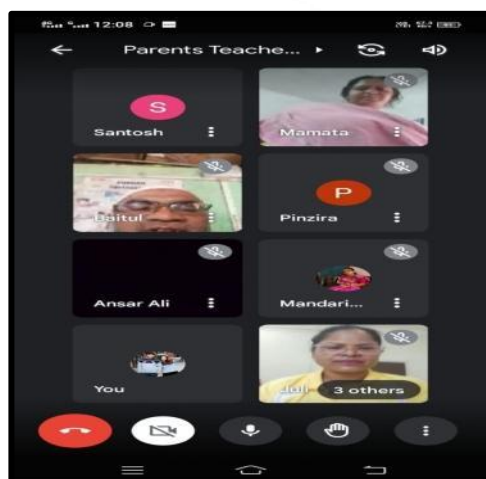
For B.Sc. Students

A virtual Parent-Teacher Meeting for all B.Sc. Nursing students was held on 11th June 2024 via Zoom, enabling participation from over 20 parents, including those from Kerala and West Bengal. The session covered clinical postings, class schedules and attendance. Emphasis was placed on maintaining 80% attendance and preparing for upcoming exams. Additional topics included soft skill training, fee updates, laptop use, and supplementary exams. The meeting encouraged open communication, addressed concerns, and received positive feedback from parents on their wards' academic progress and support.



For GNM Students

On 2nd June 2025, our college held a Parent-Teacher Meeting for 1st, 2nd and 3rd GNM students under the theme "Building Futures Together." Held in the Nursing Auditorium, the offline session aimed to strengthen collaboration between parents and faculty. The Principal's welcome address was followed by interactive discussions where parents received feedback on their ward's academic progress, behavior, and areas for improvement. The meeting highlighted the importance of attendance, discipline, and consistent study. It concluded positively, reinforcing the shared goal of supporting students' growth into confident and capable nursing professionals.



17. PLACEMENTS

CAMPUS INTERVIEW – MAX HOSPITAL, NEW DELHI

A successful campus recruitment drive was held on 24th October 2024 in collaboration with Max Hospital, New Delhi. The event offered final-year GNM and B.Sc. Nursing students a chance to secure roles as Staff Nurses. The selection process included an online test, group discussion, and personal interviews conducted by Ms. Sujitha Sinha and Mr. Deen Dayal. Several students received on-the-spot offers, with recruiters praising their clinical skills and professionalism. The drive was well-received and strengthened ties with Max Hospital.



PLACEMENT DRIVE : HN RELIANCE HOSPITAL, MUMBAI

The Placement Cell organized a successful placement drive on 15th May 2025 in collaboration with HN Reliance Hospital, Mumbai. The drive saw participation from 77 final-year B.Sc. Nursing students. The recruitment process included screening, HR interviews, and technical evaluations, resulting in six students receiving job offers. The event provided valuable industry exposure and marked a key step in bridging academic learning with professional practice. The college extended its gratitude to HN Reliance Hospital for the opportunity.

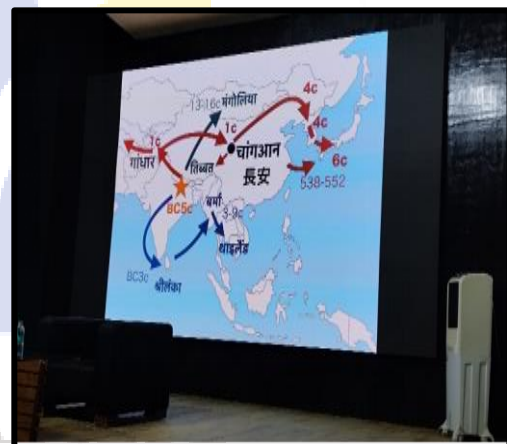


INTERNATIONAL SEMINAR: I **NDIA - JAPAN RELATIONS UNFOLDED**

An enlightening international seminar titled “*India-Japan Relations Unfolded*” was held on 27th March 2025 at the Acharya Main Auditorium, Bengaluru. The event highlighted the historic, economic, technological, and cultural dimensions shaping the enduring partnership between India and Japan. Organized by Acharya Institutes, the seminar proudly hosted Professor Emeritus Mr. Tomio Mizokami, Padma Shri awardee and distinguished promoter of Indian culture and language in Japan. Prof. Mizokami captivated the audience with his address on Indo-Japanese ties, emphasizing the vital role of language, literature, and culture in strengthening mutual understanding. The seminar comprised multiple insightful sessions covering areas such as diplomatic relations, economic collaborations like CEPA, and defense partnerships including joint military exercises and space exploration.

A special session was devoted to Japan’s pivotal role in the QUAD alliance, focusing on maritime security, technological cooperation, and climate sustainability. The importance of student exchange programs and cultural diplomacy was also stressed, reflecting the growing soft power connection between the two nations.

The seminar ended with an engaging Q&A, leaving participants inspired to foster future collaborations in education, technology, and cultural exchange. Overall, the event strengthened Indo-Japanese academic and diplomatic ties, promising deeper cooperation in the years ahead.



18. ALUMNI MEET

ALUMNI RECONNECT

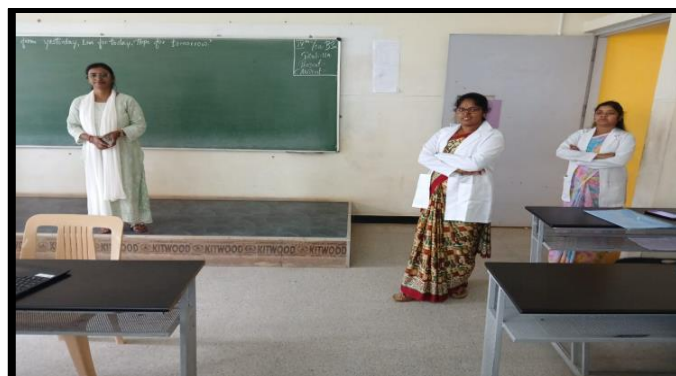
A Heartfelt Visit to Inspire Future Nurses

On August 26, 2024, we hosted a heartfelt alumni visit organized by Dr. Vijayamalar S and Ms. Anushree Saha. Alumni including Dipayan Das, Satarupa Barman, and Priam Das shared their professional experiences, offering valuable insights into nursing careers and placement opportunities. A panel discussion covered healthcare advancements and lifelong learning, followed by a campus tour and feedback session. The event fostered connection, inspiration, and collaboration between alumni and current students, strengthening the bond between past and present.



ALUMNI ENGAGEMENT

On October 14, 2024, Smt. Nagarathnamma College of Nursing hosted an inspiring Alumni Series session featuring Mrs. Latha Kusum, Principal at the School of Nursing, CRV Medical Research Center, Nepal. An esteemed alumna, she shared her journey and professional experiences, offering valuable guidance to current students on career growth, challenges in nursing, and lifelong learning. Her visit motivated students to pursue their goals with dedication and reflected the strength of the college's nursing program.



ALUMNI GATHERING

On October 15, 2024, Smt. Nagarathnamma College of Nursing warmly welcomed alumni Ms. Aishi Pal, Ms. Nima Sherpa, and Ms. Soma Ghosh from the B.Sc. Nursing Batch of 2023 for a memorable reunion. They shared their professional journeys in pediatric, medical ward, and critical care nursing, inspiring current students with stories of dedication and growth. The session highlighted the enduring values celebrating the bond between the college and its alumni.



ALUMNI INTERACTION SERIES

Together We Thrive: Alumni Talk on the Power of Teamwork

On October 28, 2024, the Alumni Association of our college organized an inspiring session titled "*Together We Thrive: Alumni Talk Teamwork*" in the Nursing Seminar Hall. Mrs. Linda Rose, a 2010 postgraduate alumna and Associate Professor at Hoskote Mission Institute of Nursing, shared her journey and emphasized the importance of teamwork, collaboration, and leadership in healthcare. The session included an engaging Q&A and practical takeaways, leaving participants motivated to embrace teamwork in their nursing careers.



ALUMNI CLUSTER EVENT

Reconnecting And Celebrating Achievements

On February 20, 2025, the B.Sc. Nursing Batch of 2018 hosted an Alumni Cluster Event at Smt. Nagarathnamma College of Nursing, honoring alumni Ms. Rakhi Lama, Mr. Manoj, and Mr. Viswajith. Rakhi, now an Aesthetic Nurse at Kaye, and Manoj and Viswajith, Staff Nurses at Manipal Hospital, shared inspiring experiences from their professional journeys. Coordinated by Dr. Vijayamalar and Mrs. Lavanya, the event featured meaningful discussions, highlighted volunteer efforts, and set the stage for Alumni Meet 2025, strengthening bonds and encouraging future collaboration.



A GLOBAL REUNION of the 2007 BATCH

Reuniting Hearts, Rekindling Memories

On April 2, 2025, the 2007 B.Sc. Nursing batch of Smt. Nagarathnamma College of Nursing held a heartwarming reunion themed “*One Batch, One Bond, One Legacy.*” Alumni from across the globe—Qatar, Dubai, Australia, New Zealand, Kuwait, and Canada—shared their journeys and insights into global nursing practices. The event, graced by Principal Prof. Devi Nanjappan, featured emotional reflections, a discussion on nursing trends, and a nostalgic campus tour. It concluded with a strong pledge for continued mentor-ship and connection, celebrating the enduring legacy of the batch.



ALUMNI CLUSTER EVENT

Together Again, Stronger Than Ever!

On April 1, 2025, we hosted a vibrant Alumni Cluster Interaction, uniting graduates from the 2019 and 2024 B.Sc. Nursing batches. Esteemed alumni including Ms. Anjana, Ms. Sona, Ms. Puspallatha, and Ms. Anvesha shared their professional journeys—from teaching to frontline nursing—highlighting challenges, growth, and the power of perseverance in healthcare. The session, enriched by heartfelt reflections and practical insights, inspired current students and reinforced the college's dedication to fostering lasting connections. The event concluded with gratitude and renewed enthusiasm for continued alumni engagement and collaboration.



ALUMNI MEET 2025

Reconnecting, Reflecting, Rejoicing

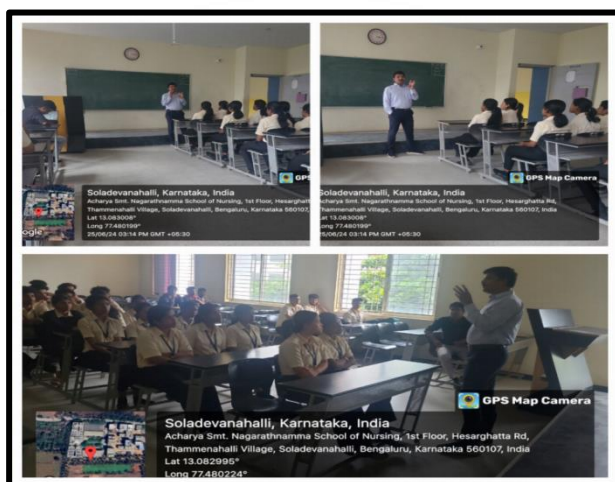
Held on April 18, 2025, at the college auditorium, the Alumni Meet brought together over 130 B.Sc. and M.Sc. Nursing graduates for a heartwarming reunion. The event began with a warm welcome by Dr. Prasanth KP and a symbolic lamp lighting ceremony led by the Principal and Chief Guest. Alumni shared inspiring career journeys, highlighting how their time at the college shaped their success. The atmosphere was lively with vibrant cultural performances, followed by a felicitation ceremony honoring distinguished alumni. An interactive session encouraged ideas for stronger alumni engagement. The celebration concluded with a group photo and a joyful fellowship lunch, leaving everyone with fond memories and renewed bonds.



19. FACULTY DEVELOPMENT PROGRAMME

SESSION on ACHARYA INCUBATION CENTRE

On June 25, 2024, 3rd year B.Sc. Nursing students attended an engaging session by Mr. Niasa, former Vice Chancellor of VTU, on the Acharya Incubation Centre. He highlighted its role in supporting healthcare innovation through mentorship and funding. Sharing real-life success stories, he encouraged students to explore entrepreneurship by identifying challenges in nursing and creating impactful solutions. The session, held in their classroom, sparked interest and motivation among students to think beyond clinical roles and embrace innovation in healthcare.



CONSULTATIVE WORKSHOP on NAAC REFORMS: BINARY ACCREDITATION UNVEILED

On July 16, 2024, the Indian Institute of Science (IISc), Bengaluru, hosted a Consultative Workshop on NAAC Reforms. Representing Smt. Nagarathnamma College of Nursing were Prof. Mrs. Snehalatha and Mr. Syam Mohanlal, who joined over 1100 faculty to explore the Binary Accreditation Framework (BAF) and Maturity Based Graded Levels (MBGL). The workshop featured expert talks, interactive sessions, and insights into the evolving accreditation process, concluding with a networking high tea and renewed commitment to quality in higher education.



ADVANCING RESEARCH METHODOLOGIES

Innovations, Challenges, and Future Directions

On July 27, 2024, the PC Sagar Auditorium at DSU, Bengaluru, hosted a one-day conference on "Advancing Research Methodologies," uniting faculty, researchers, and students from nursing, medicine, and allied health sciences. The sessions explored emerging trends like AI integration and mixed methods in healthcare research. Experts also addressed ethical practices, predictive modeling, and data visualization. Concluding with a valedictory and high tea, the event provided valuable insights and strategies to strengthen research innovation and interdisciplinary collaboration.



PRONTO SIMULATION TRAINING

Enhancing Skills Through Realistic Practice

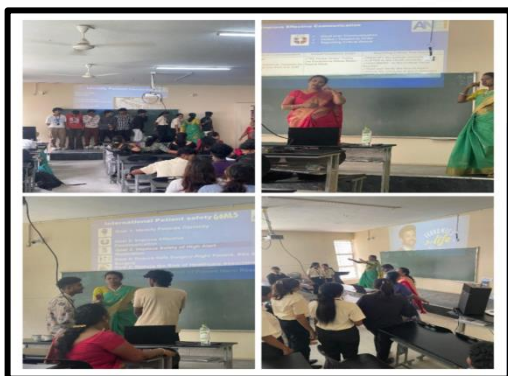
From April 22 to 26, 2025, Pronto Academy conducted a five-day simulation training combining online sessions and hands-on experience. The initial two days covered maternity care, communication, and mindfulness, while the next three days at AKSA Academy focused on practical simulations. Ten participants gained valuable insights into scenario execution, team roles, and clinical decision-making in a safe, team-based environment.



20. FACULTY EXTENSION PROGRAMME

CNE (CONTINUING NURSING EDUCATION)

A two-day CNE Program on Patient Safety was conducted on June 22 and 24, 2024, at ANR Auditorium. With 102 students and 22 faculty members participating, the sessions led by Prof. Gowri and Mrs. Mala covered key topics such as patient identification, communication, medication safety, surgical protocols, infection control, and fall prevention. The program strengthened safety awareness and inspired a collective commitment to safe nursing care.



INTELLECTUAL PROPERTY RIGHTS

On 26th June 2024, our college organized an insightful session on Intellectual Property Rights (IPR) for nursing faculty, featuring Mrs. Amshumali A. Anand, Head of IPR at Acharya Institutes, and Mr. Muthu Kumar, Professor at AIT. The speakers discussed patents, trademarks, copyrights, and trade secrets, while guiding faculty through the IPR filing process and institutional support systems. The session highlighted Acharya Institutes' IPR policy, revenue sharing, and innovation incentives. An engaging Q&A rounded off the event, leaving participants informed and motivated to contribute to the college's innovation culture.



PROCTOR COUNSELLING

On 13th June 2024, a Proctor Counselling session led by Ms. Atheera was held at the Nursing College Auditorium, focusing on strengthening the proctoring system and supporting student well-being. The session addressed key challenges like communication gaps and lack of formal training. Practical strategies were shared to improve proctor-protectee bonding through regular meetings, open communication, and mentor-ship. Proactive methods for handling student concerns and improving access to support were also discussed. The session was proved to be an insightful step towards building a more empathetic and effective proctoring system.



QUALITY ENHANCEMENT SUPPORT SCHEMES

The Paper Hackathon 2024 was a focused two-day workshop aimed at enhancing research writing skills for nursing faculty and students. The event covered key areas like research structure, manuscript preparation, and publication standards. Day one included expert guidance on writing strategies and overcoming challenges like writer's block and plagiarism. On day two, participants engaged in peer reviews and a special session on writing book chapters. The event concluded with positive feedback, equipping attendees with valuable tools for quality academic publishing.



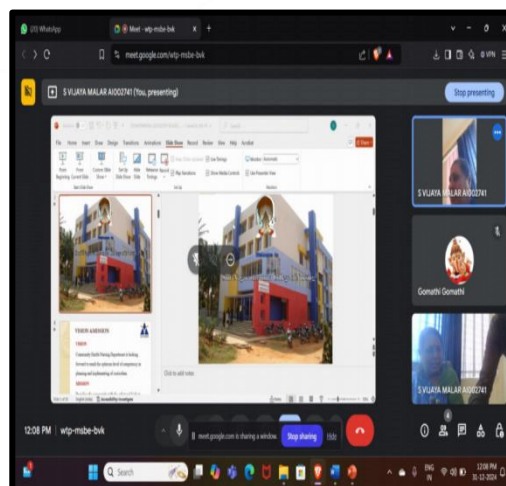
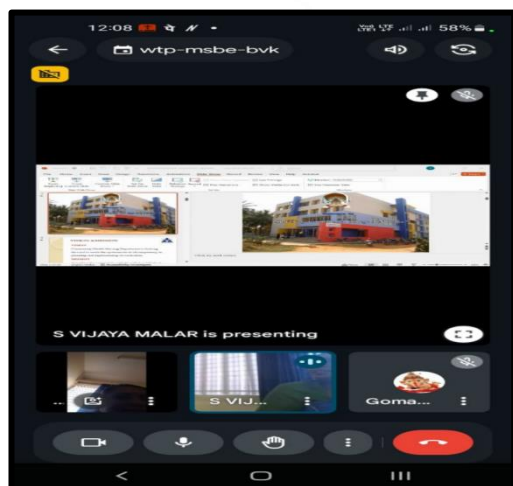
JOURNAL CLUB

On 16th November 2024, a Journal Club session was conducted at the ANR Auditorium, where Ms. Neelam Singh presented a study titled "A Study to Evaluate the Effectiveness of Moringa Oleifera Leaves Tea on Reduction of Blood Pressure Among Hypertensive Clients in BEML Nagar, KGF." Using a one-group pre- and post-test design with 30 participants, the study showed a significant drop in blood pressure after consuming Moringa tea, with a t-value of 6.46 ($p < 0.05$) and 67% achieving normal levels. The research emphasized Moringa's potential as a natural, low-cost remedy for hypertension in rural health settings.



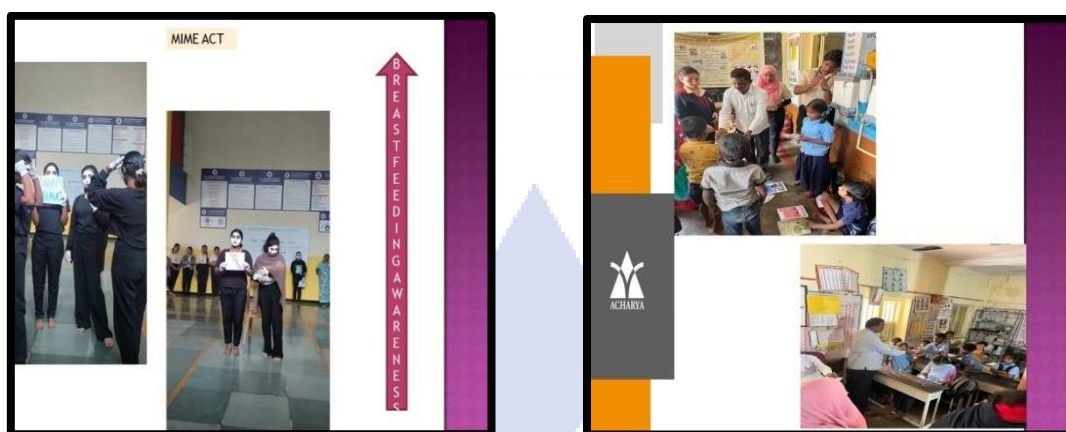
DEPARTMENTAL ADVISORY BOARD - Community Health Nursing

The Departmental Advisory Board Meeting for Community Health Nursing was held virtually to assess academic progress and plan ahead. Advisor Dr. Gomati, Principal of Andavar College of Nursing, offered valuable suggestions on faculty development, curriculum updates, and aligning education with current healthcare needs. Key points included enhancing student community exposure, encouraging research, organizing expert talks, and integrating digital skills. The department committed to applying these recommendations, with HOD Dr. Vijayamalar expressing gratitude and reaffirming dedication to academic excellence and innovation.



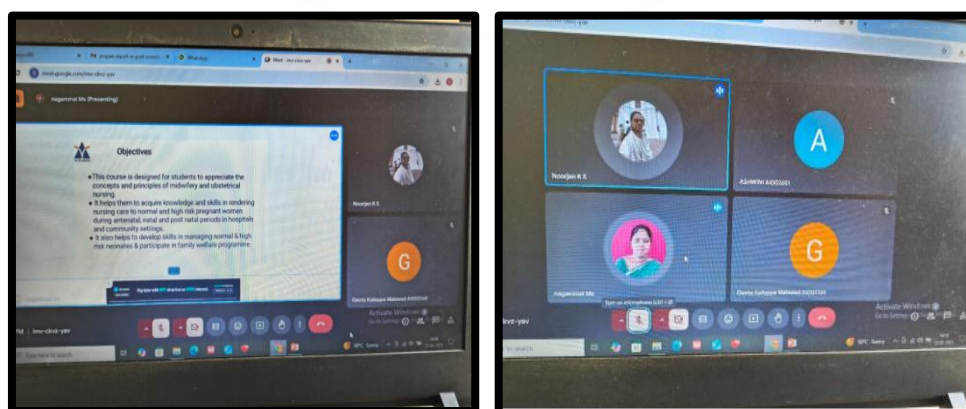
DEPARTMENTAL ADVISORY BOARD - **Child Health Nursing**

The Departmental Advisory Board Meeting for the Child Health Nursing Department was conducted online on 6th December 2024. Chaired by Prof. Smitha Thomas, the meeting focused on enhancing student-centered learning, research, and teaching practices. Suggestions included play-based and family-centered care, simulation-based learning, journal publications, and expanded clinical exposure. Emphasis was also placed on communication skills and pediatric palliative care. The board appreciated the department's efforts and recommended continued curriculum updates to meet evolving healthcare needs.



DEPARTMENTAL ADVISORY BOARD - **Obstetrics and Gynaecology**

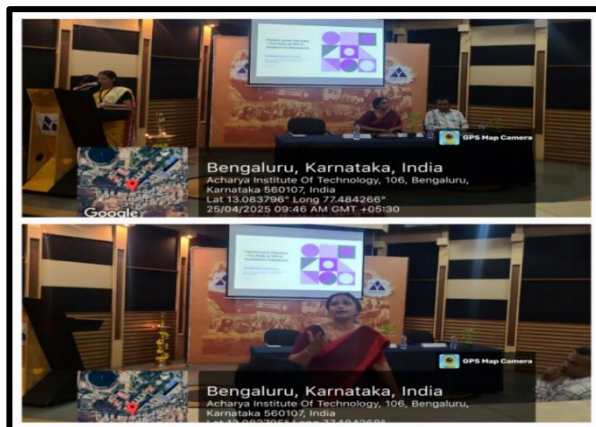
The Departmental Advisory Board Meeting of the OBG Department was held online on 12th February 2024. Chaired by Mrs. Nagammal, the meeting focused on improving academic quality, student-centered learning, and research. Achievements like workshops, OSCEs, and research initiatives were presented by Ms. Geeta. Experts Mrs. Noorjan and Dr. Sukanya suggested enhancing skill-based training, using simulators and birth models, and updating the curriculum. Emphasis was placed on simulation-based learning and clinical exposure. The meeting concluded with a vote of thanks, reaffirming the department's dedication to excellence.



IPR AWARENESS- PATENT YOUR PASSION

Fostering Innovation in Academic Research

On April 25, 2025, the MBA Auditorium at Acharya Institutes hosted a session titled "Patent Your Passion: The Role of IPR in Academic Research" for Health Sciences faculty. Led by Dr. Sandhya K V, it highlighted the importance of protecting academic innovations through IPR. The session covered types of IPR, patent filing steps, documentation, and real-world examples. Organized by faculty from ABMRCP, SNC, AIAHS, and ANRIP, the event encouraged innovation and active participation, inspiring attendees to explore future workshops on patent writing and filing.



PANEL DISCUSSION: SUCCESSFUL WOMEN AND THEIR ACHIEVEMENTS

Theme: "Breaking Barriers: Stories of Successful Women"

On May 12, 2025, the Women's Cell of our college, held a panel discussion themed "Breaking Barriers: Stories of Successful Women". Student panelists highlighted inspiring women like Kalpana Chawla, Mary Kim, and Florence Nightingale through insightful presentations, emphasizing courage and leadership. The session encouraged discussions on gender equality and breaking stereotypes. Ms. Malavad concluded by commending the students' efforts. The event boosted communication skills and inspired leadership and personal growth among participants.



21. CAMPUS CHRONICLES: Faculty Edition

Moments Beyond the Classroom:

At our college, learning goes beyond textbooks and lectures—not just for students, but for our faculty too! Over the past academic year, our professors took a well-deserved break from their daily routines to dive into a series of fun-filled events that brought smiles, camaraderie, and a refreshing spirit to campus life.

The festivities kicked off with vibrant cultural celebrations like Onam and Pongal, where our faculty members enthusiastically took part in traditional games, dance, and attire. The Onam celebration saw them engaging in tug of war and 'Uriyadi', while the Pongal festivities brought everyone together over authentic delicacies and a beautifully decorated pongal pot. It was heartening to see the same faculty who lead classrooms with seriousness, now showcasing their cultural pride and playful side.

Adding flavor to the mix, the Food Festival became a memorable event where our professors turned into chefs for the day! Stalls representing various regional cuisines were set up, and faculty teams served delicious treats to students and staff alike. The event wasn't just about food—it was about connection, collaboration, and lots of laughter.

To keep the sporting spirit alive, several recreational matches were organized for the faculty. From a competitive yet cheerful tug of war, to friendly rounds of badminton, and a full-fledged faculty cricket match, the playground came alive with cheers and energy. It was a joy to see professors diving for catches or smashing a shuttlecock across the net—reminding us all that fun has no age limit.

These events not only brought our faculty closer but also helped strengthen the sense of community within our college. They reminded everyone that taking a break, having fun, and enjoying the moment is essential—even for those who usually stand at the front of the class.



